50 & Beyond Newsletter October 2025



Recreation Coordinator: Nichole Passmore Mon - Fri, 8:00am - 4:00pm npassmore@ypsitownship.org

> Senior Aide: Donna Medos Mon - Thurs, 9:00am-12:00pm dmedos@ypsitownship.org

Community Center Phone: 734-544-3800







Ypsilanti Township Community Center 2025 Ė. Clark Rd, Ýpsilanti 734-544-3800 vpsitownship.org

October Birthdays

10/1 Ellen Gibson

10/3 Sarah Singleton, Ronald Podolak

10/4 Georgie Eifert

10/6 John McKeone, Pat Milkovich Richard Weyand

10/7 Myra Parks

10/8 Juan Dobrik, David Rose, Edy Liem

10/9 Dawn Secore

10/10 Stephen Lambert, Denise Mitchell Emily Brown

10/12 Cassie Lindsey, Naomi Williams

10/13 Douglas Nowling

10/14 Ann Boyd-Stewart

10/15 Darlene Horn

10/18 Cheryl Holdridge, Leonard Hunter Carl Phillips

10/19 Elizabeth Grace, Doris Nowling

10/20 Norma Borders

10/21 Evelyn Stoudamire

10/22 Robert Baggett, Marcia McCrary

10/23 Harold Gates, Mary Hensley

10/24 Beth Barrett, Bonnie J. Haller Augusta Pearson

10/27 Gail Kornbluth

10/28 Linda Tompkins

10/29 Kimberly Sizemore

10/30 Brice Ridley, Bridget S Fleming Christina Reeves

10/31 Gladys Hartford, Judith Mohl,

Patricia Wells



Flu Shot Clinic

Saturday, October 4th 11:00am - 4:00pm

Ypsilanti Township Community Center

In Loving Memory...





Vivian Phillips

*For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- LUNCH CANCELATION: The lunch program IS cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- WCC CLASS CANCELATIONS: Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- ENHANCED FITNESS CANCELATIONS: Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- 50 & Beyond Programs:
 All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed.
 Pickleball please call first.

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership! If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! Your membership becomes complimentary when you turn 90! The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

Individual Resident Fee:	\$15
Individual Non-Resident Fee:	\$20
Household Resident Fee:	\$25
Household Non-Resident Fee:	\$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.



Coffee Cans!

We are collecting empty & clean coffee cans with plans to use them this spring for a gardening program. Please consider donating if you have any during the upcoming months!

Drop-In Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilters	10am-4pm	Mon/Weds
Pickleball	8am-12pm	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Ypsi Yarners	10:00am	Tues
Country Music	9:30am	Weds
Drop-In Games	10:00am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card	1:00pm	Thurs
Making Club		Bi-weekly

*Please note membership is required for drop in activities

Participation Matters!

Our Drop-In Activities
are designed to be
flexible & fun,
but it only works if **YOU** show up!
The more people who join,
the better the experience
for everyone.
So if you're interested,
drop in, bring a friend,
and help make it a success.
We can't do it without you!

Drop In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Creative Coloring & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more! Adults tend to forget how to play and express themselves freely. Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function.

Wednesdays 10:30am

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:30am - 11:00am

Drop-In Board Games*

Take a break and join us for some classic fun!
Our Drop-In Board Games is the perfect way to relax, socialize, and enjoy timeless games like Dominoes, Uno, Yahtzee, Jenga, and more.
All are welcome, whether you're a seasoned player or just learning the rules. Come alone or bring a friend, no registration required!

Wednesdays 10:00am

*Our Game Center is open all day every day to those that might want to come in at their convenience.

Looking to Donate?

We're currently accepting board game donations to help expand our collection! If you have gently used games with all pieces included and in good condition, we'd love to have them. Please contact us or drop them off during business hours. Thank you for supporting our community of game lovers!

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Thursdays 11:00am

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesday
Time: 10:00am
Location: Room 204

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am



Billiards with Bill

Bill Stewart is an former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

Day: Wednesdays **Time:** 10:00 - 11:00am

Cost: A suggested \$5 donation per class

is appreciated. Payable to instructor.

Events

PENNY BINGO POTLUCK

Pre-registration is required.
\$1 per card, limit 4 cards
Please bring an appetizer or snack dish to share.
Plates, napkins and utensils will be provided.
Doors open at 12pm
Game play starts promptly at 1pm.

FRIDAY, OCTOBER 31

Classes, Programs & More

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Day: Wednesdays

Dates: September 17 - October 22

Time: 1:00-3:00pm

Cost: \$25

*There is an additional supply fee of \$40 due to the instructor at the first class

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more! Instructor: Travis Erby

Date: Tuesdays, October 21 - December 2

Time: 1:00pm

Cost: \$40/Ypsilanti Twp Resident

\$50/Non-Resident

Zentangle Pumpkins

Zentangle is an easy-to-learn method of drawing patterns step by step. It is relaxing, gratifying and a great way to exercise the creative side of your brain! We'll be creating festive Zentangle pumpkins.

Date: Thursday, October 16

Time: 1:30pm **Cost:** \$20

Karaoke Anyone?

Join us fun release programmere everyo We'll project ye's of the order of the belt out crowd favorites, classics, and guilty pleasures as a group. No pressure no stage fright, just good music, letter you're a seasoned karaoke star or just love humming along, this is your time to shine in harmony.



more, please email Ellen at ellenrita546@gmail.com

Scams & How to Stay Safe

Provided by the Washtenaw County Sheriff, this seminar will cover common scams occurring in Washtenaw County including telephone and in person. Learn what to do if you are a victim.

Day: Thursday, October 9

Time: 10:30am Location: Room 105

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all. Wear a costume & win a prize!

Date: Friday, October 31

Time: 1:00pm Cost: \$1 per card

Smart DriverTEK

Smart DriverTEK is a 90-minute workshop to help you stay up to date with the latest safety technology in your current or future car. Learn all about new technologies, how they work, and how they can improve your peace of mind on the road. Register today & bring a friend!

Date: Thursday, October 16

Time: 2:00-3:30pm

Cost: Free

Smart DriverTEK is developed jointly by AARP

Driver Safety and The Hartford.

Community Singers

Whether you're an experienced vocalist or just looking for a fun, relaxing way to make music with others, our Community Choir is the perfect place for you!

Open to all skill levels - beginners welcome!

Day: Wednesdays
Time: 1:00pm
Location: Room 204

* We are seeking a pianist to accompany our group!

Are you handy with YouTube and technology?

We could use you too!

Health & Wellness

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Aug 14 - Sept 18

Time: 8:30-9:15am **Fee:** \$10/class or

\$40 for the whole session

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: Friday, October 10 **Time:** 9:30am - 10:00am

Cost: There is no fee for this class but you

MUST pre-register

Pickleball

Open to anyone that wants to play or learn how,

this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm



Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 9/9 - 11/25

*No class 11/11

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 9/9 - 11/25

*No class 11/11

Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote

Date: Wednesday, 9/24 - 11/26

Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thursday, 9/11 - 11/20

Time: 9:30 - 10:30am

Silver Sneakers

We are excited to announce SilverSneakers is here! SilverSneakers is a fitness benefit included with 60+ Medicare Advantage Health Plans. Instructor Jennet Malone will assit you with SilverSneaker guidelines and registration at the start of class.

Non-SilverSneakers participants can still enjoy these classes for a \$5 per class fee payable to the instructor

Class	Day	Time
Classic	Tuesday	2:00-3:00pm
BOOM Muscle	Thursday	12:00-1:00pm
Stability	Thursday	2:00-3:00pm

T.O.P.S. Every Thursday Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. It's a holistic approach to wellness. No fad diets. No gimmicks. No shortcuts. Join us for the support, accountability and connections that you need on your journey to better health. 9:00am weigh in 10:00am meeting begins

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday 11:30am -12:30pm Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class

is appreciated. Payable to instructor.

Enhance Fitness



Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with

the National Kidney Foundation of Michigan.

There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room	
Monday	11am-12pm	105	
Tuesday	11am-12pm	105	
Friday	11am-12pm	105	

Computer Safety

Cybersecurity:4-Week Workshop Series

Funded by Kiwanis Club of Ann Arbor

Dates

10/28

11/4

11/11

11/18

Time

2PM - 3PM

Location

Ypsilanti Township Community Center, 2025 E Clark Rd

Protect your devices & personal information! Learn online safety tips & bring your devices to set up essential cybersecurity protections to help stay safe online.

A presentation by: James Giordani, MSW



In partnership with:







Call: 734-544-3800 or Email: ytrd@ypsitownship.org

Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

October

- 2 Shipshewana Craft Fair, Indiana
- 8 Toledo Zoo, Toledo
- 10 Three Cedars Farm, Northville
- 11 Applumpkin Festival, Tecumseh
- 14 FireKeepers Casino, Battle Creek
- 16 Lunch Out: Big Boy, Livonia
- 21 125 Years or Toledo Zoo
- 23 Shop Frankenmuth, Frankenmuth

November

- 1 Shipshewana on the Road, Monroe
- 6 Lunch Out: Hungarian Rhapsody, Southgate
- 13 Detroit Institute of Arts, Detroit
- 18 FireKeepers Casino, Battle Creek

December

- 16 FireKeepers Casino, Battle Creek
- 18 Lunch Out: Blue Agave Mexican Grill, Taylor

Important Notice!!!!

* Late returns: Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

**No Shows: Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

1. Is Your Membership Current?

If your membership is not current you will be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

2. How do I sign up?

Sign ups and waitlists for all trips are done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? Please update this information at the front desk.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

ATTENTION:

- Pay later may not be available for some trips.
- Please do not register someone to hold a spot without first confirming they actually want to attend.
- If you are on the list and have not paid one week prior to the trip you will be removed. Our numbers often determine whether or not a trip will run and other times we have several people on the waitlist that would like to attend.
- If you are on the list we expect you to participate and make a timely payment.
- Repeat offenders will have their accounts flagged and be required to make payment at the time of registration.

Is your contact information up to date?

Travel

FireKeepers Casino Day Trip, Battle Creek, MI

With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, October 14 Tuesday, November 18

Bus Departs: 8:30am Bus Returns: 5:00pm

Cost: \$30 for each date

Shipshewana Craft Show

The Fall Crafters Fair is a tribute to the crafting and old-fashioned culture in the surrounding Shipshewana countryside. Located inside the Michiana Event Center, you'll find artisans, vintage sellers, hand-made items, personalized gifts, and much more! Vendors surround talented musicians and entertainers, while on the outskirts, food trucks provide a wonderful addition to your shopping.

Shop handmade and Amish-made items: Hand-woven baskets, paintings, 100% beeswax candles, wooden fall decor and countless other crafts!

Date: Thursday, October 2

Departs: 8:00am **Returns**: approx. 5:00pm

Cost: \$30

Toledo Zoo, Toledo

The Toledo Zoo & Aquarium houses over 10,000 individual animals that cover 720 species. With a large focus on conservation efforts, the Toledo Zoo & Aquarium currently participates in over 80 species survival programs.

The Toledo Zoo does not accept cash. Outside food & beverages not permitted unless medically necessary. The Reptile House is closed for renovations until 2026.

Wednesday, October 8

Departs: 9:30am Returns: 3:30pm

Cost: \$18

Lunch Out:

Big Boy, Livonia

Now celebrating its 86th anniversary, Big Boy is proud of its history of serving delicious food! Home to the original Big Boy burger, the Slim Jim, and the Classic Blockbuster Breakfast!

Date: Thursday, October 16
Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.
*Price of the meal is on your own.

Hungarian Rhapsody, Southgate

Treat yourself and your dear ones to an exclusive lunch get-together at The Hungarian Rhapsody INC. We're located in Southgate, MI and for over 50 years, we've found our guests coming back for more of our special family-recipe based dishes. You're sure to love our appetizers, Hungarian specialties such as chicken paprikas and stuffed cabbage, salads, pasta, and more.

Date: Thursday, November 6
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
*Price of the meal is on your own.

Blue Agave Mexican Grill, Taylor

This is the home of authentic Mexican flavors in Taylor, MI! They are passionate about bringing the rich traditions of Mexican cuisine to your table with fresh ingredients, bold flavors, and a modern twist. From sizzling fajitas and handmade tacos to their signature margaritas, every dish is crafted with love and authenticity.

Date: Thursday, December 18
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
*Price of the meal is on your own.



Three Cedars Farm, Northville

Ride with us to this amazing apple orchard and enjoy donuts (made fresh all day long), apple cider, cider slushies, caramel apples and more! Step back in time and visit the General Store where you will find old fashioned candy, a variety of farm market products and many unique seasonal items and collectibles. Hay rides are \$5 per person payable at the farm.

Dates: Friday, October 10

Bus Departs: 10:30am **Bus Returns:** 1:30pm **Cost:** \$10 for transportation only, all purchases

are on your own.

Appleumpkin Festival, Tecumseh

It's time for Tecumseh's Appleumpkin Festival! The Antique Street Fair and Flea Market as well as the Arts & Crafts Show will keep you captivated for hours. Want to sit down and rest a spell? Tecumseh restaurants are ready to serve you a delicious meal while you relax. Many Downtown Tecumseh shops feature specials and savings for the Appleumpkin weekend as well!

Date: Saturday, October 11

Bus Departs: 9:45am Bus Returns: 3:00pm

Cost: \$20 for transportation only Lunch and shopping are on your own. *Rain Date Sunday, October 12

125 Years of the Toledo Zoo, Toledo

Join us in celebrating 125 years of the Toledo Zoo at this symposium showcasing the history of conservation, community impact and commitment to the future! Through engaging presentations participants will learn how the Zoo's efforts continue to shape both our community and the world.

Schedule includes:

- Toledo Zoo & Aquarium 125 Years of Impact
- History & Conservation at the Toledo Zoo
- Toledo Zoo Butterfly Conservation Program
- 25 Years of Research with Ohio's Turtles
- 12 Years of Success with Wild Toledo
- And more!!!

The day will conclude with exclusive tours of regional conservation programs.

Date: Tuesday, October 21
Departs: 7:30am Returns: 4:00pm

Cost: \$25 includes lunch

NOTE: This is a day of learning and seminars. Sessions are tailored for college-level audiences

Shop Frankenmuth, Frankenmuth

Browse the shops in Frankenmuth River Place followed by lunch at Zehnders Restaurant famous for their family-style chicken dinners Immerse yourself in the Christmas spirit year-round at Bronner's, touted as the 'World's Largest Christmas Store,' with its expansive Alpine-inspired architecture and festive displays.

Date: Thursday, October 23

Bus Departs: 8:30am Bus Returns: 5:00pm

Cost: \$35 for transportation only Lunch and shopping are on your own.

Shipshewana on the Road, Monroe

Looking for something fun to do? How about a day of shopping for the most unique trinkets and treasures under the sun? For the past two decades, Shipshewana On The Road Gift, Food and Craft Show has brought the most interesting, most innovative, most creative and just plain awesome products to their customers. You'll find thousands of unique items that you may not find anywhere else!

Date: Saturday, November 1

Bus Departs: 9:30am

Bus Returns: approx. 3:00pm

Cost: \$18

Detroit Institute of Arts, Detroit

The Detroit Institute of Arts has one of the finest art collections in the U.S., with over 65,000 artworks dating from the earliest civilizations to the present. Join us for a guided tour of some of the most popular exhibits, grab lunch at the Café DIA or Kresge Court located right inside the DIA and then explore on your own before heading home. Please note: Select galleries and other public spaces on the second floor of the museum will temporarily close to guests to accommodate long-planned gallery improvements.

Date: Thursday, November 13th

Bus Departs: 8:30am

Bus Returns: approx. 3:00pm

Cost: \$24

Travel

Nite Lights @ MIS w/ Bianco Jerry's Pub Brooklyn, MI (included lunch) -

Nestled on the south shore of Wamplers Lake, the deck offers spectacular views of the lake. Buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive -through display is over three miles long! Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Wednesday, December 17 Departs 3:30pm Returns 8:00pm

Cost: \$91





The Purple Rose Theater w/ Bianco Karl's Cabin (included lunch) - Classic home cooking you will have a choice of Chicken Piccata, Parmesan Encrusted Cod, or Maurice Salad.

The Purple Rose Theater - Founded in 1991 by acclaimed actor and Chelsea native Jeff Daniels, The Purple Rose Theater Company is a leading American Theater dedicated to producing the New American Play and creating opportunities for Midwest theater professionals.

The Classic King - A World Premier by Richard Johnson - In paying tribute to timeless automobiles , The Classic King paints a comic and heartbreaking portrait of three veteran used-car salesmen at a Metro Detroit dealership, struggling to cope with a changing industry and modern customers. When a sharp Gen Z salesman joins the team, he proposes a daring scheme to save the dealership—and it's "dinosaur" salesmen from extinction.

Thursday, February 5, 2026 Departs 11:00am Returns 5:45pm



Tell us what you think!

We have been thinking about having 50 & Beyond long & short sleeve shirts available for purchase.

Please let Nichole or Donna know if this is something you would be interested in!

Extended Travel

Coming soon for 2027!
-Australia: Feb 16 - 27
-Argentina: Feb 26 - March 13
-Japan: Apr 20 - May 2



Iceland w/ Grand American July 18 - 25, 2026

Reykjavik, Iceland ~ Seydisfjordur, Iceland ~ Akureyri, Iceland ~ Isafjordur, Iceland ~ Reykjavik, Iceland (overnight onboard) ~ Reykjavik, Iceland

Experience Iceland's magnificent natural wonders. Tumbling waterfalls, otherworldly lava fields, vast glaciers, and plunging fjords are breathtaking sights just waiting to be explored. Discover Viking history at the National Museum of Iceland, or snap a photo in front of the Sun Voyager, a modern sculpture inspired by a Viking ship. In Akureyri, sports and alpine trails at Hlíðarfjall are huge draws for travelers. See the "Waterfall of the Gods," Godafoss, or take a relaxing mud bath at Lake Myvatn. You'll discover that there really is nowhere on Earth that compares.

Double occupancy cabins start at \$4687/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by March 19, 2026. These are the best rates around! Those who book early get the best prices, the best cabin locations, and their preferred dining times. Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

Hawaii w/ Grand American Tours February 5 - 14, 2026

Norweigian Cruise Line on the Pride of America | Roundtrip Honolulu

Honolulu, Oahu ~ Kahului, Maui ~ Hilo, Hawaii ~ Kona, Hawaii ~ Nawiliwili, Kauai ~ Honolulu, Oahu

Feel free to let the gentle breezes of Waikīkī stir up your Aloha spirit as you set out to explore the Hawaiian islands with Norwegian. Soak up the vibes as you sink your toes in a black-sand beach before your trek to the top of Haleakalā - Maui's massive volcano. When the sun sets, get ready for unforgettable stargazing well past midnight. You'll have plenty of time to explore the culture, sights and local flavor of five unique ports including O'ahu, Maui, Hilo, Kona and Kaua'i. Looking to make the most out of your time in the region? Discover the newly refurbished Norwegian Jewel as you witness the South Pacific's untouched islands on a Hawaii and French Polynesia cruise. Experience the lush forests, crystal-clear turquoise waters and colorful undersea life that will have you feeling like you are in paradise. Double occupancy cabins start at \$5755/person. A deposit of \$350 per person is due upon reservation.

Final payment is due September 10, 2025
Rates are per person double occupancy and include roundtrip airfare from Detroit,
2 pre-nights with tours, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship.

AIR PRICES ARE SUBJECT TO CHANGE

Come on in & grab a flyer for more info!



Community





SENIOR NUTRITION MENU

MON	TUE	WED	THU	FRI
*A suggested \$3 door recommended but not served with each me one week in advance. Lunch is available from the served with each me one week in advance.	ot required. 1% Milk eal. Please sign up e.	●White Bean Chicken Chili ●Crackers ●Side Salad ●Red Grapes	•BBQ Chicken Breast •Brown Rice •Broccoli & Cauliflower •Tomato/Cucumber Salad •Strawberry Applesauce	• Beef Kafta Rolls • Jasmine Rice • Roasted Butternut Squash • Tropical Fruit Salad • Red Grapes
Chicken ParmeseanWheat BreadGreen BeansApple	7 •Hamburger Stroganoff •Wheat Bread •Peas & Pearl Onions •Mixed Fruit	8 •Oven Roasted Tilapia •Citrus Lentil Rice •Broccoli •Apple	● Meatballs	•Black Bean Burger •Brown Lentils •Mixed Veggies •Pineapple
13Cheesy SquashChicken BakeBroccoliButternut SquashRed Grapes	1 4●Beef BarleyCasserole●Side Garden Salad●Carrots●Orange	 15 Dijon Salmon Seasoned Black Beans Whole Wheat Bread Malibu Vegetables Peaches 	16Beef GoulashWheat breadCalifornia BlendTomatoes in SauceRed Grapes	 Tuna Noodle Casserole Wheat Bread Side Salad Papaya and Mango
20Chicken A La KingEgg noodlesWheat BreadCarrotsGala Apple	21 •Meaty Spaghetti •Whole Wheat Bread •Broccoli •Pineapple	22 •Beef Chili •Wheat Bread •WW crackers •Spinach salad •Orange	• Turkey Barley Soup • Wheat Bread • Side Garden Salad • Papaya and Mango	24Lentil BologneseWheat BreadGreen BeansTropical Fruit
27 •Chicken Fettucine Alfredo •Wheat Bread •Vegetable Blend •Peaches	28 •Pot Roast •Roasted Sweet Potato •California Blend •Gala Apple	•White Bean Chicken Chili Crackers Side Salad Red Grapes	 30 BBQ Chicken Breast Brown Rice Broccoli & Cauliflower Tomato/Cucumber Salad Strawberry Applesauce 	31 •Beef Kafta Rolls •Jasmine Rice •Roasted Butternut Squash •Tropical Fruit Salad •Red Grapes

Ypsilanti Township Recreation Center 2025 E. Clark Rd Ypsilanti, MI 48198

PRSRT STD U.S. Postage Paid Ypsilanti, MI Permit No. 565

or current resident

Focus: HPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to senior citizens 60 years old or older, residing in Washtenaw county.

Distribution will be held in the **parking lot** on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2025 is as follows:

October 2nd
November 6th
December 4th
To apply to receive food
please call 313-494-4600
or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor Debbie Swanson, Clerk Stan Eldridge, Treasurer 734-484-4700

Board of Trustees:
Gloria Peterson,Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

The Ypsilanti Township
50 & Beyond Program
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.

