

50 & Beyond Newsletter

November 2024



Recreation Coordinator:

Nichole Passmore

Mon - Fri, 8:00am - 4:00pm

npassmore@ypsitownship.org

Senior Aide: **Donna Medos**

Mon - Thurs, 9:00am-12:00pm

dmedos@ypsitownship.org

Center Hours:

Mon - Fri, 8:00am - 4:00pm

Community Center Phone:

734-544-3800



Ypsilanti Township Community Center

2025 E. Clark Rd, Ypsilanti 734-544-3800

ypsitownship.org

November Birthdays

- 11/1 Marjorie Williams
- 11/3 Anna Belcher, Deborah Eddy,
Jeff Neel, John Hughes
Nancy Johnson
- 11/4 Nathaniel Griffin
- 11/6 Claudia Curry, Mary Decker,
Roberta Kemp
- 11/7 Corean Williams, Dolores Scull
- 11/9 Linda Daniels
- 11/11 Joyce Parm, Lynn Wolfgram
- 11/12 Donna Wilson, George Daniel
Heaven Kindall, Judy Evans
Richard Pietrogallo
- 11/13 Debra Ann Ross, Helen Fisher
- 11/14 Al Skornicka, Jessica Bukrey
Kathryn Macdonald
- 11/15 Ellen Schulmeister,
Jeremiah Minifield
- 11/16 Cathy Hasse
- 11/18 Bernadette Thomas,
Catherine Strickland,
Darlene Devall, Patricia Potter
- 11/20 Hazel Sizemore,
Suzanne LaFrance
- 11/21 Kay Martinez, Lynn Evans
- 11/22 Bessie Cook, Claritha Fortune-Seed
Travis Erby
- 11/23 Debora Spring
- 11/24 Loretta Gracer, Regina Young
- 11/25 Jet Whiting, John Jeruzal
- 11/27 Connie Hughes, LaTina M Noland
- 11/28 Lillie Robinson
- 11/29 Jerod Barrow
- 11/30 Larna King, Lisa Fields,
Raymond Stroman



Welcome Lindsey!

Lindsey joined the team as a bus driver last month! She has a broad background in recreation programs, special events and driving large machinery. Lindsey loves to travel and visit new places so she fits in with our group very well!

In Loving Memory...



Margaret Stumbo

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email*

npassmore@ypsitownship.org with any information about members that pass away.

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.
- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. If you are a regular attendee we will do our best to call. You can also call 734-544-3800 after 9:00am to double check.
- **WCC CLASS CANCELATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.

Drop In Activities

Saturday Music

1st Saturday - Mike, Linda & Jay are back!

2nd Saturday - No Music

3rd Saturday - Southern Echos

4th Saturday - Nit Pickers

Saturdays 2:00 - 5:00pm

*Room location may vary & subject to availability.

Daily Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9:00am	M-F
Quilters	10:00am	Mon/Weds
Pickleball	9:00am	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Yarn Club	10:00am	Tues
Country Music	9:30am	Weds
Creative Coloring	10:30am	Weds
Chess Checkers	10:00am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card	1:00pm	Thurs
Making Club		Bi-weekly

***Please note membership is required for drop in activities**

Billiards

We have reinstated the pool table! Stop by room 201 to play a few games! Please be sure to use the sign up sheet!



Music Makers

Love to sing? Looking for an opportunity to see if your vocal cords still work?

Music Makers is the perfect group for you.

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group.

Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Chess, Checkers & Backgammon

Stop in for a game or two! All ability levels are welcome! This is a drop in program, it can only be successful if you participate!

Wednesdays 10:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Thursdays 11:00am

Euchre Club

Please stop by for Euchre on Thursday afternoons! Bring a friend! We are excited to see this group growing! **Thursdays 1:00pm**

Classes, Programs & More

Yarn & All That Jazz!

Knitters, crochet workers and yarn lovers of all kinds are welcome! Always wanted to learn? Come by and we will show you the ropes! Bring your latest project in to work on, this is a great time to start working on holiday gifts!

Tuesdays 10:00am

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays
November 20 - December 18

Time: 1:00-3:00pm

Cost: \$25

***There is an additional supply fee of \$40 due to the instructor at the first class**

Diamond Art Group

A combination of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Kits can be purchased at most craft stores. Bring your supplies and try it with friends!

Monday through Friday, 9:00am - 11:00am

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

Date: Tuesdays, October 29 - December 3

Time: 1:00pm

Cost: \$40/Ypsilanti Township Resident
\$50/Non-Resident

ZENTANGLE

**Introduction to Zentangle is required before taking these classes. Instructor, Judy Holzschuh, is a Certified Zentangle Instructor

Pencil Pouches

This is an opportunity to tangle on fabric, in preparation for tangling on canvas shoes.

These pouches can be used for your Zentangle supplies, pencils, cosmetics, sewing supplies, or other things you want to keep together. This also makes a great gift!

Date	Day	Time
11/7	Thursday	1:30pm – 4:00pm

Cost: \$20

\$5 material fee payable to instructor

Holiday Plaques & Ornaments

Get ready for the holiday season by tangling plaques with the message of Peace, Joy or Noel. You may also purchase round or star shaped ornaments (\$1.00 each) to tangle in class or at home.

Date	Day	Time
11/14	Thursday	1:30pm – 4:00pm

Cost: \$20

\$8 material fee payable to instructor

Bring your Zentangle kit/supplies! Colored pens and pencils will be available for use if you want to add some color, or you may bring your own.

If you have not yet taken the Black Tiles or Renaissance Tile class you may want additional materials which will be available to purchase at class.



The Community Center is collecting letters to Santa in the lobby Nov 18 - Dec 14. We are seeking volunteers to join in the magic and write return letters to the children. Just bring yourself & a jolly disposition and we will take care of the postage and supplies. Please sign up at the front desk so we can know you are coming. Coffee, cookies & cocoa will be served.

Letter Writing Date: Monday, December 16

Time: 2:00pm

Celebrate!



Do you like Motown & 60's rock? Do you like to dance or watch other's dance? Do you like going out but find going out dancing is just too late at night? Do you like to have fun & socialize? Join your friends & make new ones while we dance away the afternoon! Whether you shuffle your feet, swing, twist, pony, monkey cha-cha, hustle, disco, fox trot, waltz or any other dance style, come and have fun with us!

- Music by M&M Music
- Line Dance Instruction by Linda & Bobbie
- Cuba Dance instruction by Kristen
- Ballroom Hustle instruction from Gail
- Martha from chair yoga will start us off with some stretching, so we are ready to rock & roll!

Light refreshments will be available, and the fun will be non-stop! No requirement to dance, just come to have a joyful music filled afternoon! This is sure to be the event of the year!

All activities will be held at the Community Center in rooms 202/204

A promotional graphic for a holiday social. It features a light blue background with white snowflakes and a decorative border of holly leaves and red berries. The text reads "50 & BEYOND PRESENTS HOLIDAY SOCIAL DECEMBER 6 1:00-3:00 PM Live Music - Box Lunch - Fun".

Drop in to enjoy the sounds of the Holiday with live entertainment and a hot cup of coffee or cocoa. A boxed lunch from Honeybaked Ham (smoked turkey or ham sandwich, chips & cookie) can be enjoyed here or at home. Musical entertainment featuring Rick Davis and his wife Golden, returns this year to join in the fun! They have been in the music industry for over 50 years, performing alongside the Temptations, B.J. Thomas and other Motown greats. You won't want to miss it!

Lunch is \$5 per person Pre-registration is required.

*There is no fee if you choose not to purchase lunch but pre-registration is still required!

Sponsored in part by: aetna™

Health & Wellness



Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday & Thursday

Time: 11:30am -12:30pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Instructor: Candice Carbajal PT, DPT, OCS

Date: Fridays, Nov 8, Dec 13

Time: 9:30am - 10:00am

Cost: There is no fee for this class but you **MUST** pre-register

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. **There is a \$20 per month suggested donation payable to Kidney Foundation.**

Day	Time	Room
Mondays	11am-12pm	105
Tuesdays	11am-12pm	Gym
Fridays	11am-12pm	105

T.O.P.S.

Every Thursday

T.O.P.S. is a weight control program which uses group support, competition & recognition to motivate and aid weight loss goals set by physicians.

9:00am weigh in 10:00am meeting begins

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tues., 9/10 - 11/19 *No class 11/5

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tues., 9/10 - 11/19 *No class 11/5

Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote

Date: Weds., 9/11 - 11/13

Time: 11:15am - 12:45pm

**No Class on March 6

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thurs., 9/12 - 11/14

Time: 9:30 - 10:30am

Health & Wellness

Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance.

Day: Thursdays
Dates: Oct 17 - Nov 14
Time: 11:00-11:45am
Location: Community Center
Dance Studio
Fee: \$15/Five Week Session
\$3 Daily Drop In

Pickleball

Pickleball has emerged as the fastest growing sport in America! The game combines elements of ping-pong, badminton, and tennis. Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday
Time: 8:00am - 12:00pm

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Oct 31 - Dec 12
Time: 8:30-9:15am
Fee: \$10/class or
\$40 for the whole session

Get Fit While You Sit!

Performing chair exercises is great for individuals with limited mobility, can help exercise the joints and burn calories! Other benefits include improved posture, flexibility, muscle strength, circulation and balance.

Date: Thursdays, Oct 31 - Dec 12
Time: 6:00-7:00pm
Fee: \$10/class or \$45 for the whole session

Don't Want to Miss!

INTRODUCTION TO PICKLEBALL

TUESDAYS

NOVEMBER 5 – DECEMBER 17

9:00 a.m. – 10:00 a.m.



This class is tailored for students who are interested in learning the fundamentals of playing pickleball. During the class, students will be taught various technical skills, forehand and backhand groundstrokes, serves, lobs, overhands, dinks and proper footwork. In addition, students will have the opportunity to understand the basic rules, strategies, and court positioning necessary for doubles play.

CLASS FEES:

\$50 per person, \$10 drop in
\$45 for 50 & Beyond member

**CLASS WILL BE HELD IN THE
COMMUNITY CENTER GYM**

LINEDANCE PARTY

Thursday, November 21

1:00-3:00pm

*Put on your dancing shoes &
bring a dish to pass!*



**Dancing,
Food &
Fun!**

Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

November

- 2 - Shipsewana on the Road: Monroe
- 8 - Fleetwood Gold: Canton
- 12 - Firekeepers Casino: Battle Creek
- 16 - Eastern Market: Detroit
- 20 - Lunch Out: Bad Brad's BBQ: Livonia
- 23 - Plymouth Canton Arts & Crafts Fair: Canton

December

- 4 - Holiday Walk: Meadow Brook Hall
- 6 - Nite Lights w/ Bianco: Brooklyn MI
- 7 - Eastern Market: Detroit
- 8 - Who Killed Ebenezer: Canton
- 11 - Holiday Walk: Meadow Brook Hall
- 14 - Christmas Lights & Craft Show: Adrian
- 17 - Firekeepers Casino: Battle Creek
- 19 - Lunch Out: Benihana
- 31 - NYE Blast Off to the 80s: Wyandotte



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination; making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

Important Notice!!!!

* **Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

**No Shows:

Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.

FAQ's

Frequently Asked Questions

50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

Non-members will be charged an additional fee of \$5 per trip.

2. How do I sign up?

Sign ups and waitlists for all trips are now done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

*Registration and payment for all travel
is due a minimum of one week
prior to the trip.*

3. Emergency Contacts

Do we have your Emergency Contact information? An Emergency Contact is required for all trip participants. This can be updated at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

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Travel

Eastern Market, Detroit

Visit the market with us and do a little shopping! The fall market is perfect for stocking up on fresh produce, baked goods, and meats.

**Dates: Saturday, November 16
Saturday, December 7**

**Bus Departs: 8:00am Bus Returns: 12:00pm
Cost: \$10 for each date**

FireKeepers Casino Day Trip, Battle Creek, MI

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a 200 seat Bingo room; a live poker room and exclusive high limit areas & VIP lounge, you'll see why FireKeepers is Battle Creek's gaming hotspot.

**Dates: Tuesday, November 12
Tuesday, December 17**

**Bus Departs: 8:30am Bus Returns: 5:00pm
Cost: \$30 for each date
All expenses are on your own.**

Lunch Out:

Bad Brad's BBO

Bad Brads way is "Slow and Low" Beef Brisket and Pork Shoulder steep in Fruit wood & Hickory Smoke for up to 14 hours. Our Everything from Scratch Kitchen is a labor of love that begins with a respect for great ingredients, attention to detail and a refusal to take short cuts.

**Date: Wednesday, November 20
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
*Price of the meal is on your own.**

Benihana

Highly skilled and well-trained, your personal chef will entertain you while cooking such favorites as steak, chicken, seafood and fresh vegetables in traditional Japanese style on a hibachi table.

**Date: Thursday, December 19
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
*Price of the meal is on your own.**



Travel

Shipshewana on the Road

Looking for something fun to do? How about a day of shopping for the most unique trinkets and treasures under the sun? For the past two decades, Shipshewana On The Road Gift, Food and Craft Show has brought the most interesting, most innovative, most creative and just plain awesome products to our customers. You'll find thousands of unique items that you may not find anywhere else! Come and join us! You'll be glad you did! **You are responsible for the cost of your entry (\$5)**

Date: Saturday, November 2

Departs: 9:00am **Returns:** approx 3:00pm

Cost: \$18 for transportation only

Fleetwood Gold, Village Theater Canton

Fleetwood Gold is the most followed Fleetwood Mac tribute band in the Midwest. They will take you on a musical journey through the best of Fleetwood Mac, from their early years through Stevie Nicks' solo career. Their recreations of the best of Fleetwood Mac features tightly fused harmonies, soaring lead vocals and intricate guitar playing. You'll receive the authentic sound of Fleetwood Mac all about the music. No packing, no tricks. Showtime is 7:30.

We will be having dinner at a to be determined restaurant prior to the show, cost of the meal is on your own.

Date: Friday, November 8

Departs: 4:15pm **Returns:** approx 10:00pm

Cost: \$40

***Pay later is unavailable for this trip.**

Trip must be paid for at time of registration.

Plymouth Canton Marching Band Arts & Crafts Show

The Plymouth-Canton Music Boosters Arts & Crafts Show is a juried event offering hand-made products at Plymouth High School, in Canton, Michigan.

With more than 150 unique artisans and crafters from around the area, attendees will be sure to find something that appeals to everyone. Exhibits include a variety of products including artwork, accessories, jewelry, metal work, home décor, garden items, quilting, clothing, wood crafts, candles, bath and body products, pet accessories, clothes and toys, delicious foods, and more.

While visiting the show, please be sure to enter the drawing for a door prize, check out the raffle that showcases items from our artisans and crafters, and stop by the concession stand! All proceeds support the Plymouth-Canton band program. **You are responsible for the cost of your entry (\$5)**

Date: Saturday, November 23

Departs: 9:00am **Returns:** approx 1:00pm

Cost: \$10 for transportation only

Nite Lights @ MIS w/ Bianco

Jerry's Pub Brooklyn, MI (included lunch) - Nestled on the south shore of Wampplers Lake, the deck offers spectacular views of the lake. Buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International

Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive-through display is over three miles long! Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Friday, December 6, 2024

Departs 3:00pm Returns 8:00PM

Cost: \$89

Holiday Walk, Meadow Brook Hall

It's the most wonderful time of year! For more than 50 years, Meadow Brook Hall has delivered a breathtaking holiday experience, transporting visitors through the historic mansion decked in shimmering splendor. Experience the wonder of our more than 50 magnificent trees, flickering fireplaces, and lights galore! Holiday Walk is a self-guided indoor tour featuring incomparable holiday sights and decorations inside Meadow Brook Hall, the historic mansion and National Historic Landmark located in Rochester on the campus of Oakland University.

Two dates available!

Date: Wednesday, December 4

Departs: 12:00pm Returns: 5:00pm

Cost: \$32

Date: Wednesday, December 11

Departs: 12:00pm Returns: 5:00pm

Cost: \$32

***Pay later is unavailable for this trip.
Trip must be paid for at time of registration.**

Lenawee County Fair Christmas Crafts & Lights Drive Thru, Adrian

Take a drive-through journey along a trail spanning over a mile of illuminated displays creatively decorated by various groups, churches, individuals, and families. Stop at the Merchants building to peruse the craft show and relax with a cup of cocoa. We will stop for dinner at a yet to be determined location. **You are responsible for the cost of your meal.**

Date: Saturday, December 14

Departs: 3:30pm Returns: approx 8:00pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**

Who Killed Ebenezer Scrooge?, Village Theater, Canton

Visit This family favorite tale of a miser's Christmas haunting and redemption is a musical with a twist. Scrooge's visitations by the Christmas ghosts are interrupted when it is discovered he has been murdered, but who did it? Find out in this joyous show filled with unforgettable characters and thrilling songs that evoke the London of Dickens' era. Showing for the first time in thirty years, now revised especially for Spotlight Players by the original Michigan playwright and composer team. Get into the Christmas spirit with this classic show, enhanced with new scenes and music.

Date: Sunday, December 8

Departs: 2:00pm Returns: approx 6:00pm

Cost: \$32 for transportation & show ticket

****Pay later is unavailable for this trip.**

NYE Blast off to the 80's

"Blast Off to the 80's" is a fun, exciting musical revue of the most popular songs from the 1980's. There is something for everyone including rock 'n' roll, country, pop and Broadway. This high-energy, one act musical revue highlights hits from this iconic decade featuring talented vocalists and a dance troupe that will knock you out of your seats. And what would the show be without some pop culture facts, audience participation and a few surprises? Celebrate the New Year with 2nd St Performing Arts Center as we "Blast Off to the 80's!"

*We will enjoy a late lunch before the show at a yet to be determined location.

Tuesday, December 31

Bus Departs: 1:00pm

Bus Returns: approx 7:00pm

Cost: \$40 for transportation & show ticket

Lunch Location to be determined

***Cost of Lunch is on your own**

****Pay later is unavailable for this trip.**

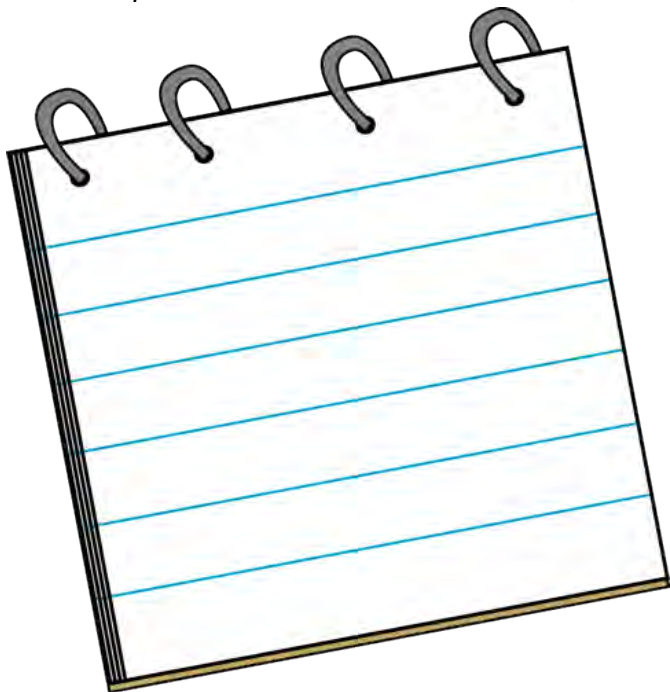
Extended Travel

Sunny Portugal w/ Collette Vacations February 2-11, 2025

Ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages, and welcoming locals – Portugal is waiting for you. Double occupancy rooms start at \$3199/person. *A deposit of \$698 per person is due upon reservation. Reservations made after the deposit due date of **July 27, 2024** are based upon availability. Final payment due by December 04, 2024. Deposits are refundable up until August 03, 2024.*

Sequoia & Kings Canyon w/ Collette Vacations May 14 - 23, 2025

Explore the rich sights, sounds, and tastes of California. Wander through a forest of some of the world's largest trees at Sequoia and Kings Canyon National Parks. Dive into history in San Diego and into the glitz and glamour of Los Angeles. Discover a centuries-old mission in Santa Barbara and go on a walking food tour in the charming coastal town of Carlsbad. Savor a glass of locally produced wine and lunch at a Paso Robles vineyard. Double occupancy rooms start at \$4,999 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **November 07, 2024** are based upon availability. Final payment due by February 15, 2025. Deposits are refundable until Nov. 14, 2024.*



Explore Tuscany w/ Collette Vacations September 10 –18, 2025

Rolling landscapes, savory wines, delicious food and stunning architecture – find all of this and more in Tuscany. Unpack once on this journey among Italy's most charming towns. Double occupancy rooms start at \$4,399 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **March 10, 2025** are based upon availability. Final payment due by June 12, 2025. Deposits are refundable up until March 17, 2025.*

Greek Isles w/ Grand American July 13 –20, 2025

From relaxation to exhilaration and every moment in between, get ready for an unforgettable Greek Isles cruise aboard Norwegian Viva. With an overnight stay in Istanbul, you have plenty of time to explore — from discovering the colorful Topkapi Palace to shopping at the bustling Grand Bazaar and sampling delicious local Turkish cuisine. Explore some of the wineries, pristine beaches, delicious local cuisine and historic sites dotting the island of Paros, or take to the water for some surfing, kayaking or windsurfing. Then stroll among Santorini's famed blue-domed roofs before savoring some delicious local Greek cuisine. Double occupancy cabins start at \$4,579 per person. *A deposit of \$350 per person is due upon reservation. Final payment is due **February 14, 2025***

Canada/New England w/ Grand American September 21-28, 2025

Fall in love with the Northeast aboard Norwegian Getaway. Browse Bar Harbor's many boutique shops, hike to a scenic overlook in famed Acadia National Park or savor a classic New England lobster bake. Then enjoy a narrated excursion through scenic Halifax, past historic sites and along a coastal highway to the picturesque village of Peggy's Cove. In Canada's oldest city, St. John's, you can soak in the best view of the cityscape at Signal Hill National Historic Site or take to the sea on a whale watching or kayaking tour. Double occupancy cabins start at \$2424/person. *A deposit of \$350 per person is due upon reservation. Final payment is due **April 24, 2025***

Community Happenings

Washtenaw Support Network for Caregivers Presents:

EXTENDING INDEPENDENCE IN THE HOME



November 6, 2024
1 - 3:30 PM
Huron Valley PACE
2940 Ellsworth Road
Ypsilanti, MI



Marjorie Mendoza
Almeda, DO



Yvonne Cudney,
JD, MPA

As we and our loved ones age, many caregivers may wonder: How long can or should someone continue living at home? What are some steps we can take to increase independence and safety while aging in place? When is it time to start considering other living options - and what resources exist?

To Register:
Visit our website at bit.ly/independencehome or call (734) 217-4557

RSVP to join keynote speakers Yvonne Cudney (Community Outreach and Education Coordinator) and Dr. Marjorie Mendoza Almeda (Geriatric Medicine Physician) for an educational presentation on **Extending Independence in the Home** - and a chance to get your questions answered.

No-cost respite care is available during the event for those who need it. Respite care must be requested at least two weeks in advance. Please contact washtenawcaregivers@umich.edu for more information.

To register, scan the QR code



A variety of basic maintenance services are available to help older adults maintain independence and stay safe at home. Cost share contributions are requested based on financial ability, but no one is denied service if they are unable to contribute. Cost share contributions and donations accepted.

- Basic household repairs & routine maintenance
- Minor Plumbing
- Smoke alarms & carbon monoxide detectors installation
- Battery and light bulb exchanges
- Grab bars and shower chairs
- Install raised toilet seats, hand held showers
- Lawn mowing & leaf raking
- Window washing
- Gutter cleaning

TO GET STARTED:

Call [1-734-971-9781](tel:1-734-971-9781), ext. 352 for Senior Services, or email lkrieser@csswashtenaw.org.

Holiday Giving Project

This year for our Thanksgiving/Christmas giving project the 50 & Beyond program is supporting the Hope Clinic. Hope Clinic passes out sack meals to those in need. Sack meals are small brown bags with shelf-stable food items such as pop-top ravioli, granola bars, fruit cups, juice boxes, etc and disposable silverware. Think foods that are "ready-to eat". Hope Clinic is currently distributing over 600 lunch bags per week so they are always in need.

Donations can be dropped off at the Senior Center beginning Monday, September 30. If you would like to help fill bags please join us Tuesday, November 12 at 1:00pm.



Please consider picking up some of these suggested items on your next shopping trip:

- Paper lunch bags
- Napkins and disposable silverware
- Snack examples (individually pre-packed):
 - Cookies or Crackers
 - Trail Mix or Beef Jerky
 - Fruit Leather/Fruit Snacks
 - Pretzels, Cheez-Its or Chips
 - Dried Fruit, Fruit Cups or Applesauce
- Main Dish Examples:
 - 2 Tuna Snack Packs
 - Can of soup (pop-top preferred)
 - Instant Mac & Cheese
 - Ramen Noodles
 - Ravioli or SpaghettiOs (pop-top preferred)

Monetary donations are also welcome. We will use those funds to purchase items to supply any items that do not get donated. Please see Nichole if you would like to donate in this way.

Community Happenings



DTE

BE ALERT FOR DTE ENERGY IMPOSTERS

If anyone arrives at your home or business saying they are from DTE, please ask to see a badge with photo ID. If the person refuses to show their badge, do not allow them inside.

If you want to verify a worker's identity or confirm that a vehicle is an authorized company vehicle, please immediately call DTE at [800-477-4747](tel:800-477-4747). If the person becomes agitated or acts in a strange manner, insisting that you let them inside, call [911](tel:911).

Thank you,

DTE

Senior Cafe Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please sign up one week in advance. Lunch is available for pick up from 11:00am until 12:00pm.</p>		<p>A suggested \$3 donation is recommended but not required. 1% Milk Served with each meal</p>		<p>1</p> <ul style="list-style-type: none"> Breaded Chicken Tenders Dill Carrot Coins Creamy Coleslaw Mixed Berries Biscuit
<p>4</p> <ul style="list-style-type: none"> Smoked Sausage Sandwich Savory Sauerkraut Cauliflower Polonaise Mandarin Oranges 	<p>5</p> <p>CLOSED FOR LUNCH TODAY</p> <p>Building is Open During Elections</p>	<p>6</p> <ul style="list-style-type: none"> Cheddar Cheese Omelet O'Brien Potatoes Apple Juice Apricots Fruit Muffin 	<p>7</p> <ul style="list-style-type: none"> Maurice Salad Twice Baked Potato Chowder Banana Pita Bread 	<p>8</p> <ul style="list-style-type: none"> Turkey Pot Roast Mashed Potatoes Cucumber, Tomato & Onion Salad Strawberries Dinner Roll
	<p>12</p> <ul style="list-style-type: none"> Teriyaki Beef Dippers Baked Beans Dill Carrot Coins Tropical Fruit Salad Cornbread 	<p>13</p> <ul style="list-style-type: none"> Stuffed Cabbage Garden Salad Garlic Mashed Redskin Potatoes Mixed Berries Dinner Roll 	<p>14</p> <ul style="list-style-type: none"> Tuna Salad Sandwich Pasta Salad Broccoli Cheese Soup Banana 	<p>15</p> <ul style="list-style-type: none"> Polynesian Chicken Baked Potato Key West Vegetable Blend Pineapple Dessert WW Dinner Roll
<p>18</p> <ul style="list-style-type: none"> Salisbury Steak Zucchini & Tomatoes Diced Carrots Applesauce WW Dinner Roll 	<p>19</p> <ul style="list-style-type: none"> Lasagna Roll Ups Green Beans Italian Garden Salad Strawberries w/ Whip Topping WW Bread 	<p>20</p> <ul style="list-style-type: none"> Chili con Carne w/ Beans Spinach Salad Warm Spiced Peaches Fresh Apple Biscuit 	<p>21</p> <ul style="list-style-type: none"> Roast Turkey Mashed Potatoes Green Beans Cranberry Sauce Corn Bread Dressing Pumpkin Pie 	<p>22</p> <ul style="list-style-type: none"> Submarine Sandwich Pasta Salad Italian Wedding Soup Fresh Banana
<p>25</p> <ul style="list-style-type: none"> Potato Pollock Stewed Tomatoes Peas & Pearl Onions Mixed Berries w/ Whip Topping WW Dinner Roll 	<p>26</p> <ul style="list-style-type: none"> Baked Meatloaf Mashed Potatoes Marinated Three Bean Salad Fresh Apple Corn Bread 	<p>27</p> <ul style="list-style-type: none"> Teriyaki Chicken Cauliflower Cucumber, Tomato & Onion Salad Fruited Gelatin WW Dinner Roll 	<p>28</p>	<p>29</p>

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

or current resident

Follow Ypsilanti Township Recreation on Facebook!

www.facebook.com/ytownparksandrec/

Smile for the camera! We will occasionally be taking photos to share on our Facebook page!

Focus: HOPE

In partnership with federal and state agencies, Focus: HOPE provides food boxes to senior citizens who are 60 years old or older and reside in Washtenaw county. *Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am*

To apply to receive food
please call

313-494-4600

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Heather Jarrell Roe, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Debbie Swanson, Trustee
John Newman, Trustee
Ryan Hunter, Trustee

The Ypsilanti Township
50 & Beyond Program
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org

734-544-3800