

50 & Beyond Newsletter

September 2026

Recreation Coordinator
Nichole Passmore
Mon-Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: Donna Medos
Mon - Thurs, 9:00am - 12:00pm
dmedos@ypsitownship.org

Community Center Phone
734-544-3800



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

September Birthdays

- 1 Michele Heaney, Mike Srock
Mary M Ochess, Dian Johnson
- 2 Nelson Eddy, Loretta M Bouse
- 3 Carolyn Perkins, Pamela Baskin
Debra Scott
- 4 Lupe Martin, Katheryn Enselman
Charlotte Jett
- 5 Elyania Blakely
- 6 Ophelia Schoen, Denese Meadows
- 8 Yvonne Tomlin, Cherita Young
- 9 Bob Kulhanek, Diane Snowden
Janice Ford
- 10 Evelyn Griffin, Peter Balanecki
Janet Futch, Shanda Pearson
- 12 Donna Medos
- 14 Richard McCoy
- 16 Glenda Griggs, Emma Corbin
- 17 Linda Holmes
- 18 Denise Klein
- 19 John Douglas Dillon,
Geraldine Harris
- 20 Leonora Smit, Debbie Cook
Ruby Lee Gooley
- 21 Carl DeMeritt
- 22 Carol Wack, Tanya Padgett
Marin Perusek, Sharon Zatirka
Barbara Malcolm, Josh Kugler
- 23 Joyce Crocker, Opal Harbin
Daryl Sell, Esther Smith
Donna Cherif
- 24 Dolores Sabree, Paul Becker
- 26 Pamela F Brady
Rita McFarland--Hinton
- 27 Sherrie Parent
- 28 Caroline Malloy, Edda Williams
Don Coleman, Angelica Columna
- 29 Orval Cecil, Jr, Paul D Goble
- 30 Cheryl March, Barbara Boone

In Loving Memory...

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org



Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees: Individual Fees:

Resident Fee: \$15 Non-Resident Fee: \$20

Household Fees:

Resident Fee: \$25 Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilting	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Ladies Billiard Hour	10:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Colors	10:30am	W
TOPS	10:00am	Th
Euchre	12:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Bring your latest project and connect with others who share your love of fiber arts. Drop in, unwind & get inspired!

Day: Tuesdays

Time: 10:00am

Location: Room 202

Creative Colors & More!

Join Lynn for some creative coloring and more. Engage both the creative and logical sides of the brain, improving focus & cognitive function.

Wednesdays 10:30am

NOTICE

**Billiards Tables will be
unavailable on
Tuesdays
from 9am - 12pm**

Ladies Only Billiards Hour

Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies!

Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.

Day: Now on **MONDAYS!**

Time: 10:00-11:00am

Billiards Challenge Tourneys

Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.

First Wednesday of each month at 1:00pm



Participation Matters!

Our Drop-In Activities are designed to be flexible & fun, but it only works if YOU show up!

Help Our Pollinator Garden Grow!

**We're looking for
donations of native
flowering plants to
help fill our pollinator
garden! If you have
native perennials to
divide or extra plants
to share, we'd love to
give them a home!**

**Please contact Nichole
at 734-544-3805
if you'd like to donate!**

Free Transportation



Older Adults Transportation

Free transportation for adults aged 60 and older that reside in Washtenaw County.



Transportation providers shown for their pickup area; contact individual providers for more information on destinations and roundtrips.

Orange WAVE or JFS Yellow PEX or JFS Blue JFS Pink JFS, PEX, or WAVE

Great news! Washtenaw County Seniors can now receive **FREE** transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):

734-769-0209 ext 2

People's Express (PEX):

877-214-6073

Western Washtenaw Area Value

Express (WAVE):

734-475-9494

Questions call 734-222-6850 or

Email: AgingServices@washtenaw.org

Community



3rd Annual FOOD TRUCK WARZ

Sponsored By:  University Bank



12-5pm

Get ready to feast your eyes AND your taste buds as the hottest food trucks face off in an epic culinary battle! Who will reign supreme in this war of flavor? Exclusive menu items from the best food trucks in town!

SATURDAY SEPTEMBER 19

Ypsilanti Township Community Center, 2025 E. Clark Rd., Ypsilanti
events.info@ypsitownship.org

OT CLINIC

**COMPLETELY
FREE!!**

WHO IS THIS FOR

Older Adults who want support with

- Physical wellness & balance
- Stay & maintain independent
- Fall prevention & safety
- Hobbies & social life
- Navigating Modern Technology
- Care partner support

WHAT YOU WILL GET

- Friendly, supportive student therapists
- Personalized one-on-one attention
- Help with things that matter to you
- Fun, engaging sessions
- Easy-to-follow activities

WHY JOIN?

- Meet others & socialize
- Learn new skills
- Feel supported every step of the way



PROGRAM INFO

- 8-week program
- Starts October 8th, 2026
- 1 session per week (Thursday afternoons, 60 min)
- Location: Ypsilanti Township Center

WANT MORE INFO?
JUST SCAN THE CODE!



SCAN ME

SIGN UP NOW – SPOTS ARE LIMITED!
FOR BOTH SIGN-UP AND QUESTIONS:
Alison Emerick
704-517-5921
aemerick1@emich.edu



TRUNK or TREAT



SUNDAY, OCTOBER 25

Join us for our Annual Trunk or Treat event that serves over 400 local children!
To reserve your spot please email:
events.info@ypsitownship.org

1:00 - 3:00pm

Donations of candy are also welcome!

2025 E CLARK RD., YPSILANTI 734-544-3800

Classes & Programs



But you MUST pre-register!

SENIOR FRAUD SEMINAR

Seminar Highlights:

- Spot common AI-enhanced scams.
- Recognize warning signs before you act.
- Protect bank accounts, credit cards and personal information.
- Know what to do if you think you have been targeted.



BE INFORMED.

Knowledge is your best defense against fraud. Attend this Senior Fraud Seminar to learn about today's most common scams, warning signs to watch for and steps you can take to keep your money and personal information secure.

Tuesday, September 22 1:00pm Ypsilanti Township Community Center

Please register at the front desk or online at ytrd.org

Classes & Programs

The Coverage Illusion: Why Insurance Doesn't Always Protect You the Way You Think

Many people assume that having insurance automatically means they are fully protected. In real life, coverage can behave very differently than expected during illness, emergencies, caregiving transitions, or financial stress—when clarity matters most. This course helps participants understand the difference between having coverage and having meaningful protection. Participants will explore:

- Common assumptions people make about insurance.
- The difference between coverage, benefits, and real-world protection
- Why coordination between different types of insurance matters
- And much much more!

Date: Wednesday, September 9

Time: 1:00 - 2:30pm

Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!



PACE INFO SEMINAR

Attendees will learn about PACE – The Program of All Inclusive Care for the Elderly. The services we provide when you become a participant of the program and how PACE helps keep older adults safe and in their home. Snacks included!!

Date: Wednesday, September 23

Time: 1:00pm

Room: 105



Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, Sept 2 - Oct 7

Time: 1:00-3:00pm **Cost:** \$25

*There is an additional supply fee of \$40 due to the instructor at the first class

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, September 11

Time: 1:00pm **Cost:** \$1 per card

Watercolor Workshop

Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind—calm, encouraging, and easy to follow. No prior art experience is needed. Participants are guided through the fundamentals of watercolor step by step. Led by artist Julia Wellings, the session starts with simple explanations and practice exercises to get comfortable with the brushes, paper, and paint. From there, participants create a floral-inspired painting - working from a provided reference or following their own ideas at their own pace. Participants will leave with a finished piece to be proud of.

Date: Monday, August 17

Monday, September 14

Monday, October, 12

Monday, November 9

Time: 1:30-3:30pm

Cost: \$25 per session

****ALL materials are provided****

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate).

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 9/8 - 11/10

Time: 9:00 - 10:00am

***No Class Nov 3**

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 9/22 - 12/1

Time: 10:30 - 11:30am

***No Class Nov 3**

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles? Instructor: Tammy Foote

Date: Wednesday, 9/9 - 11/18

Time: 11:15am - 12:45pm

***No Class Oct 28**

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength. Instructor: Michelle Williams

Date: Thursday, 9/10 - 11/19

Time: 9:30 - 10:30am

***No Class Oct 29**

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	Gym
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises & balance enhancing routines. This program is geared to fit all body types and abilities.

Day: Monday 11:30am - 12:30pm

Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. Join us for the support, accountability and connections that you need on your journey to better health.

Thursdays

9:00am weigh-in 10:00am meeting begins

Boxing

This unique class is participant-led, allowing members to take an active role in guiding their workout, encouraging each other and creating a fun, supportive environment that promotes both physical fitness and social connection.

Date: Thursdays

Time: 1:00pm

Location: Fitness Room #203

Health & Wellness

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Sept 17- Oct 22

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Tap Dancing

Balance training is imperative for health as we grow older and tap dancing is an excellent exercise to help build balance.

Date: Thursdays, Sept 10 - Oct 8

Thursdays, Oct 22 - Nov 19

Time: 1:00-3:00pm

Fee: \$15

Drop-In Fee:

\$3 (Please show receipt to instructor)

Flu Shot Clinic

Free Vaccines provided by UM Health - Community Health Services

Date: Saturday, October 3

Time: 12:00 - 4:00pm

For Info: Call Community Health Services at 734-998-2156

Strength Training for Reduced Falls and Improved Balance



During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, and increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: September 10th - 11th, 2026

Time: 10:00am - 11:00am

Fee: There is no fee for this class but you MUST pre-register

No Class In September

OT CLINIC

COMPLETELY FREE !!

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SCAN ME

SIGN UP NOW - SPOTS ARE LIMITED!
FOR BOTH SIGN-UP AND QUESTIONS:
Alison Emerick
704-517-5921
aemerick1@emich.edu

Area Agency on Aging 1-B

AgeWays
Nonprofit Senior Services



S.H.I.P.

State Health Insurance Assistance Program

AgeWays is the Area Agency on Aging (AAA) for southeast Michigan, serving Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties, and it operates the State Health Insurance Assistance Program (SHIP) to help seniors and people with disabilities navigate Medicare and other health benefits.

Through the SHIP (State Health Insurance Assistance Program) initiative, AgeWays offers free, unbiased counseling to help individuals understand and make informed decisions about Medicare. SHIP counselors are trained to provide education, advocacy, and personalized guidance, and the program is available statewide.

On the 3rd Wednesday of each month a SHIP counselor will be available for consultations at the Ypsilanti Township Community Center.

Consultations are by appointment only.

Appointments can be made by visiting the front desk to sign up or calling 734-544-3800



Ypsilanti Township Community Center • 2025 E Clark Rd, Ypsilanti, MI • 734-544-3800

Upcoming Trips

September

- 3 - Michigan State Fair, Novi
- 8 - Shop Brighton, Brighton/Novi/Northville
- 10 - Lunch Out: Art & Jakes, Northville
- 12 - Eastern Market, Detroit
- 15 - FireKeepers Casino, Battle Creek
- 17 - Frederick Meijer Gardens, Grand Rapids
- 24 - Detroit Princess, Detroit

October

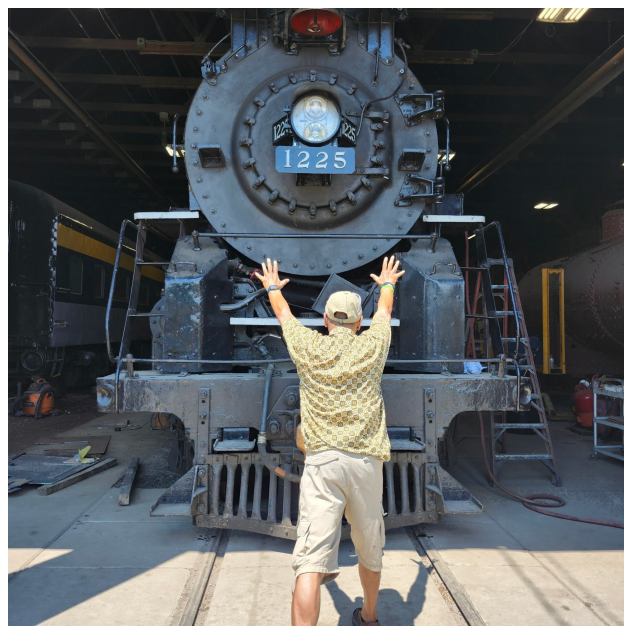
- 3 - Eastern Market, Detroit
- 7 - Toledo Zoo, Toledo
- 10 - Appleupmkin Festival, Tecumseh
- 13 - FireKeepers Casino, Battle Creek
- 20 - Michigan Central Station, Detroit
- 27 - Michigan Central Station, Detroit

November

- 10 - Brunch & Learn, OAC Detroit
- 13 - Parade Company w/ Bianco, Detroit

One on One Assistance

Members requiring “one on one” assistance MUST travel with a partner that is there to attend to those needs. “One on One” examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
- Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know

Before You Go

Membership

- Membership must be current to register.
- If not current, you may be placed on a waitlist.
- Non-member registration opens 2 weeks prior to the trip (if space allows).
- Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.
- Members may bring a guest for an additional fee. Subject to availability

Registration

- Sign-ups and waitlists are handled at the Community Center front desk.
- Checks should be made payable to YTRD.
- Online registration may be available for select trips.

Payments

- Payment is due 1 week prior to the trip.
- Extended or overnight trips require payment 1 month in advance (unless otherwise noted).
- If payment is not received on time, you may be removed from the list.
- Pay-later options may not be available for all trips.

Waitlist & Attendance

- Please only register if you fully intend to attend.
- Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.
- Repeat no-shows or late payments may require payment at time of registration.

Parking

- Please park in rows beyond the flagpole (Row 3 and up).
- Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.

Bus Etiquette

- Keep device volume low or use headphones.
- Be courteous to fellow travelers.
- Please reserve the front passenger seat for the trip chaperone.

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

FireKeepers Casino Day Trip, Battle Creek, MI

Casino includes over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas.

Dates: Tuesday, September 15
Tuesday, October 13

Bus Departs: 8:30am

Bus Returns: 5:00pm

Cost: \$30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, September 12
Saturday, October 3

Departs: 8:00am

Bus Returns: approximately 1:00pm

Cost: \$10

*Michigan State Fair Senior Day

Date: Thursday, September 3

Bus Leaves: 9:00am

Bus Returns: 3:00pm

Cost: \$20 transportation

*Food and purchases are not included

This trip is FULL.

Shop Brighton, Brighton/Novi/Northville

Enjoy a day full of upscale resale shopping! You're sure to find clothing, shoes, accessories, home goods and more at discounted prices. We will be stopping at the following shops: Clothes Mentor – Novi, Trading Closets Collection - Brighton, Consignment Clothiers - Northville. We will take a break for lunch at Cracker Barrel.

Date: Tuesday, September 8

Departs: 9:30am **Returns:** 5:00pm

Cost: \$18 for transportation only

*Cost of lunch & purchases are on your own.

Lunch Out:

To help us manage reservations, transportation, & budgeting accurately, we will be offering one trip in both July and August, and will add an additional outing if the waitlist indicates a need.

***Price of the meal is on your own.**

Art & Jake's, Northville

Art & Jake's features an upscale sports bar menu, including starters like Bang Bang Shrimp and Jake's Nacho Supreme.

Handhelds like the Cali Chicken Club and prime steaks are staples, plus a massive draft beer list **This trip is FULL.**

Date: Thursday, September 10

Departs: 11:00am **Returns:** 3:00pm

Cost: \$12 for transportation only.

Tomato Brothers, Howell

Known for staples like their famous Greek Salads, hand-rolled breadsticks, award-winning BBQ ribs, delicious Planked White Fish, and mouth-watering pizza's, Tomato Brothers is the quintessential destination for superb Italian, Greek, and America dining

Date: Thursday, October 8

Departs: 11:00am **Returns:** 3:00pm

Cost: \$12 for transportation only.

Toledo Zoo, Toledo

The Toledo Zoo & Aquarium houses over 10,000 individual animals that cover 720 species. With a large focus on conservation efforts, the Toledo Zoo & Aquarium currently participates in over 80 species survival programs.

The Toledo Zoo does not accept cash. Outside food & beverages not permitted unless medically necessary.

Dates: Wednesday, October 7

Departs: 9:30am **Returns:** 3:30pm

Cost: \$20

Travel

*Frederick Meijer Gardens, Grand Rapids

Experience color, form, and luminosity in an entirely new way at CHIHULY at Meijer Gardens, where vibrant glass installations transform the Gardens and an immersive gallery experience. Wind through the pathways in comfort during a private, narrated tour ride. Lunch is provided.

Dates: Thursday, September 17
Departs: 7:00am **Returns:** 6:00pm
Cost: \$85

*Michigan Central Station

Expert guides will lead you on a 90-minute journey through the ground floor to experience The Station's historic restoration and transformation from shuttered train depot to the centerpiece of Michigan Central's 30-acre tech and cultural hub. We will stop at Ford's Garage for lunch after our tour. Cost of meal is on your own.

Date: Tuesday, October 20
Departs: 9:30am **Returns:** 2:30pm
Cost: \$20

Date: Thursday, October 29
Departs: 9:15am **Returns:** 2:30pm
Cost: \$20

*Brunch & Learn, Detroit

Topic: Isle Royale's Wolf-Moose Project

Jeffery Holden has spent a quarter century leading groups on Isle Royal in support of keeping the world's largest running predator study. His presentation includes:

- A high level discussion of Isle Royale & its history
- The history of the Wolf-Moose Study.
- The Winter study vs the Summer Study
- Moose and Wolf bone show & tell
- Book reading - usually a short excerpt.

Date: Tuesday, November 10
Departs: 9:15am **Returns:** 1:45pm
Cost: \$15

Appleumpkin Festival, Tecumseh

It's time for Tecumseh's Appleumpkin Festival! The Antique Street Fair and Flea Market as well as the Arts & Crafts Show will keep you captivated for hours. All this fun is sure to work up an appetite. Good thing they invited so many of your favorite fair food vendors to town for the weekend. Want to sit down and rest a spell? Tecumseh restaurants are ready to serve you a delicious meal while you relax. Many Downtown Tecumseh shops feature specials and savings for the Appleumpkin weekend as well!

Date: Saturday, October 10
Departs: 9:45am
Returns: 3:00pm
Cost: \$22 for transportation only

Lunch and shopping are on your own.

*Rain Date Sunday, October 11

*Detroit Princess River Cruise, Detroit

Take a midday break from the world and cruise on the Detroit River! Enjoy a tribute to Detroit's own great Motown music performed live by the "Prolifics". Lunch cruises are perfect for seeing the downtown areas of both Detroit and our neighbors in Windsor. The lunch menu features a bountiful buffet of Tender Beef Tips with Gravy, Baked Chicken, Mashed Potatoes, Marinated Portabella Mushrooms with sides of Cheese Tortellini, Fresh Steamed Vegetables and Salad with add-ons. The Chef's choice of dessert also is included! A bar will be available for individual purchase of alcohol, soft drinks and specialty beverages with Card and Digital Pay accepted. ***NO cash sales at the bar.***

This trip is FULL.

Date: Thursday, September 24
Departs: 10:15am **Returns:** 4:00pm
Cost: \$80

*Beverages are on your own, no cash accepted

Extended Travel

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) -

Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13
Departs 9:00am **Returns** 3:30pm
Cost: \$114

Michigan Heroes & More in Frankenmuth w/ Bianco Tours

Michigan Heroes Museum - This museum exists to nurture the memories of people from Michigan farms, offices, and factories who heeded the summons to military service during America's foreign wars. In addition, the Museum includes a section dedicated to the Medal of Honor recipients, and this collection contains more Medals of Honor than any other museum in the United States. The Michigan Heroes Museum holds over 900 exhibits, each devoted to a Michigan soldier, marine, sailor, airman, or astronaut

Lunch at Bavarian Inn - Enjoy our world Famous Family Style Dinner enjoyed by millions features platters of golden fried chicken, generous heaps of mashed potatoes, buttered noodles, vegetables, and much more!

Downtown Frankenmuth (shopping time)

St. Julian Winery Frankenmuth, MI - As the oldest, largest, and most-awarded winery in the state, their commitment to excellence has always been a pillar to their existence. Winery will choose 4 wines and their knowledgeable staff will walk us through the tasting.

Date: Thursday, December 3
Departs 8:30am **Returns** 5:30pm
Cost: \$120

Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping,

On-site Buffet Lunch includes: Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Wednesday, December 9
Departs 9:00am **Returns** 3:30pm
Cost: \$114

Extended Travel

Patagonia & Argentina

with Celebrity Cruises

16 DAYS / 15 NIGHTS ~ FEB 26 - MAR 13, 2027

Buenos Aires, Argentina ~ Montevideo, Uruguay
~ Port Stanley, Falkland Island ~ Cape Horn,
Chile ~ Ushuaia, Argentina ~ Strait of Magellan ~
Puntas Arenas, Chile ~ Puerto Madryn,
Argentina ~ Punta Del Este, Uruguay
Double occupancy cabins start at \$5295/person.
Final payment is due by **October 29, 2026**. Rates
are per person double occupancy and include
roundtrip airfare from Detroit, cruise, port charges,
government fees, taxes and transfers to/from
ship. AIR PRICES ARE SUBJECT TO CHANGE.
Air to depart U.S. one day prior to cruise
departure.

Japan: Hokkaido Cherry Blossoms

with Princess Cruises

13 DAYS / 12 NIGHTS ~ Apr 20 - May 2, 2027

Tokyo, Japan ~ Aomori, Japan ~ Muroran, Japan~
Hakodate, Japan ~ Sakaiminato, Japan ~ Busan,
South Korea ~ Nagasaki, Japan ~ Kagoshima,
Japan
Double occupancy cabins start at \$7043/person.
Final payment is due by **December 21, 2026**.
Rates are per person double occupancy and
include roundtrip airfare from Detroit, cruise, port
charges, government fees, taxes and transfers
to/from ship. AIR PRICES ARE SUBJECT TO
CHANGE. Air to depart U.S. one day prior to
cruise departure.

The above cruises are offered through Grand American Tours. Please stop by the Community Center for a detailed flyer for more information.

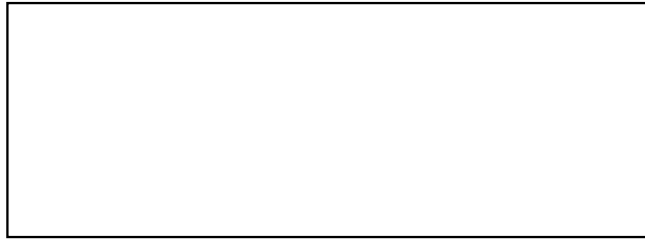
September

SENIOR NUTRITION MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pot Roast Roasted Sweet Potato Wheat Bread California Blend Gala Apple Alt Meal: Turkey Barley Soup Snack: Sugar Free Muffin	2 Chicken Chili Side Salad Orange Alt Meal: Tuna Salad Sandwich Snack: Falafel	3 Chicken Pasta w/ Veg Wheat Bread Broccoli/Cauliflower Mandarin Oranges Alt Meal: Beef Chili Snack: Egg Bites	4 Paprika Chicken Mashed Potatoes Wheat Bread Green Beans/Carrots Peaches Cup Alt Meal: Chicken Sandwich Snack: Yogurt Parfait
7 	8 Chicken Wild Rice Soup Potato Salad Creamy Coleslaw Mandarin Oranges Alt Meal: Turkey Sandwich Snack: Protein Popcorn	9 Hamburger Stroganoff Wheat Bread Peas and Pearl Onions Mixed Fruit Alt Meal: Chicken Chili Snack: Sugar Free Cookie	10 Salisbury Steak Rosemary Potatoes Wheat Bread Mixed Vegetables Pineapple Alt Meal: Chicken Noodle Soup Snack: Graze Kit	11 Tikka Masala (chicken) Jasmine Rice Wheat Bread Green Beans Apple Alt Meal: Chicken Salad Sandwich Snack: Fruit & Dip
14 Shepherd's Pie Wheat Bread Mixed Vegetables Pears Alt Meal: Beef Chili Snack: Cottage Cheese & Fruit	15 Stir Fry Steak Brown Rice Wheat Bread Oriental Vegetables Mixed Fruit Alt Meal: Roast Beef Sandwich Snack: Bananas & Yogurt	16 Chicken Pasta Salad WW Roll Peas & Carrots Strawberry Applesauce Alt Meal: Tuna Salad Sandwich Snack: Protein Balls	17 Vegetable Lasagna Wheat Bread Baby Carrots Mandarin Oranges Alt Meal: Turkey Barley Soup Snack: Trail Mix	18 Beef Barley Casserole Wheat Bread Carrots Orange Alt Meal: Chicken Sandwich Snack: Hummus & Pita Chips
21 Ginger & Garlic Beef Brown Rice Wheat Bread Cooked Broccoli Mandarin Oranges Alt Meal: Egg Salad Sandwich Snack: Sun Butter & Pita Chips	22 Maple Glazed Chicken Wheat Bread Cooked Cabbage Redskin Potatoes Peaches Alt Meal: Chicken Chili Snack: Apple Chips	23 Chicken A La King Egg Noodles Wheat Bread Carrots Gala Apple Alt Meal: Turkey Sandwich Snack: Chia Pudding	24 Sloppy Joe Mix WW Bun Baby Carrots Mixed Fruit Alt Meal: Chicken Noodle Soup Snack: Cottage Cheese & Cherry Tomatoes	25 Chicken Enchilada Brown Rice Mixed Vegetables Pineapple Alt Meal: Chicken Salad Sandwich Snack: Carrots/Ranch
28 Chicken Fettucine Alfredo Wheat Bread Prince Charles Blend Peaches Alt Meal: Roast Beef Sandwich Snack: Cheese & Crackers	29 Pot Roast Roasted Sweet Potato Wheat Bread California Blend Gala Apple Alt Meal: Turkey Barley Soup Snack: Sugar Free Muffin	30 Chicken Chili Side Salad Orange Alt Meal: Tuna Salad Sandwich Snack: Falafel	1% Milk is served with each meal. Please sign up one week in advance. If you order a lunch and cannot make it please call 734-544-3800 and let us know. A suggested \$3 donation is recommended but not required.	

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565



Focus: HOPE

In partnership with federal & state agencies,
Focus: HOPE provides food boxes to seniors 60
years old or older, residing in Washtenaw county.

Distribution will be held in the
parking lot on the first Thursday of each month
from 11:00am - 11:30am

The schedule for 2026 is as follows:

August 6
September 3
October 1
November 5
December 3

To apply to receive food
please call 313-494-4600
or email: food@focushope.edu

To be eligible you must provide proof of age
(60 years or older), provide the number of
people in your household & reside in Wayne,
Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

The Ypsilanti Township
50 & Beyond Program
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.

Medical Equipment Loan

We have various items available for use by our
members free of charge. We cannot accept any
equipment that needs parts or repairs.
All donations should be cleaned and disinfected
prior to donating. Thank you for your generosity!!



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —