50 & Beyond Newsletter

November 2026

Recreation Coordinator:
Nichole Passmore
Mon-Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: Donna Medos
Mon - Thurs, 9:00am - 12:00pm
dmedos@ypsitownship.org

Community Center Phone
734-544-3800


October 8 Pool Tournament vs Van Buren Twp



Blakes Apple Orchard


Detroit Princess Cruise

The Community Center will be closed
Wednesday, November 11 for Veterans Day
Thursday, November 26 & Friday, November 27 for Thanksgiving

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

In Loving Memory...



Ruth Ekleberry

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.

November Birthdays

1 Marjorie Williams, Bobby Bowen
2 Elaine Thrower
3 Lisa Keeney, Jeff Neel, Deborah Eddy Anna Belcher, John Hughes, Virginia Taylor
4 Debra Donaldson, Charles R Lucas
5 Kimberly Ferrell,Rolyn Swafford
6 Regina Crowell, Alice Schultz Mary Decker, Cheryl Smith, Claudia Curry, Roberta Kemp
7 Kim Osborne House, Corean Williams
8 Dawn Abbeg, Catherine Haddad
9 Antwuan L Riley, Linda Daniels
10 Natasha M Cansler-Fortune Rachel Jones, Liz Scheffler
11 Lynn Wolfgram, Joyce Parm Dolores Scull
12 George Daniel, James Chandler Donna Wilson
13 Debra Ann Ross, Helen Fisher
15 William Buckingham, Jimmy Hawkins Ellen Schulmeister, Jeremiah Minifield
16 Michelle Gutierrez Brown Cathy Hasse
17 Gregory Mercer
18 Catherine Strickland, Ellen Cayton Patricia Potter, Darlene Devall, Bernadette Thomas
20 Donna Bow-Cook, Suzanne LaFrance Marvin Copeland, Hazel Sizemore
21 Lynn Evans, Kay Martinez
22 Elizabeth Betsy Bok, Bessie Cook
24 Shiawassee Craig, Regina Young Loretta Gracer
25 Mieko Cooper
26 Peter Christrensen
28 Ina Bell, Eugene Harris
29 Mary Clifford-Hammond
30 Lisa Fields, Raymond Stroman



Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:
Individual Fees:
Resident Fee: $15 Non-Resident Fee: $20
Household Fees:
Resident Fee: $25 Non-Resident Fee: $35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quiltng	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Ladies Billiard Hour	10:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Colors	10:30am	W
TOPS	10:00am	Th
Euchre	12:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.
Mondays 10:00am
Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee
Coffee is served from 9am-12pm Mon - Fri

Mahjong
Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.
Tuesdays **9:00am**

Ypsi Yarners
Calling all knitters, crocheters, and yarn enthusiasts! Bring your latest project and connect with others who share your love of fiber arts. Drop in, unwind & get inspired!
Day: Tuesdays
Time: 10:00am
Location: Room 202

Creative Colors & More!
Join Lynn for some creative coloring and more. Engage both the creative and logical sides of the brain, improving focus & cognitive function.
Wednesdays 10:30am

Public Safety Seminar

You are warmly invited to participate in our Public Safety Seminar hosted by the Washtenaw County Sheriff's Office.

- Discover insights about current crime statistics.
- Share your thoughts and concerns.
- Contribute to keeping your community safe!!

November 18
1:00 - 2:00pm
2025 E Clark Rd., Ypsilanti, MI

For more information
contact WCSO/YPT Neighborhood Watch Liason
Toneka Smith 734-478-3719

NOTICE

Billiards Tables will be unavailable on Tuesdays from 9am - 12pm

Ladies Only Billiards Hour
Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies! Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.
Day: Now on **MONDAYS!** **Time:** 10:00-11:00am

Billiards Challenge Tourneys
Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.
First Wednesday of each month at 1:00pm

Participation Matters!
Our Drop-In Activities are designed to be flexible & fun, but it only works if **YOU** show up!

Free Transportation



Great news! Washtenaw County Seniors can now receive FREE transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):
734-769-0209 ext 2

People's Express (PEX):
877-214-6073

Western Washtenaw Area Value Express (WAVE):
734-475-9494

Questions call 734-222-6850 or
Email: AgingServices@washtenaw.org

Pajama Dance Party

Who says pajamas are just for bedtime?! Grab your favorite PJs and join us for some fun!
Good times and great company!

Friday, November 20

1:00-3:00pm




50 & BEYOND PRESENTS
Holiday Social
Celebrate the season with us! We are excited to be featuring live entertainment featuring melodies sure to fill us with holiday cheer. As you catch up with friends, don't miss out on the delicious boxed-lunch from Honeybaked Ham, known for their mouthwatering ham and turkey sandwiches. Not interested in lunch? Please join us anyway, just be sure to rsvp so we know your coming!
Friday, December 4
Lunch is $5 per person Pre-registration is required.
*There is no fee if you choose not to purchase lunch but pre-registration is still required!
1:00 - 3:00pm

Classes & Programs

Zentangle: String Theory
Zentangle 101 is required to take this class. Drawing a string can be a roadblock to some people when they start tangling. This class will give you practice with numerous ways to easily create strings. Then you'll learn a few more tangles to fill your strings! Bring all your Zentangle materials/kit. Registration Deadline: Nov 13
Date: Wednesday, November 18
Time: 1:30-3:30pm **Cost:** $20
*Supply fee of $8 due to instructor at class

Zentangle: Holiday Cards
Zentangle 101 is required to take this class.Tangle and assemble your own unique holiday greeting card! Bring all your Zentangle materials/kit. Registration Deadline: Nov 16
Date: Monday, Nov 23
Time: 1:30-3:30pm
Cost: $20 *Supply fee of $8 due to instructor

Zentangle: 3-D Stars
Zentangle 101 is required to take this class. These tangled 3-D stars would be beautiful hanging on a tree, as well as in other places in your home. They would also be a lovely gift for someone special! Bring all your Zentangle materials/kit. Registration Deadline: Nov 24
Date: Thursday, December 3
Time: 1:30-3:30pm **Cost:** $20
*Supply fee of $8 due to instructor at class

Watercolor Workshop
Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind—calm, encouraging, and easy to follow. No prior art experience is needed. Participants are guided through the fundamentals of watercolor step by step. Participants will leave with a finished piece to be proud of.
Date: Monday, November 9
Monday, December 14
Time: 1:30-3:30pm
Cost: $25 per session
ALL materials are provided

Painting & Crafts with Melody
Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!
Date: Wednesdays, Oct 14 - Nov 18
Time: 1:00-3:00pm **Cost:** $25
*There is an additional supply fee of $40 due to the instructor at the first class

Portrait Drawing
In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & more. Bring a sketch pad & pencil.
Date: Tuesdays, Oct 20 - Nov 24
Time: 1:00-3:30pm **Cost:** $40

Zumba Gold
This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion & coordination. Come ready to sweat and prepare to leave empowered and feeling strong. No class Nov 26
Date: Thursdays, Nov 5 - Dec 17
Time: 8:30-9:15am
Fee: $10/class or
$40 for the whole session

Strength Training for Reduced Falls and Improved Balance
During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness. **Sponsored by ATI Physical Therapy**
Date: Second Friday of each month unless otherwise posted.
Time: 9:30am - 10:00am
Fee: There is no fee for this class but you MUST pre-register

Tap Dancing
Balance training is imperative for health as we grow older and tap dancing is an excellent exercise to help build balance.
Date: Thursdays, Oct 22 - Nov 19
Time: 10:45 - 11:30am
Fee: $15
Drop-In Fee: $3 **Please show receipt to instructor*

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate).

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.
Instructor: Dee Grantham
Date: Tuesday, 9/8 - 11/10
Time: 9:00 - 10:00am
***No Class Nov 3**

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.
Instructor: Darryl Mickens
Date: Tuesday, 9/22 - 12/1
Time: 10:30 - 11:30am
***No Class Nov 3**

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles? Instructor: Tammy Foote
Date: Wednesday, 9/9 - 11/18
Time: 11:15am - 12:15pm
***No Class Oct 28**

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength. Instructor: Michelle Williams
Date: Thursday, 9/10 - 11/19
Time: 9:30 - 10:30am
***No Class Oct 29**

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a $20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	Gym
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises & balance enhancing routines. This program is geared to fit all body types and abilities.
Day: Monday 11:30am -12:30pm
Thursday 11:45am - 12:45pm
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!
Date: Monday/Wednesday/Friday
Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. Join us for the support, accountability and connections
that you need on your journey to better health.
Thursdays
9:00am weigh-in **10:00am meeting begins**

Boxing

This unique class is participant-led, allowing members to take an active role in guiding their workout, encouraging each other and creating a fun, supportive environment that promotes both physical fitness and social connection.
Date: Thursdays
Time: 1:00pm
Location: Fitness Room #203

Travel

Upcoming Trips



November

1 - Shipshewana On The Road, Monroe
10 - Brunch & Learn, OAC Detroit
12 - Lunch Out: Sedona Taphouse, Novi
13 - Parade Company w/ Bianco, Detroit
13 - Vintage & Costume Jewelry Sale, Turner Resource Center, Ann Arbor
16 - Mondays @ Art & Jakes, Northville
17 - FireKeepers Casino, Battle Creek
19 - Outlet Shopping, Birch Run
21 - Eastern Market, Detroit
24 - Upscale Resale, Brighton/Novi

December

3 - Brunch & Learn, OAC Detroit
3 - Michigan Heroes w/ Bianco Tours
6 - It's A Wonderful Life the Musical, Canton
8 - Brunch & Learn, OAC Detroit
9 - Edsel & Eleanor Ford House w/ Bianco
10 - Lunch Out: Big Boy, Livonia
11 - Turkeyville, Marshall
12 - Eastern Market, Detroit
15 - FireKeepers Casino, Battle Creek
16 - MI Bright Lights, Milford
18 - Dinner Out: Lucky's Steakhouse, Fenton

One on One Assistance

Members requiring “one on one” assistance MUST travel with a partner that is there to attend to those needs. “One on One” examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
- Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a $5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know *Before You Go*

Membership

- **Membership must be current to register.**
- **If not current, you may be placed on a waitlist.**
- **Non-member registration opens 2 weeks prior to the trip (if space allows).**
- **Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.**
- **Members may bring a guest for an additional fee. Subject to availability**

Registration

- **Sign-ups and waitlists are handled at the Community Center front desk.**
- **Checks should be made payable to YTRD.**
- **Online registration may be available for select trips.**

Payments

- **Payment is due 1 week prior to the trip.**
- **Extended or overnight trips require payment 1 month in advance (unless otherwise noted).**
- **If payment is not received on time, you may be removed from the list.**
- **Pay-later options may not be available for all trips.**

Waitlist & Attendance

- **Please only register if you fully intend to attend.**
- **Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.**
- **Repeat no-shows or late payments may require payment at time of registration.**

Parking

- **Please park in rows beyond the flagpole (Row 3 and up).**
- **Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.**

Bus Etiquette

- **Keep device volume low or use headphones.**
- **Be courteous to fellow travelers.**
- **Please reserve the front passenger seat for the trip chaperone.**

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

Travel

Eastern Market, Detroit

At Eastern Market, you'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, November 21
Saturday, December 12
Departs: 8:00am **Returns:** approx 1:00pm
Cost: $10 for each date

FireKeepers Casino Day Trip, Battle Creek

Casino includes over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas.

Dates: Tuesday, November 17
Tuesday, December 15
Departs: 8:30am **Returns:** 5:00pm
Cost: $30 for each date

Shipshewana on the Road, Monroe

How about a day of shopping for the most unique trinkets and treasures under the sun? For the past two decades, Shipshewana On The Road Gift, Food and Craft Show has brought the most interesting, most innovative, most creative and just plain awesome products to our customers. You'll find thousands of unique items that you may not find anywhere else!

Date: Sunday, November 1
Departs: 10:00am **Returns:** 3:00pm
Cost: $10 for transportation only
Lunch and shopping are on your own.
*There is a $5.50 admission fee at the door.

Mondays @ Art & Jakes, Northville

Art & Jake's features a sports bar menu, with starters like Bang Bang Shrimp & Jake's Nacho Supreme. Handhelds like the Cali Chicken Club and prime steaks are staples as well. Join us as we travel there on Mondays for the $9.95 1/2 slab baby back ribs special. Served with fries and coleslaw, this special is available with purchase of beverage and dine-in only!

Date: Monday, November 16
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.
*Cost of meal is on your own.

Lunch Out:

To help us manage reservations, transportation,& budgeting accurately, we will add an additional outing if the waitlist indicates a need.
Price of the meal is on your own.

Sedona Taphouse, Novi

Their American made-from-scratch menu is inspired by Southwest cuisine featuring hand-cut steaks, sustainable seafood selections, and signature house specialties.

Date: Thursday, November 12
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.

Big Boy, Livonia

From classic burgers and sandwiches to their famous breakfast favorites, there's something for everyone to enjoy!

Date: Thursday, December 10
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.



Travel

Vintage & Costume Jewelry Sale, Turner Resource Center Ann Arbor

Join us for a spectacular vintage and costume jewelry sale at the Turner Senior Resource Center!
Cash or check only.
After our shopping we will stop at Badito's Fresh Mexican Restaurant for lunch!

Date: Friday, November 13
Departs: 10:00am **Returns:** 1:30pm
Cost: $10 for transportation only
Lunch and shopping are on your own.

Outlet Shopping, Birch Run

Located just minutes from Frankenmuth, Birch Run Premium Outlets® is one of the country's first and most successful outlet centers. Birch Run Premium Outlets features over 100 stores for your shopping pleasure including kate spade new york, lululemon, Le Creuset, adidas, Columbia, and Pottery Barn. One of the original outlet malls, Birch Run Premium Outlets features plentiful shopping, dining, and entertainment options to provide all our guests with a world-class experience.

Date: Thursday, November 19
Departs: 9:00am **Returns:** 4:00pm
Cost: $20 for transportation only
Lunch and shopping are on your own.



Upscale Resale, Brighton/Novi/Northville

Enjoy a day full of upscale resale shopping! You're sure to find clothing, shoes, accessories, home goods and more at discounted prices, We will be stopping at the following shops: Clothes Mentor - Novi, Trading Closets Collection - Brighton, Consignment Clothiers - Northville. We will take a break for lunch at Cracker Barrel.

Date: Tuesday, November 24
Departs: 9:30am **Returns:** 5:00pm
Cost: $18 for transportation only
**Cost of lunch & purchases are on your own.*

*Brunch & Learn, Outdoor Adventure Center, Detroit

Topic: Isle Royale's Wolf-Moose Project

Jeffery Holden has spent 25 years leading groups on Isle Royal in support of the world's largest running predator study. Presentation includes:

- A high level discussion of Isle Royale & its history
- The history of the Wolf-Moose Study.
- The Winter tudy vs the Summer Study
- Moose and Wolf bone show & tell
- Book reading - usually a short excerpt.

Date: Tuesday, November 10
Departs: 8:45am **Returns:** 1:45pm
Cost: $15

Topic: Underground Railroad

In this session, discover the history of the Underground Railroad in Detroit.

Date: Thursday, December 3
Departs: 8:00am **Returns:** 1:00pm
Cost: $15

Topic: Ruin to Revival: Restoring Michigan Central Station

Hear the story of the rehabilitation of Michigan Central Station, an iconic historic building in Detroit, from the rarely told perspective of the builders who brought it back to life!

Date: Tuesday, December 8
Departs: 9:00am **Returns:** 2:00pm
Cost: $15

Travel

It's A Wonderful Life the Musical, Village Theater Canton

Based on the beloved film, this musical follows George Bailey's life from his childhood dreams to his midlife disappointments and beyond, to see whether his life has mattered at all. Cinematically scored and theatrically staged, this adaptation breathes musical life into a familiar and timeless holiday story. We will have lunch before the show at Shakers Bar & Grill in Canton.

Cost of lunch is on your own.

Date: Sunday, December 6
Departs: 12:15pm
Returns: approx 6:00pm
Cost: $45

MI Bright Lights

Enjoy the area's only fully synchronized drive through holiday wonderland! Imagine thousands of dazzling lights twinkling, shimmering, and dancing in perfect sync with holiday music - every beat, every note - broadcast right to the bus stereo. From the moment you drive in, you're part of a magical show where the lights don't just glow...they perform! With dozens of songs in rotation, no two visits are ever the same. We will have dinner before the show at Bakers of Milford.

Cost of meal is on your own.

Date: Wednesday, December 16
Departs: 3:00pm
Returns: approx 8:30pm
Cost: $25

Away in the Basement: A Church Basement Ladies Christmas, Turkeyville, Marshall

Those Lutheran ladies are back at it again! It's Christmastime of 1959, and it's the day of the annual Sunday School Christmas program, and a 15-year-old Beverly has been cast as Mary. Her mother, Karin, and the other church basement ladies serve up the laughs and the lutefisk as a new parish worker arrives and catches Pastor's eye.

Your meal starts with a salad followed by soup. You will then be invited to our buffet, which includes roasted carved turkey, a second entree themed to the show, sage dressing, mashed potatoes, gravy, two seasonal vegetables, cranberry relish and dinner rolls. Everything at the buffet is all-you-can-eat. You will then have your choice of one of our house made desserts. Your meal includes iced tea, hot tea, water or coffee. Coke products and a full bar are available for purchase.

Date: Friday, December 11
Departs: 10:15am
Returns: approx 4:00pm
Cost: $85

Dinner Out: Lucky's Steakhouse, Fenton

Lucky's Steakhouse is not only celebrated for its award-winning steaks but also boasts a diverse menu featuring seafood, chicken, and pasta. Lucky's Steakhouse offers a cozy, relaxed setting, serving generous portions at great value. ***Cost of meal is on your own.***

Date: Friday, December 18
Departs: 3:00pm
Returns: approx 7:30pm
Cost: $15

Extended Travel

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) - Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13
Departs 9:00am **Returns** 3:30pm
Cost: $114

Michigan Heroes & More in Frankenmuth w/ Bianco Tours

Michigan Heroes Museum - This museum exists to nurture the memories of people from Michigan farms, offices, and factories who heeded the summons to military service during America's foreign wars. In addition, the Museum includes a section dedicated to the Medal of Honor recipients, and this collection contains more Medals of Honor than any other museum in the United States. The Michigan Heroes Museum holds over 900 exhibits, each devoted to a Michigan soldier, marine, sailor, airman, or astronaut

Lunch at Bavarian Inn - Enjoy our world Famous Family Style Dinner enjoyed by millions features platters of golden fried chicken, generous heaps of mashed potatoes, buttered noodles, vegetables, and much more!

Downtown Frankenmuth (shopping time)

St. Julian Winery Frankenmuth, MI - As the oldest, largest, and most-awarded winery in the state, their commitment to excellence has always been a pillar to their existence. Winery will choose 4 wines and their knowledgeable staff will walk us through the tasting.

Date: Thursday, December 3
Departs 8:30am **Returns** 5:30pm
Cost: $120

Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping,

On-site Buffet Lunch includes: Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Wednesday, December 9
Departs 9:15am **Returns** 2:45pm
Cost: $110

Extended Travel

Japan: Hokkaido Cherry Blossoms

with Princess Cruises

13 DAYS / 12 NIGHTS ~ Apr 20 - May 2, 2027

Tokyo, Japan ~ Aomori, Japan ~ Muroran, Japan~ Hakodate, Japan ~ Sakaiminato, Japan ~ Busan, South Korea ~ Nagasaki, Japan ~ Kagoshima, Japan

Double occupancy cabins start at $7043/person. Final payment is due by **December 21, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.



The above cruise is offered through Grand American Tours. Please stop by the Community Center for a detailed flyer for more information.

NOVEMBER

SENIOR NUTRITION MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **No Lunch Today Building is OPEN**	3 **No Lunch Today Building is OPEN**  **ELECTION DAY**	4 Hamburger Stroganoff Wheat Bread Peas & Pearl Onions Mixed Fruit Alt Meal: Chicken Chili Snack: Diabetic Protein Cookie	5 Salisbury Steak Roasted potatoes Wheat Bread Mixed Vegetables Pineapple Alt Meal: Chicken & Wild Rice Soup Snack: Graze Kit	6 Tikka Masala Jasmine Rice Wheat Bread Green Beans Apple Alt Meal: Chicken Salad Sandwich Snack: Fruit & Dip
9 Shepherd's Pie Wheat Bread Mixed Vegetables Pears Alt Meal: Beef Chili Snack: Cottage Cheese & Fruit	10 Stir Fry Steak Brown Rice Wheat Bread Oriental Vegetables Mixed Fruit Alt Meal: Roast Beef Sandwich Snack: Banana & Yogurt	11 **CLOSED**  	12 Vegetable Lasagna Wheat Bread Baby Carrots Mandarin Oranges Alt Meal: Turkey Barley Soup Snack: Trail Mix	13 Beef Barley Casserole Wheat Bread Carrots Orange Alt Meal: Chicken Sandwich Snack: Hummus & Pita Chips
16 Ginger & Garlic Beef Brown Rice Wheat Bread Cooked Broccoli Mandarin Oranges Alt Meal: Egg Salad Sandwich Snack: Sun Butter & Crackers	17 Maple Glazed Chicken Wheat Bread Cooked Cabbage Roasted Redskin Potatoes Peaches Alt Meal: Chicken Chili Snack: Apple Chips & Yogurt	18 Chicken A La King Egg Noodles Wheat Bread Carrots Gala Apple Alt Meal: Turkey Sandwich Snack: Chia Pudding	19 Sloppy Joe Baby Carrots Mixed Fruit Alt Meal: Chicken & Wild Rice Soup Snack: Lemon Protein Bar	20 Southwest Chicken Skillet Cilantro Lime Rice Veggies in Skillet Pineapple Alt Meal: Chicken Salad Sandwich Snack: Carrot Sticks
23 Chicken Fettucine Alfredo Wheat Bread Vegetable Blend Peaches Alt Meal: Roast Beef Sandwich Snack: Cheese & Crackers	24 Pot Roast Roasted Sweet Potato Wheat Bread California Blend Gala Apple Alt Meal: Turkey Barley Soup Snack: BB Brownie	25 Chicken Chili Crackers Side Salad Orange Alt Meal: Tuna Salad Sandwich Snack: Falafel	26  	27
30 Potato Pollack Sweet Potato Wheat Bread Peas and Carrots Strawberry Applesauce Alt Meal: Egg Salad Sandwich Snack: Chicken Bites & Guacamole				

1% Milk is served with each meal.

Please sign up one week in advance.

If you order a lunch and cannot make it please call 734-544-3800 and let us know.

A suggested $3 donation is recommended but not required.

Beginning December 2026, we will no longer be serving lunches on Fridays.

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

FOCUS: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county.

Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2026 is as follows:

November 5
December 3

To apply to receive food
please call 313-494-4600
or email: food@focushope.edu
To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson,Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee
****

The Ypsilanti Township
50 & Beyond Program
is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs.
All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —