

50 & Beyond Newsletter

July 2025



Recreation Coordinator:

Nichole Passmore

Mon - Fri, 8:00am - 4:00pm

npassmore@ypsitownship.org

Senior Aide: **Donna Medos**

Mon - Thurs, 9:00am-12:00pm

dmedos@ypsitownship.org

Community Center Phone:

734-544-3800



The Community Center will be closed Friday, July 4th



Ypsilanti Township Community Center

2025 E. Clark Rd, Ypsilanti

734-544-3800

ypsitownship.org

July Birthdays

- 7/1 Mary Swanson
- 7/2 Irene Allen, Andrea Johnson, Belinda K Burhans
- 7/3 Miriam Cepeda, Gail Pacurai, Janine Abernathy
- 7/5 Earl Leslie Mc Naughton, Brigitte M. Vallion
- 7/6 Leslie Roberson
- 7/7 John Warford, Michele Peyton Lorna Ann Harris
- 7/8 John Powell, Sandra Tweedy, Cynthia B Kincaid, Phyllis Roberts, Lolita Nunn
- 7/9 Bruce E Pollard, Maurice Patterson
- 7/10 Sandi Knaup
- 7/11 Kenneth Dempich
- 7/12 Morland Piert, Salundia Yarbough
- 7/13 Gloria Richards, Trina D. Vallion, Ayman Almadhoun
- 7/15 Susan Werth
- 7/16 Lasonya Thomas
- 7/17 John McAuliffe, Christine Kelley
- 7/18 Odessa Smith, Anthony Kieth Nona Barber, Sheba McKinney
- 7/20 Patricia Bobo, Susan Scott, Patricia Cook
- 7/21 Jack Stankrauff, Linda Grady
- 7/23 Martha Andren
- 7/24 Wayne Smith
- 7/27 Young Barton, Jr., Lola Yarbough Veleria Banks, Carinitha Fisher
- 7/28 Marilyn Rintamaki, Sheila Smith, Andrea Bond
- 7/29 Jeffery King
- 7/30 Gloria Mae Budimerovich

In Loving Memory...



**Lloyd
Hartford**




**Bill
Brewington**

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELSATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELSATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.



Importance of

HYDRATION

SYMPTOMS OF DEHYDRATION:

- THIRST
- DIZZINESS
- CONFUSION
- FATIGUE
- DRY SKIN/MOUTH
- LESS-FREQUENT URINATION
- INCREASED HEART RATE

Tips to
hydrate

- DRINK AT LEAST 64 OUNCES OF FLUID PER DAY
- MINIMIZE THE CAFFEINE
- AVOID ALCOHOL AND SUGARY BEVERAGES
- WHETHER YOU ARE THIRSTY OR NOT, DRINK WATER BEFORE, DURING AND AFTER EXERCISING

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. Right there in the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!**

The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

Seniors for Healthy Choices

The more medications an individual takes, the greater the chance of medication misuse or adverse side effects. Catholic Charities Washtenaw County is excited to introduce Seniors for Healthy Choices, a new program that celebrates healthy aging and educates participants on how medications and substances can affect us as we age. This free, evidence-based program is open to anyone in Washtenaw County age 60 or older.

For more information, contact Lisa at
LCatledge@CCWCWashtenaw.org
or 734-971-9781, ext. 453

Drop-In Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilters	10am-4pm	Mon/Weds
Pickleball	8am-12pm	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Ypsi Yarners	10:00am	Tues
Country Music	9:30am	Weds
Drop-In Games	10:00am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card	1:00pm	Thurs
Making Club		Bi-weekly

***Please note membership is required
for drop in activities**

Participation Matters!

Our Drop-In Activities are designed to be flexible & fun, but it only works if **YOU** show up! The more people who join, the better the experience for everyone.

So if you're interested, drop in, bring a friend, and help make it a success.

We can't do it without you!

Drop In Activities

Saturday Music

1st Saturday - Mike, Linda & Jay

2nd Saturday - No Music

3rd Saturday - Southern Echos

4th Saturday - Nit Pickers

Saturdays 2:00 - 5:00pm

*Room location may vary & subject to availability.

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Creative Coloring & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more! Adults tend to forget how to play and express themselves freely. Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function.

Wednesdays 10:30am

Drop-In Board Games*

Take a break and join us for some classic fun! Our Drop-In Board Games is the perfect way to relax, socialize, and enjoy timeless games like Dominoes, Uno, Yahtzee, Jenga, and more. All are welcome, whether you're a seasoned player or just learning the rules. Come alone or bring a friend, no registration required!

Wednesdays 10:00am

*Our Game Center is open all day every day to those that might want to come in at their convenience.

Looking to Donate?

We're currently accepting board game donations to help expand our collection! If you have gently used games with all pieces included and in good condition, we'd love to have them. Please contact us or drop them off during business hours. Thank you for supporting our community of game lovers!

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Thursdays 11:00am

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:30am - 11:00am

Ypsi Yarners

Knitters, crochet workers and yarn lovers of all kinds are welcome! Always wanted to learn? Come by and we will show you the ropes!

Tuesdays 10:00am

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Billiards Challenge

Get ready for a spirited showdown as two talented senior centers go head-to-head in a friendly yet competitive billiards challenge! Representing skill, precision, and plenty of good-natured rivalry, we will take on the Van Buren Township Senior Center in a match that promises great shots and even better camaraderie. Sign up in room 201, transportation provided.

Wednesday, July 23 @ 1pm Bus leaves 12:30p

Billiards with Bill

Bill Stewart is an former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

Day: Wednesdays

Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Congratulations!

Happy 80th Wedding Anniversary!

Congratulations to **Doug and Doris Nowling**
on celebrating an incredible
80 years of marriage!
Here's to eight decades of memories,
laughter and unwavering partnership!



Classes, Programs & More

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Day: Wednesdays

Dates: June 25 - July 30
August 6 - September 10

Time: 1:00-3:00pm

Cost: \$25

***There is an additional supply fee of \$40 due to the instructor at the first class**

Community Singers

Love to sing? Whether you're an experienced vocalist or just looking for a fun, relaxing way to make music with others, our Community Choir is the perfect place for you!

Open to all skill levels – beginners welcome!

Day: Wednesdays

Time: 1:00pm

Location: Room 204



Karaoke Anyone?

Love to sing but not ready for a solo? Join us for a fun, relaxed program where everyone's invited to sing together! We'll project lyrics on the screen and belt out crowd favorites, classics, and guilty pleasures as a group. No pressure, no stage fright, just good music, lots of laughter, and the joy of raising our voices together. Whether you're a seasoned karaoke star or just love humming along, this is your time to shine in harmony.

We're currently gathering interest for this new activity. If you'd like to join or learn more, please email Ellen at ellenrita546@gmail.com

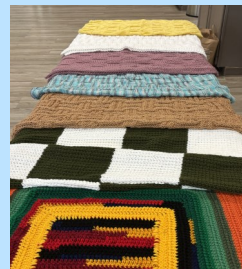
Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesday

Time: 10:00am

Location: Room 204



Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Wednesday, July 2

Time: 1:00pm

Cost: \$1 per card

Zentangle: Meet Bijou!

Have fun learning new tangles and practicing them on cute little Bijou tiles. Intro to Zentangle required.

Date: Thursday, July 17

Time: 1:00-3:00 PM.

Cost: \$20

Materials fee: \$2 (cash) to instructor at class

Tangles and Tea.

Make time to be creative & tangle with others. Judy will have a suggestion to get you started, or work on your own Zentangle piece.

Date: Thursday, July 24

Time: 1:00-2:30 PM

***Suggested donation: \$5**

Smart DriverTEK

Smart DriverTEK is a 90-minute workshop to help you stay up to date with the latest safety technology in your current or future car. Learn all about new technologies, how they work, and how they can improve your peace of mind on the road. Register today & bring a friend!!

Date: Thursday, October 16

Time: 2:00-3:30pm

Cost: Free

Smart DriverTEK is developed jointly by AARP Driver Safety and The Hartford.

Health & Wellness

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Aug 14 - Sept 18

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: Friday, July 11

Time: 9:30am - 10:00am

Cost: There is no fee for this class but you **MUST** pre-register

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

Are you feeling down or lonely? Want to feel more uplifted?

Many seniors like you have volunteered to try our online program,

Empower@Home.

This program is designed to improve your mood and enhance your quality of life.

This study is approved by the University of Michigan Institutional Review Board (HUM00254688).

What You Need to Know:

- **Participate from the Comfort of Your Home:** No travel required.
- **Completely Free:** There is no cost to you.
- **Earn Up to \$140:** For your participation.
- **No Computer Experience Needed:** We provide an iPad and internet access for free.
- **Work with a Personal Coach:** Receive support and guidance throughout the program.
- **Technical Support Available:** Help is just a call away for any technical issues.



Interested? Scan the QR code or call us at: 734-215-5090

For more information: empower-at-home.com

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tues., 5/13 - 7/15 returns 9/9/25

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tues., 5/13 - 7/15 returns 9/9/25

Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote

Date: Returns September 24

Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thurs., 5/15 - 7/17 returns 9/11/25

Time: 9:30 - 10:30am

Drop-In Basketball for Seniors

NEW

Stay active, have fun, and enjoy the game you love! Our Drop-In Basketball is a casual, low-impact way to stay fit and connect with others who share your passion for the sport. Whether you're shooting hoops or enjoying some friendly competition, this is a great way to move at your own pace in a welcoming environment. No registration required—just show up, lace up, and play! All skill levels are welcome.

Basketballs available for use at the front desk.

Day	Time	Fee
Tuesday	9:00-11:00am	\$1 per person

T.O.P.S. Every Thursday Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. It's a holistic approach to wellness. No fad diets. No gimmicks. No shortcuts. Join us for the support, accountability and connections that you need on your journey to better health.
9:00am weigh in 10:00am meeting begins

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday & Thursday

Time: 11:30am -12:30pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Enhance Fitness



Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan.
There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	105
Friday	11am-12pm	105

Talent Show



Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

July

- 7 - Island Queen Boat Ride, Brighton
- 10 - Lunch Out: Tomato Brothers, Howell
- 15 - FireKeepers Casino, Battle Creek
- 19 - Eastern Market, Detroit
- 24 - OAC Painting Class, Detroit
- 25 - Libbey Factory Outlet, Toledo
- 29 - Treasure Hunting Tour,
Westland/Livonia/Plymouth

August

- 2 - Belle Isle Art Fair, Detroit
- 7 - Lunch Out: Mission BBQ, Northville
- 9 - Eastern Market, Detroit
- 11 - Fox Theater Tour, Detroit
- 12 - FireKeepers Casino, Battle Creek
- 14 - Toledo Upscale Thrifting, Toledo
- 26 - Comerica Park Tour, Detroit
- 26 - Huron Lady w/ Bianco Tours
- 28 - Michigan State Fair, Novi

Important Notice!!!!

*** Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

****No Shows:** Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

FAQ's

Frequently Asked Questions

A dark grey, rectangular tag with rounded corners and a white string tied around the top left corner. The text "50 & Beyond" is in a white sans-serif font, and "Lively Travellers club" is in a larger, bold, white sans-serif font below it.

50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

Non-members will be charged an additional fee of \$5 per trip.

2. How do I sign up?

Sign ups and waitlists for all trips are done at the Community Center front desk.

50 & Beyond staff cannot accept payments unless they are working at the front desk.

Checks are payable to YTRD.

Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? Please update this information at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

ATTENTION:

- Pay later may not be available for some trips.
- Please do not register someone to hold a spot without first confirming they actually want to attend.
- If you are on the list and have not paid one week prior to the trip you will be removed. Our numbers often determine whether or not a trip will run and other times we have several people on the waitlist that would like to attend.
- If you are on the list we expect you to participate and make a timely payment.
- Repeat offenders will have their accounts flagged and be required to make payment at the time of registration.

Travel

FireKeepers Casino Day Trip, Battle Creek, MI

With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, July 15

Tuesday, Aug 12

Bus Departs: 8:30am Bus Returns: 5:00pm

Cost: \$30 for each date

Eastern Market, Detroit

Visit the market with us & do a little shopping! The market is perfect for stocking up on fresh produce, baked goods, and meats.

Dates: Saturday, July 19 7am Departure

Saturday, Aug 9 7am Departure

Bus Returns approximately 12:00pm

Cost: \$10 for each date

Fox Theater Tour, Detroit

Step into the grandeur of the Fox Theatre, a 1920s masterpiece where history, elegance, and culture come alive. With its stunning "Siamese Byzantine" design, the theatre exudes exotic charm & architectural brilliance that's unlike anything you've seen before. Take a ride in the original 1928 hand-operated elevator, a rare piece of history that's still in use today, offering a unique glimpse into the past. Then, stand on the very stage where legends like Frank Sinatra, Elvis Presley, Stevie Wonder, and Liza Minnelli once performed. Walk in the footsteps of the stars and explore the backstage green room, where thousands of iconic performers have left their signatures, immortalizing their presence. The Fox Theatre is a living testament to Detroit's rich cultural history, architectural wonder, and the magic of live performance. Embark on this unforgettable tour and step into a world where every corner tells a story of grandeur and legacy.

Date: Monday, August 11

Bus Departs: 8:45am Bus Returns: pm

Cost: \$36 (cost of lunch is on your own)

Lunch Out:

Tomato Brothers, Howell

The quintessential destination for superb Italian, Greek, and America dining. Known for their famous Greek Salads, hand-rolled breadsticks and award-winning BBQ ribs.

Date: Thursday, July 10

Departs: 10:00am Returns: 2:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Mission BBQ, Northville

Authentic BBQ made from the freshest, most delectable ingredients, and serve it to you in a patriotic dining room filled with tributes to those who've made Our Country great, given to us by the people who earned them.

Date: Thursday, August 7

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Comerica Park Tour, Detroit

Take a tour around these hallowed grounds, whether you're interested in learning more about the operation of Comerica Park or just want to take in the sights and sounds from behind the scenes. Comerica Park Tours include a visit to the following areas*

- Press Box- Ernie Harwell Media Center
- View of the Jim Beam Champions Club
- Kaline's Corner
- Hall of Fame Statues
- Photo Opportunities with the Custom Hi-Chew Carousel & Ferris Wheel
- Center Field Camera Well*
- Field Photo Opportunity*
- Dugout*
- Locker Rooms*

*Please note that tour stops are subject to change at any time without advanced notice

Date: Tuesday, August 26

Bus Departs: 8:45am Bus Returns: pm

Cost: \$36 (cost of lunch is on your own)

Travel

Island Queen Boat Ride, Brighton

Enjoy a leisurely cruise on Kent Lake aboard the Island Queen III. You'll be charmed by nature's sights & sounds touring the lake on this 46-passenger pontoon boat. The views are panoramic for photo-lovers on this 1,200-acre lake. While on the ride, the captain cruises among islands and bays and provides historical facts and stories about the history of Kensington Metropark. Wildlife can be seen from start to finish on the ride, from swans to turtles & even the occasional osprey. Following our boat ride we will stop for ice cream! Cost of ice cream is on your own.

Date: Monday, July 7

Departs: 1:00pm **Returns:** approx. 4:00pm

Cost: \$18

*Rain date: July 21

Treasure Hunting Tour

First stop is the Volunteers of America store where the last Tuesday of each month you will receive a savings of 50% off store-wide.

Then we are off to the Town Peddler Michigan's first and largest Craft & Antique Mall, you'll find 400+ dealers offering everything from Handcrafted items, Gift Lines, Vintage, Retro & Repurposed, Antiques, Artist Creations, and so much more. A quick stop at Buddy's Pizza to refuel and we are off again to finish up our day at Finders Keepers Vintage & Vinyl in Plymouth.

Date: Tuesday, July 29

Departs: 9:00am **Returns:** approx. 3:30pm

Cost: \$18 (cost of lunch is on your own)

Toledo Upscale Thrifting

Hop on the bus and join in the fun as we search out the bargains south of the Michigan border! First stop is Clothes Mentor in Sylvania, Ohio followed by lunch at Tony Packo's. Then it's back on the bus to visit the Toledo Humane Society Thrift Store and we will end our tour at the Clothes Mentor Store in Perrysburg, Ohio.

Date: Thursday, August 14

Departs: 9:00am **Returns:** approx. 4:30pm

Cost: \$18 (cost of lunch is on your own)

Outdoor Adventure Center, Painting Class, Detroit

Sit back and enjoy pastries, coffee and tea during an exciting and informative program. Learn about the DNR artist-in-residence programs at the Porcupine Mountains Wilderness State Park and Mackinac State Historic Parks, then make your own painting with guidance from our education team.

Date: Thursday, July 24

Departs: 8:00am **Returns:** approx. 12:00pm

Cost: \$25

Libbey Factory Outlet & Lunch, Toledo

Visit the Libbey Factory Outlet store to shop beautiful glassware, serveware and more. Take your time shopping and then we will head over to the Spaghetti Warehouse for their made-from-scratch Italian American Menu.

Date: Friday, July 25

Departs: 9:30am **Returns:** approx. 3:00pm

Cost: \$20 (Lunch & shopping on your own)

Belle Isle Art Fair, Detroit

Paintings, photography, fine art prints, three dimensional art including sculpture, garden art, functional items such as mugs and flower pots, wearable art from jewelry to handbags to clothing all can be found here!

Date: Saturday, August 2

Departs: 9:30am **Returns:** approx. 2:00pm

Cost: \$20 (all purchases are on your own)

Michigan State Fair Senior Day

Special Senior Programming:

10:00am-12:00pm

- Door Prizes and Drawings
- Special Senior Day Vendors
- Giveaways & Contests
- Entertainment

Fair Exploration Time:

12:00pm-2:00pm

Date: Thursday, August 28

Bus Leaves: 9:00am

Bus Returns: 3:00pm

Cost: \$20 transportation

*Food and purchases are not included

Travel with Bianco Tours

Huron Lady II w/ Bianco Tours

The Voyageur (included lunch) - Flanking the St. Clair River, The Voyageur grants an elegant view of the waterway, with fine cuisine that compliment the fresh landscape. You will have a choice of meals which both include redskin potatoes, mixed garden vegetables, non-alcoholic drinks and dessert.

Huron Lady II * - You will cruise from beautiful downtown Port Huron on an informative narrated tour of the Blue Water Area. View Great Lake freighters, the two Blue Water Bridges, and more.

Sweet Tooth of Marine City - Featuring nostalgic candy from the early 1900's to the 1970's, with a wall of assorted bulk candies from the past to the present that will delight all ages from young to old. They also feature a variety of handmade chocolates and Hudsonville hand dipped ice cream in an assortment of flavors.

Tuesday, August 26

Departs 8:00AM Returns 6:45PM

Cost: \$111

**Ship sails at captain's discretion.*

***This trip does sell out, early registration is recommended.*

Haunted Happenings

A Spooky Trip to Northeast Ohio w/ Bianco Tours

October 31 - November 1, Friday - Saturday

Round Trip Transportation:

Via deluxe highway motorcoach. Equipped with reclining seats, overhead storage, & restroom for your comfort and convenience.

Accommodations:

- 1 Night at Springfield Suites or Courtyard by Marriott Canfield, OH

Included Meals:

- 1 Breakfast, 1 Lunch & 1 Dinner

Featuring:

- Cuyahoga Railroad Located in the 33,000 acre national park, we will embark on a 2 hour train ride through the beautiful fall foliage.
- Murder Mystery Dinner Show Celebrate Halloween with a fun "who-dun-it." Be part of the show and enjoy uproarious laughter, mystery and more than a few surprises.
- The Ohio State Reformatory Stroll the halls and visit the cells of some of history's toughest criminals. Tour the intact set of world's favorite movie, The Shawshank Redemption.

Date: Friday—Saturday,
October 31—November 1

Cost: \$445 per person for double occupancy
**Escorted by a professional Bianco Tour Director*

OT CLINIC

**COMPLETELY
FREE!!**

WHO IS THIS FOR

Older Adults who want support with

- Physical wellness & balance
- Stay & maintain independent
- Fall prevention & safety
- Hobbies & social life
- Navigating Modern Technology
- Care partner support

WHAT YOU WILL GET

- Friendly, supportive student therapists
- Personalized one-on-one attention
- Help with things that matter to you
- Fun, engaging sessions
- Easy-to-follow activities

WHY JOIN?

- Meet others & socialize
- Learn new skills
- Feel supported every step of the way



PROGRAM INFO

- 9-week program
- Starts late September 2025
- 1 session per week (Tuesday, 60 min)
- Location: Ypsilanti Township Center

★ **WANT MORE INFO?
JUST SCAN THE CODE!**



**SIGN UP NOW – SPOTS ARE
LIMITED!
FOR BOTH SIGN-UP AND
QUESTIONS:**

MELISSA PETERS
mpeter54@emich.edu
313-300-9613

Nite Lights @ MIS w/ Bianco

Jerry's Pub Brooklyn, MI (included lunch) -

Nestled on the south shore of Wampers Lake, the deck offers spectacular views of the lake. Buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International

Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive-through display is over three miles long! Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Friday, December 17, 2025

Departs 3:30pm Returns 8:00PM

Cost: \$91

Extended Travel

Mexican Riviera w/ Grand American November 1 - 8, 2025

Los Angeles, California ~ Cabo San Lucas, Mexico ~ Mazatlan, Mexico ~ Puerto Vallarta, Mexico ~ Los Angeles, California

Cruise to Mexico with the expert. With over 50 years of experience, Princess knows all the cities and excursions that provide the most authentic Mexico cruise adventures — not just margaritas and mariachis, but more! Visit the best ports in the Mexican Riviera and get a taste of the warm sun, diverse culture and festive flavors of the region. Double occupancy cabins start at \$2361/person. *A deposit of \$350 per person is due upon reservation. **Final payment is due July 3, 2025*** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. **AIR PRICES ARE SUBJECT TO CHANGE.**

Iceland w/ Grand American July 18 - 25, 2026

Reykjavik, Iceland ~ Seydisfjordur, Iceland ~ Akureyri, Iceland ~ Isafjordur, Iceland ~ Reykjavik, Iceland (overnight onboard) ~ Reykjavik, Iceland

Experience Iceland's magnificent natural wonders. Tumbling waterfalls, otherworldly lava fields, vast glaciers, and plunging fjords are breathtaking sights just waiting to be explored. Discover Viking history at the National Museum of Iceland, or snap a photo in front of the Sun Voyager, a modern sculpture inspired by a Viking ship. In Akureyri, sports and alpine trails at Hlíðarfjall are huge draws for travelers. See the "Waterfall of the Gods," Godafoss, or take a relaxing mud bath at Lake Myvatn. You'll discover that there really is nowhere on Earth that compares.

Double occupancy cabins start at \$4687/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. **Final payment is due by March 19, 2026.** These are the best rates around! Those who book early get the best prices, the best cabin locations, and their preferred dining times. Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. **AIR PRICES ARE SUBJECT TO CHANGE.** Air to depart U.S. one day prior to cruise departure.

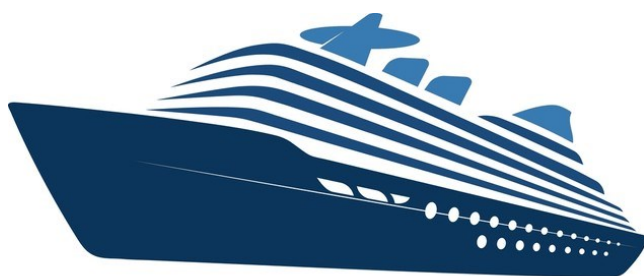
Hawaii w/ Grand American Tours February 5 - 14, 2026

Norwegian Cruise Line on the Pride of America | Roundtrip Honolulu
Honolulu, Oahu ~ Kahului, Maui ~ Hilo, Hawaii ~ Kona, Hawaii ~ Nawiliwili, Kauai ~ Honolulu, Oahu
Feel free to let the gentle breezes of Waikīkī stir up your Aloha spirit as you set out to explore the Hawaiian islands with Norwegian. Soak up the vibes as you sink your toes in a black-sand beach before your trek to the top of Haleakalā — Maui's massive volcano. When the sun sets, get ready for unforgettable stargazing well past midnight. You'll have plenty of time to explore the culture, sights and local flavor of five unique ports including O'ahu, Maui, Hilo, Kona and Kaua'i. Looking to make the most out of your time in the region? Discover the newly refurbished Norwegian Jewel as you witness the South Pacific's untouched islands on a Hawaii and French Polynesia cruise. Experience the lush forests, crystal-clear turquoise waters and colorful undersea life that will have you feeling like you are in paradise. Double occupancy cabins start at \$5755/person. *A deposit of \$350 per person is due upon reservation.*

Final payment is due September 10, 2025 Rates are per person double occupancy and include roundtrip airfare from Detroit, 2 pre-nights with tours, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship.

AIR PRICES ARE SUBJECT TO CHANGE

**Come on in &
grab a flyer for
more info!**



Ypsilanti Township presents

2nd Annual

FOOD TRUCK WARZ

The Ultimate Showdown of Flavor!



Saturday
27
SEPT
12 - 5 pm

Get ready to feast your eyes AND your taste buds as the hottest food trucks face off in an epic culinary battle! Who will reign supreme in this war of flavor? Exclusive menu items from the best food trucks in town!

YPSILANTI TOWNSHIP COMMUNITY CENTER
2025 E Clark Rd., Ypsilanti



events.info@ypsitownship.org

Ypsilanti Township presents

HANDMADE & HUNGRY

Join us for an unforgettable day during the Food Truck Warz!

Explore a vibrant collection of local artisans showcasing their handmade treasures, from unique jewelry and artwork to stylish home decor and custom pieces, there's something for everyone. While you shop, dive into the tasty world of the Food Truck Warz, where top food trucks battle it out for the ultimate title. Enjoy live music, a lively atmosphere, and fun for the whole family. Don't miss this exciting fusion of creativity and flavor!

Saturday
27
SEPT
12 - 5 pm

YPSILANTI TOWNSHIP COMMUNITY CENTER
2025 E Clark Rd., Ypsilanti



events.info@ypsitownship.org

JEWISH FAMILY
SERVICES CATERING

Fresh Meals for Seniors

Healthier, Fresher Meal Options

Join us in welcoming Jewish Family Services as the **new catering service** for our Senior Nutrition program! Enjoy nutritious meals available Monday through Friday from 11am to 12:30pm. Please sign up one week in advance to reserve your spot. A suggested \$3 donation is recommended but not required.



Menu unavailable at time of printing

FREE CAREGIVER LUNCH & LEARN — with Onsite — RESPITE CARE

Are you a family caregiver looking for support and a well-deserved break? Are you a neighbor taking care of a neighbor or a friend taking care of a friend?

Join us for an afternoon of connection, learning, and care.
What to Expect:

- Connect with other caregivers
- Learn effective dementia communication techniques
- Gain valuable tools and resources
- Onsite respite care available for your loved one
- This lunch and learn event is free of charge, but space is limited!

Friday, August 22
1:00 - 3:30pm

**Ypsilanti Township
Community Center**

2025 E Clark Rd, Ypsilanti, MI 48198

RSVP Today!

734-217-4557

Or register online

<http://bit.ly/caregiver-pop-up>

Presented by Silver Club Memory Programs & the Alzheimer's Association – Michigan Chapter

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

or current resident

Focus: HOPE

In partnership with federal and state agencies,
Focus: HOPE provides food boxes to senior
citizens 60 years old or older, residing in
Washtenaw county.

*Distribution will be held in the **parking lot** on the
first Thursday of each month
from 11:00am - 11:30am*

The schedule for 2025 is as follows:

June 5th - Double Distribution

July - received in June

August 7th

September 4th

October 2nd

November 6th

December 4th

To apply to receive food
please call **313-494-4600**

or email: food@focushope.edu

To be eligible you must provide proof of age
(60 years or older), provide the number of
people in your household and reside in Wayne,
Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by
our members free of charge. We cannot
accept any equipment that needs parts or
repairs. **All donations should be cleaned
and disinfected prior to donating.** Thank
you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

**The Ypsilanti Township
50 & Beyond Program**
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org

734-544-3800