50 & Beyond Newsletter

October 2026

Recreation Coordinator
Nichole Passmore
Mon-Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: Donna Medos
Mon - Thurs, 9:00am - 12:00pm
dmedos@ypsitownship.org

Community Center Phone
734-544-3800



September Billiards Tournament Winner Mark Brown


Boxing Class


Michigan State Fair

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

In Loving Memory...



Shirley Powell

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.

October Birthdays

2 Arthur Meadows, Michael Bonds
3 Jacqueline Willet, Sarah Singleton
4 Georgie Eifert, Cynthia Brewer
5 James Peters
6 Pat Milkovich
7 Paul McIntosh, Myra Parks
8 Juan Dobrik, Rebecca Dray
9 Dawn Secore, Katherine Zomparelli
10 Stephen Lambert, Emily Brown
11 Mary Guth
12 Naomi Williams
14 Ann Boyd-Stewart
17 Siri Eben
18 Frances Ivey, Frieda Perry Cheryl Holdridge, Carl Phillips,
19 Doris Nowling
20 Norma Borders
21 Carl DeMeritt
22 Robert Baggett
23 Kelly Bulick, Mary Hensley
24 Beth Barrett, Bonnie J. Haller Augusta Pearson
25 Michael Pepper, Ronald Gipson
26 Dennis Semos, Lillie Hardin-Collins
28 Kathie Wilder
30 Bridget S Fleming, Christina Reeves
31 Patricia Wells, Gladys Hartford

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:
Individual Fees:
Resident Fee: $15 Non-Resident Fee: $20
Household Fees:
Resident Fee: $25 Non-Resident Fee: $35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quiltng	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Ladies Billiard Hour	10:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Colors	10:30am	W
TOPS	10:00am	Th
Euchre	12:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.
Mondays 10:00am
Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee
Coffee is served from 9am-12pm Mon - Fri

Mahjong
Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.
Tuesdays **9:00am**

Ypsi Yarners
Calling all knitters, crocheters, and yarn enthusiasts! Bring your latest project and connect with others who share your love of fiber arts. Drop in, unwind & get inspired!
Day: Tuesdays
Time: 10:00am
Location: Room 202

Creative Colors & More!
Join Lynn for some creative coloring and more. Engage both the creative and logical sides of the brain, improving focus & cognitive function.
Wednesdays 10:30am

NOTICE
Billiards Tables will be unavailable on Tuesdays from 9am - 12pm

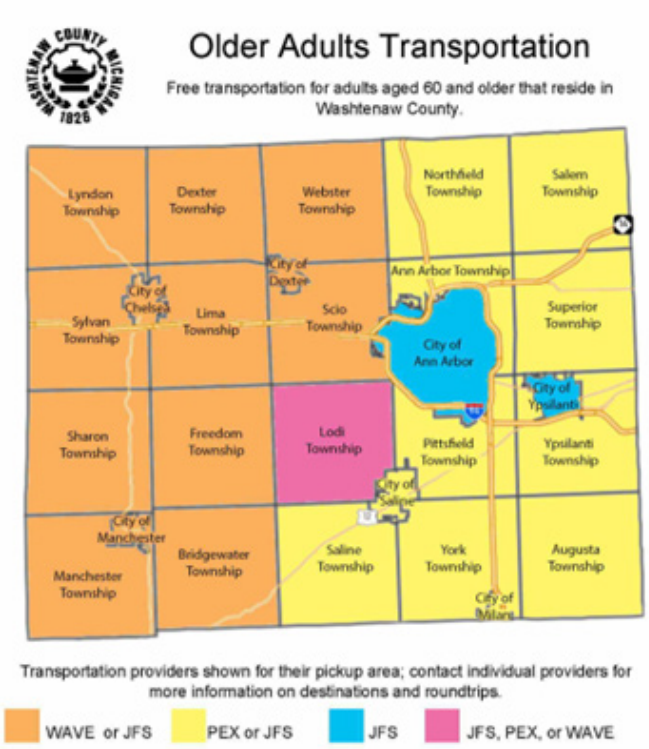
Ladies Only Billiards Hour
Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies! Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.
Day: Now on **MONDAYS!** **Time:** 10:00-11:00am

Billiards Challenge Tourneys
Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.
First Wednesday of each month at 1:00pm



Participation Matters!
Our Drop-In Activities are designed to be flexible & fun, but it only works if **YOU** show up!

Free Transportation



Great news! Washtenaw County Seniors can now receive FREE transportation!
Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):
734-769-0209 ext 2

People's Express (PEX):
877-214-6073

Western Washtenaw Area Value Express (WAVE):
734-475-9494

Questions call 734-222-6850 or
Email: AgingServices@washtenaw.org

Community

UNIVERSITY OF MICHIGAN HEALTH
MICHIGAN MEDICINE

YPSILANTI TOWNSHIP COMMUNITY CENTER
FREE FLU VACCINE CLINIC



FREE FLU VACCINES PROVIDED BY: UM HEALTH - COMMUNITY HEALTH SERVICES

DATE:
SATURDAY, OCTOBER 3

TIME:
12:00 PM - 4:00 PM

LOCATION:
2025 E. CLARK RD.
YPSILANTI, MI 48198

WHO SHOULD GET A FLU SHOT?
- People at high risk of developing serious complications like pneumonia
- People who lack medical insurance
- People with certain medical conditions (asthma, diabetes, chronic lung and heart disease)
- Pregnant women
- Adults 65 years of age and older
- Anyone who lives with or cares for others who are at risk of developing serious complications from the flu

AVAILABILITY
Available only for adults 18 years of age or older.

FOR MORE INFORMATION
Contact Community Health Services at (734) 998-2156.

Visit www.uofmhealth.org/flushots for a full list of flu vaccine clinics offered by UM Health

OT CLINIC



COMPLETELY FREE!!

WHO IS THIS FOR
Older Adults who want support with
- Physical wellness & balance
- Stay & maintain independent
- Fall prevention & safety
- Hobbies & social life
- Navigating Modern Technology
- Care partner support

WHAT YOU WILL GET
- Friendly, supportive student therapists
- Personalized one-on-one attention
- Help with things that matter to you
- Fun, engaging sessions
- Easy-to-follow activities

WHY JOIN?
- Meet others & socialize
- Learn new skills
- Feel supported every step of the way

PROGRAM INFO
- 8-week program
- Starts October 8th, 2026
- 1 session per week (Thursday afternoons, 60 min)
- Location: Ypsilanti Township Center

📌 WANT MORE INFO? JUST SCAN THE CODE!

SCAN ME

SIGN UP NOW – SPOTS ARE LIMITED!
FOR BOTH SIGN-UP AND QUESTIONS:
Alison Emerick
704-517-5921
aemeric1@emich.edu

TRUNK or TREAT

YPSILANTI TOWNSHIP

SUNDAY, OCTOBER 25

Join us for our Annual Trunk or Treat event that serves over 400 local children!
To reserve your spot please email:
events.info@ypsitownship.org

1:00 - 3:00pm

Donations of candy are also welcome!

2025 E CLARK RD., YPSILANTI 734-544-3800

SAVE THE DATE

Pajama Dance Party

Friday, November 20

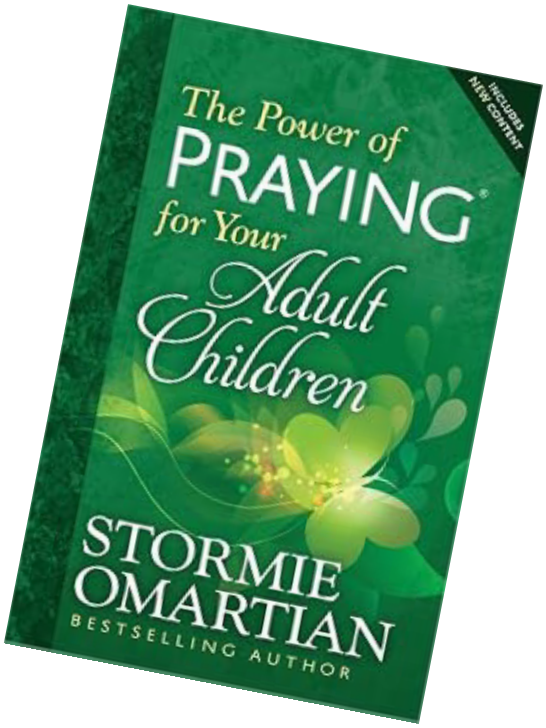


Classes & Programs

The Power of Praying for Your Adult Children Discussion Group

Join Wanda Daniel for a warm and meaningful discussion as we explore The Power of Praying for Your Adult Children. Whether your adult children are young adults, middle-aged or somewhere in-between, this book offers encouragement and practical ways to pray for the people we love most. Books will be provided! Come for the conversation, encouragement and connection.

Date: Tuesdays, October 13 - November 17
Time: 10:30am
Location: Room 103
ALL materials are provided



Classes & Programs

Watercolor Workshop

Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind—calm, encouraging, and easy to follow. No prior art experience is needed. Participants are guided through the fundamentals of watercolor step by step. Participants will leave with a finished piece to be proud of.

Date: Monday, October, 12
Monday, November 9
Time: 1:30-3:30pm
Cost: $25 per session
ALL materials are provided

Portrait Drawing

in this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & more. Bring a sketch pad & pencil.

Date: Tuesdays, Oct 20 - Nov 24
Time: 1:00-3:30pm **Cost:** $40

Painting & Crafts with Melody

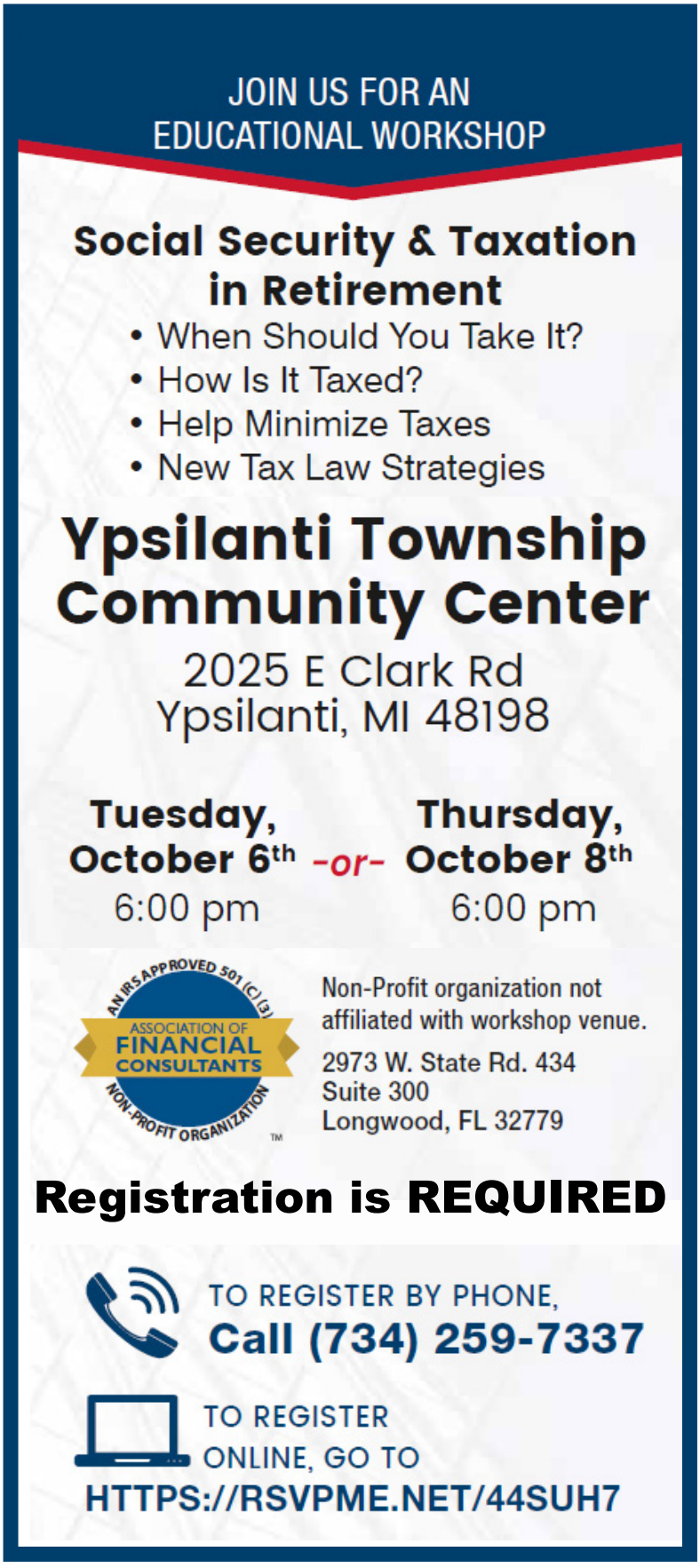
Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, Oct 14 - Nov 18
Time: 1:00-3:00pm **Cost:** $25
*There is an additional supply fee of $40 due to the instructor at the first class

Pencil Play & Tanglenhancers

Zentangle 101 is required to take this class. This is the perfect follow-up to the Intro to Zentangle class. You'll learn new tangles and tanglenhancers, as well as some basic skills to help you feel more confident when you tangle. Bring all your Zentangle materials/kit. Registration Deadline: Oct 1

Date: Monday, Oct 5
Time: 1:30-3:30pm **Cost:** $20
*Supply fee of $2 due at the first class



Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate).

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.
Instructor: Dee Grantham
Date: Tuesday, 9/8 - 11/10
Time: 9:00 - 10:00am
***No Class Nov 3**

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.
Instructor: Darryl Mickens
Date: Tuesday, 9/22 - 12/1
Time: 10:30 - 11:30am
***No Class Nov 3**

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles? Instructor: Tammy Foote
Date: Wednesday, 9/9 - 11/18
Time: 11:15am - 12:15pm
***No Class Oct 28**

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength. Instructor: Michelle Williams
Date: Thursday, 9/10 - 11/19
Time: 9:30 - 10:30am
***No Class Oct 29**

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a $20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	Gym
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises & balance enhancing routines. This program is geared to fit all body types and abilities.
Day: Monday 11:30am -12:30pm
Thursday 11:45am - 12:45pm
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!
Date: Monday/Wednesday/Friday
Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. Join us for the support, accountability and connections
that you need on your journey to better health.
Thursdays
9:00am weigh-in **10:00am meeting begins**

Boxing

This unique class is participant-led, allowing members to take an active role in guiding their workout, encouraging each other and creating a fun, supportive environment that promotes both physical fitness and social connection.
Date: Thursdays
Time: 1:00pm
Location: Fitness Room #203

Health & Wellness

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion & coordination. Come ready to sweat and prepare to leave empowered and feeling strong. No class Nov 26

Date: Thursdays, Nov 5 - Dec 17
Time: 8:30-9:15am
Fee: $10/class or
$40 for the whole session

Tap Dancing

Balance training is imperative for health as we grow older and tap dancing is an excellent exercise to help build balance.

Date: Thursdays, Oct 22 - Nov 19
Time: 10:45 - 11:30am
Fee: $15
Drop-In Fee: $3
(Please show receipt to instructor)

Flu Shot Clinic

Free Vaccines provided by UM Health - Community Health Services

Date: Saturday, October 3
Time: 12:00 - 4:00pm
For Info: Call Community Health Services at 734-998-2156

Strength Training for Reduced Falls and Improved Balance

ATI PHYSICAL THERAPY

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.
Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.
Time: 9:30am - 10:00am
Fee: There is no fee for this class but you MUST pre-register

OT CLINIC

COMPLETELY FREE !!

WHO IS THIS FOR

Older Adults who want support with

- Physical wellness & balance
- Stay & maintain independent
- Fall prevention & safety
- Hobbies & social life
- Navigating Modern Technology
- Care partner support

WHAT YOU WILL GET

- Friendly, supportive student therapists
- Personalized one-on-one attention
- Help with things that matter to you
- Fun, engaging sessions
- Easy-to-follow activities

WHY JOIN?

- Meet others & socialize
- Learn new skills
- Feel supported every step of the way



PROGRAM INFO

- 8-week program
- Starts October 8th, 2026
- 1 session per week (Thursday afternoons, 60 min)
- Location: Ypsilanti Township Center

📌 WANT MORE INFO?
JUST SCAN THE CODE!

SCAN ME

SIGN UP NOW – SPOTS ARE LIMITED!
FOR BOTH SIGN-UP AND QUESTIONS:
Alison Emerick
704-517-5921
aemeric1@emich.edu

Area Agency on Aging 1-B
AgeWays
Nonprofit Senior Services
YPSILANTI TOWNSHIP

S.H.I.P.

State Health Insurance Assistance Program

AgeWays is the Area Agency on Aging (AAA) for southeast Michigan, serving Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties, and it operates the State Health Insurance Assistance Program (SHIP) to help seniors and people with disabilities navigate Medicare and other health benefits.

Through the SHIP (State Health Insurance Assistance Program) initiative, AgeWays offers free, unbiased counseling to help individuals understand and make informed decisions about Medicare. SHIP counselors are trained to provide education, advocacy, and personalized guidance, and the program is available statewide.

On the 3rd Wednesday of each month a SHIP counselor will be available for consultations at the Ypsilanti Township Community Center. Consultations are by appointment only. Appointments can be made by visiting the front desk to sign up or calling 734-544-3800



Ypsilanti Township Community Center • 2025 E Clark Rd, Ypsilanti, MI • 734-544-3800

Travel

Upcoming Trips



October
3 - Eastern Market, Detroit
5 - Mondays @ Art & Jakes, Northville
7 - Toledo Zoo, Toledo
8 - Lunch Out: Tomato Brothers, Howell
10 - Appleupmkin Festival, Tecumseh
13 - FireKeepers Casino, Battle Creek
16 - MGLI Draft Horse Show, Lansing
20 - Michigan Central Station, Detroit
22 - Blake's Apple Orchard, Armada
27 - Waterford Thrift Tour, Waterford
29 - Michigan Central Station, Detroit

November
1 - Shipshewana On The Road, Monroe
10 - Brunch & Learn, OAC Detroit
12 - Lunch Out: Sedona Taphouse, Novi
13 - Parade Company w/ Bianco, Detroit
17 - FireKeepers Casino, Battle Creek
21 - Eastern Market, Detroit

December
3 - Brunch & Learn, OAC Detroit
3 - Michigan Heroes w/ Bianco Tours
8 - Brunch & Learn, OAC Detroit
9 - Edsel & Eleanor Ford House w/ Bianco

One on One Assistance

Members requiring “one on one” assistance MUST travel with a partner that is there to attend to those needs. “One on One” examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
- Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a $5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know *Before You Go*

Membership

- **Membership must be current to register.**
- **If not current, you may be placed on a waitlist.**
- **Non-member registration opens 2 weeks prior to the trip (if space allows).**
- **Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.**
- **Members may bring a guest for an additional fee. Subject to availability**

Registration

- **Sign-ups and waitlists are handled at the Community Center front desk.**
- **Checks should be made payable to YTRD.**
- **Online registration may be available for select trips.**

Payments

- **Payment is due 1 week prior to the trip.**
- **Extended or overnight trips require payment 1 month in advance (unless otherwise noted).**
- **If payment is not received on time, you may be removed from the list.**
- **Pay-later options may not be available for all trips.**

Waitlist & Attendance

- **Please only register if you fully intend to attend.**
- **Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.**
- **Repeat no-shows or late payments may require payment at time of registration.**

Parking

- **Please park in rows beyond the flagpole (Row 3 and up).**
- **Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.**

Bus Etiquette

- **Keep device volume low or use headphones.**
- **Be courteous to fellow travelers.**
- **Please reserve the front passenger seat for the trip chaperone.**

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

Travel

Eastern Market, Detroit

At Eastern Market, you'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, October 3
Saturday, November 21
Departs: 8:00am **Returns:** approx 1:00pm
Cost: $10 for each date

FireKeepers Casino Day Trip, Battle Creek

Casino includes over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas.

Dates: Tuesday, October 13
Tuesday, November 17
Departs: 8:30am **Returns:** 5:00pm
Cost: $30 for each date

Blakes Apple Orchard, Armada

Experience the beauty of fall on this historic farm, home to their original 1946 Cider Mill featuring an open-air apple press, seasonal U-pick fruits and vegetables, and Blake's Tasting Room & Restaurant. Take in the breathtaking colors of fall while enjoying classic orchard traditions. Stop into the Cider Mill Farm Market, Bakery, and Grill. Alongside the fresh donuts and sweet cider Blake's is known for, you'll find house-made pies, jarred goods, fresh produce, and hot, made-to-order meals straight from the grill.

Dates: Thursday, October 22
Departs: 9:00am **Returns:** 4:00pm
Cost: $20*
*Cost of meal & purchases are on your own.

Waterford Thrift Tour, Waterford

Enjoy a day full of unique thrift shopping! You're sure to find clothing, shoes, accessories, home goods and more at discounted prices. We will be stopping at the following shops: Open Door Thrift Store, Freedom Treasures, Grace Centers of Hope & Salvation Army. We will take a break for lunch at a restaurant TBD

Date: Tuesday, October 27
Departs: 9:30am **Returns:** 5:00pm
Cost: $12 for transportation only
*Cost of lunch & purchases are on your own.

Lunch Out:

To help us manage reservations, transportation,& budgeting accurately, we will add an additional outing if the waitlist indicates a need.
Price of the meal is on your own.

Tomato Brothers, Howell

Known for staples like their famous Greek Salads, hand-rolled breadsticks, award-winning BBQ ribs, delicious Planked White Fish, and mouth-watering pizza's, Tomato Brothers is the quintessential destination for superb Italian, Greek, and America dining

Date: Thursday, October 8
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.

Sedona Taphouse, Novi

Their American made-from-scratch menu is inspired by Southwest cuisine featuring hand-cut steaks, sustainable seafood selections, and signature house specialties.

Date: Thursday, November 12
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.

Appleumpkin Festival, Tecumseh

It's time for Tecumseh's Appleumpkin Festival! The Antique Street Fair and Flea Market as well as the Arts & Crafts Show will keep you captivated for hours. All this fun is sure to work up an appetite. Good thing they invited so many of your favorite fair food vendors to town for the weekend. Want to sit down and rest a spell? Tecumseh restaurants are ready to serve you a delicious meal while you relax. Many Downtown Tecumseh shops feature specials and savings for the Appleumpkin weekend as well!

Date: Saturday, October 10
Departs: 9:45am
Returns: 3:00pm
Cost: $22 for transportation only
Lunch and shopping are on your own.
*Rain Date Sunday, October 11

Travel

Mondays @ Art & Jakes, Northville

Art & Jake's features a sports bar menu, with starters like Bang Bang Shrimp & Jake's Nacho Supreme. Handhelds like the Cali Chicken Club and prime steaks are staples as well. Join us as we travel there on Mondays for the $9.95 1/2 slab baby back ribs special. Served with fries and coleslaw, this special is available with purchase of beverage and dine-in only!

Date: Monday, October 5
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.
*Cost of meal is on your own.

Michigan Great Lakes International Draft Horse Show & Pull, Lansing

With over 1,200 draft horses from the U.S. and Canada, The Michigan Great Lakes International Draft Horse Show and Pull (MGLI) is the largest annual draft horse event in North America. MGLI's annual mid-October 4-day event features some of the finest Belgians, Clydesdales, Shires, Percherons and mules that have ever performed in an arena or in the field – anywhere! MGLI is the only event in the world to feature halter classes, hitching, plowing, pulling and riding for draft horse breeds and mules at the same time and location. These elegant and massive horses which weigh over a ton compete in single horse hitch through the entire range of eight-horse hitch classes. Pack a lunch or visit the concession stand while you're here! This trip has a lot of walking!

Date: Friday, October 16
Departs: 8:30am **Returns:** 3:00pm
Cost: $20
*There is a $12 admission fee at the door.

Shipshewana on the Road, Monroe

How about a day of shopping for the most unique trinkets and treasures under the sun? For the past two decades, Shipshewana On The Road Gift, Food and Craft Show has brought the most interesting, most innovative, most creative and just plain awesome products to our customers. You'll find thousands of unique items that you may not find anywhere else!

Date: Sunday, November 1
Departs: 10:00am **Returns:** 3:00pm
Cost: $10 for transportation only
Lunch and shopping are on your own.
*There is a $5.50 admission fee at the door.

*Michigan Central Station

Expert guides will lead you on a 90-minute journey through the ground floor to experience The Station's historic restoration and transformation from shuttered train depot to the centerpiece of Michigan Central's 30-acre tech and cultural hub. We will stop at Ford's Garage for lunch after our tour. Cost of meal is on your own.

Date: Tuesday, October 20
Departs: 9:30am **Returns:** 2:30pm
Cost: $20

Date: Thursday, October 29
Departs: 9:15am **Returns:** 2:30pm
Cost: $20

*Brunch & Learn, Outdoor Adventure Center, Detroit

Topic: Isle Royale's Wolf-Moose Project

Jeffery Holden has spent 25 years leading groups on Isle Royal in support of the world's largest running predator study. Presentation includes:

- A high level discussion of Isle Royale & its history
- The history of the Wolf-Moose Study.
- The Winter tudy vs the Summer Study
- Moose and Wolf bone show & tell
- Book reading - usually a short excerpt.

Date: Tuesday, November 10
Departs: 9:15am **Returns:** 1:45pm
Cost: $15

Topic: Underground Railroad

In this session, discover the history of the Underground Railroad in Detroit.

Date: Thursday, December 3
Departs: **Returns:**
Cost: $15

Topic: Ruin to Revival: Restoring Michigan Central Station

Hear the story of the rehabilitation of Michigan Central Station, an iconic historic building in Detroit, from the rarely told perspective of the builders who brought it back to life!

Date: Tuesday, December 8
Departs: 9:00am **Returns:** 2:00pm
Cost: $15

Extended Travel

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) - Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13
Departs 9:00am **Returns** 3:30pm
Cost: $114

Michigan Heroes & More in Frankenmuth w/ Bianco Tours

Michigan Heroes Museum - This museum exists to nurture the memories of people from Michigan farms, offices, and factories who heeded the summons to military service during America's foreign wars. In addition, the Museum includes a section dedicated to the Medal of Honor recipients, and this collection contains more Medals of Honor than any other museum in the United States. The Michigan Heroes Museum holds over 900 exhibits, each devoted to a Michigan soldier, marine, sailor, airman, or astronaut

Lunch at Bavarian Inn - Enjoy our world Famous Family Style Dinner enjoyed by millions features platters of golden fried chicken, generous heaps of mashed potatoes, buttered noodles, vegetables, and much more!

Downtown Frankenmuth (shopping time)

St. Julian Winery Frankenmuth, MI - As the oldest, largest, and most-awarded winery in the state, their commitment to excellence has always been a pillar to their existence. Winery will choose 4 wines and their knowledgeable staff will walk us through the tasting.

Date: Thursday, December 3
Departs 8:30am **Returns** 5:30pm
Cost: $120

Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping,

On-site Buffet Lunch includes: Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Wednesday, December 9
Departs 9:15am **Returns** 2:45pm
Cost: $110

Extended Travel

Patagonia & Argentina

with Celebrity Cruises

16 DAYS / 15 NIGHTS ~ FEB 26 - MAR 13, 2027

Buenos Aires, Argentina ~ Montevideo, Uruguay ~ Port Stanley, Falkland Island ~ Cape Horn, Chile ~ Ushuaia, Argentina ~ Strait of Magellan ~ Puentas Arenas, Chile ~ Puerto Madryn, Argentina ~ Punta Del Este, Uraguay

Double occupancy cabins start at $5295/person. Final payment is due by **October 29, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

Japan: Hokkaido Cherry Blossoms

with Princess Cruises

13 DAYS / 12 NIGHTS ~ Apr 20 - May 2, 2027

Tokyo, Japan ~ Aomori, Japan ~ Muroran, Japan~ Hakodate, Japan ~ Sakaiminato, Japan ~ Busan, South Korea ~ Nagasaki, Japan ~ Kagoshima, Japan

Double occupancy cabins start at $7043/person. Final payment is due by **December 21, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

The above cruises are offered through Grand American Tours. Please stop by the Community Center for a detailed flyer for more information.

October

SENIOR NUTRITION MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1% Milk is served with each meal. **Please sign up one week in advance.** **If you order a lunch and cannot make it please call 734-544-3800 and let us know.** **A suggested $3 donation is recommended but not required.**			1 Meatloaf Wheat Bread Mashed Potato Mixed Veggies Mixed Fruit Cup Alt Meal: Beef Chili Snack: Egg Bites	2 Meaty Ragu Wheat Bread Green Beans Applesauce Alt Meal: Chicken Sandwich Snack: Yogurt Parfait
5 Meatballs Brown Rice Cauliflower Papaya/Mango Alt Meal: Egg Salad Sandwich Snack: Chicken & Guac	6 Roasted Turkey Mashed Potatoes Vegetable Blend Tropical Fruit Mix Alt Meal: Turkey Sandwich Snack: Protein Popcorn	7 Oven Roasted Tilapia Wheat Bread Citrus Lentil Rice Broccoli Mandarin Oranges Alt Meal: Chicken Chili Snack: Sugar Free Cookie	8 Chicken Parmesan Wheat Bread Green Beans Apple Alt Meal: Chicken Noodle Soup Snack: Graze Kit	9 Black Bean Burger Whole Wheat Bun Brown Lentils Pineapple Alt Meal: Chicken Salad Sandwich Snack: Fruit & Dip
12 Cheesy Squash Pasta Wheat Roll Broccoli Apple Alt Meal: Beef Chili Snack: Cottage Cheese & Fruit	13 Chicken Lentil Soup Wheat Bread Side Salad Pineapple Alt Meal: Roast Beef Sandwich Snack: Bananas & Yogurt	14 Dijon Baked Salmon WW Roll Seasoned Black Beans Vegetable Blend Peaches Alt Meal: Tuna Salad Sandwich Snack: Protein Balls	15 Tuna Noodle Casserole Wheat Bread Vegetable Blend Papaya & Mango Alt Meal: Turkey Barley Soup Snack: Trail Mix	16 Beef Goulash Wheat Bread California Veggies Orange Alt Meal: Chicken Sandwich Snack: Hummus & Pita Chips
19 Turkey Barley Soup Wheat Bread Side Salad Papaya & Mango Alt Meal: Egg Salad Sandwich Snack: Sun Butter & Crackers	20 Herb Roasted Chicken Thigh Green Beans Mashed Potatoes Pears Alt Meal: Chicken Chili Snack: Apple Chips	21 Beef Chili Wheat Bread Cherry Tomatoes Orange Alt Meal: Turkey Sandwich Snack: Chia Pudding	22 Chicken Tenders WW Roll Green Beans Quinoa Peaches Alt Meal: Chicken Noodle Soup Snack: Lemon Oat Protein Bar	23 Quinoa Corn Cakes Mixed Vegetables Tropical Fruit Cup Alt Meal: Chicken Salad Sandwich Snack: Carrots/Ranch
26 Cheesy Broccoli & Rice Soup Wheat Bread Side Salad Applesauce Alt Meal: Roast Beef Sandwich Snack: Cheese & Crackers	27 Mediterranean Chicken Rice Wheat Bread Vegetable Blend Papaya & Mango Alt Meal: Turkey Barley Soup Snack: Sugar Free Muffin	28 BBQ Chicken Breast Brown Rice Broccoli & Cauliflower Tomato/Cucumber Pineapple Alt Meal: Tuna Salad Sandwich Snack: Falafel	29 Meatloaf Mashed Potato Wheat Bread Mixed Vegetables Mixed Fruit Alt Meal: Beef Chili Snack: Egg Bites	30 **No Lunch Today**

Notice: Beginning December 2026, we will no longer be serving lunches on Fridays

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

FOCUS: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county.

Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2026 is as follows:

October 1
November 5
December 3

To apply to receive food
please call 313-494-4600
or email: food@focushope.edu
To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson,Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee
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The Ypsilanti Township 50 & Beyond Program is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs.
All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —