## **Community**

## **Holiday Giving Project**

This year for our Thanksgiving/Christmas giving project the 50 & Beyond program is supporting the Hope Clinic. Hope Clinic passes out sack meals to those in need. Sack meals are small brown bags with shelf-stable food items such as pop-top ravioli, granola bars, fruit cups, juice boxes, etc & disposable silverware. Think foods that are "ready-to eat". Hope Clinic is currently distributing over 600 lunch bags per week so they are always in need.

Donations can be dropped off at the Senior Center beginning Monday, November 3. If you would like to help fill bags please join us Monday, December 1 at 1:00pm.









## Please consider picking up some of these suggested items on your next shopping trip:

- Paper lunch bags
- · Napkins and disposable silverware
- Snack examples (individually pre-packed):
  -Cookies, Crackers, Trail Mix or Beef Jerky
  - -Pretzels, Cheez-Its or Chips
  - -Dried Fruit, Fruit Cups or Applesauce
- Main Dish Examples:
  - -2 Tuna Snack Packs Can of soup (pop-top preferred)
  - -Instant Mac & Cheese
  - -Ravioli or SpaghettiOs (pop-top preferred)

Monetary donations are also welcome. We will use those funds to purchase items to supply anything that does not get donated. Please see Nichole if you would like to donate in this way.







