

50 & Beyond Newsletter

March 2025



Recreation Coordinator:

Nichole Passmore

Mon - Fri, 8:00am - 4:00pm

npassmore@ypsitownship.org

Senior Aide: **Donna Medos**

Mon - Thurs, 9:00am-12:00pm

dmedos@ypsitownship.org

Center Hours:

Mon - Fri, 8:00am - 4:00pm

Community Center Phone:

734-544-3800



Spring Forward

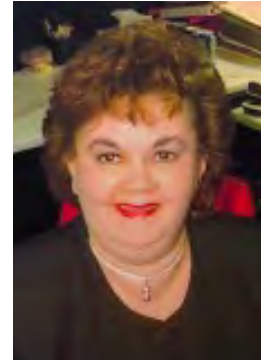
March 9, 2025
at 2:00 am

Ypsilanti Township Community Center
2025 E. Clark Rd, Ypsilanti 734-544-3800 ypsitownship.org

March Birthdays

- 3/1 Elaine Mashatt, Carolyn Kusch
- 3/2 Timothy Holcomb-Densmore,
Anita Murff, Laurie Dean,
Crystal Robinson
- 3/4 Fred Hargrave, Mary Firm,
Ryan Hanekamp
- 3/5 Vivian Phillips
- 3/6 Annie Constant, Gayla Cullens
- 3/7 Odell Griffin
- 3/8 Cynthia White, Mary Love
- 3/9 Bennie Yount, Eileen Jousma,
James A Smallish
- 3/10 Mary Zeigler, John Smallish,
Annette Green
- 3/11 Doris Knight, Peter Giles, Karla Terry
- 3/14 Cynthia Stallworth, Kathleen Tippie
- 3/15 Susan Groat
- 3/16 Teresa Burhans
- 3/17 Twylla Tassava
- 3/18 Tarita Fonville
- 3/19 William G. Nickels
- 3/20 Kenneth Stewart
- 3/22 Alvin Rudisill, Lacy Horne
- 3/23 Audrey Hanzlian, Derwin Penn
- 3/25 Jinnese Dabney
- 3/26 Esther Bardon, Linda Stevens
- 3/28 Eula Lee Maddox
- 3/29 Linda Repasky, Karen Denike
- 3/30 Cynthia Ann Maxwell, Susan Sweeney
- 3/31 Millicent Fasing

In Loving Memory...



Louise Holman



Nancy McKeone

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*



Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.
- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. Right there in the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Library Books

We are so fortunate that the Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. And more importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

Black Voices of Dignity: Exhibit

The Community Center is excited to be hosting this popular exhibit in March of 2025.

The Black Voices of Dignity exhibit is a glimpse into the African-American experience. The historic images displayed tell compelling stories of the struggles, strengths, triumphs, and hopes of an oppressed people: snapshots into the Black American's resiliency. Some images are uplifting and inspiring while others paint a picture of pain, all are woven into the fabric of American life. This exhibit was generously created by Edda Williams and will be on display in the room 202 showcase.

COVID-19 Resources

A limited quantity of adult and children's KN95 masks and iHealth COVID testing kits are ready for pick-up at two locations:

- Civic Center (7200 S. Huron River Dr.)
- Community Center (2025 E. Clark Rd.)

The Michigan Department of Health and Human Services (MDHHS) encourages Michiganders to get free COVID-19 at-home tests through the federal government's COVID-19 tests website (covidtests.gov) and provides additional information about state-specific testing resources. Please note: Tests may show "expired" dates on the box, but the FDA has extended those dates

Braille & Talking Book Library

Individuals who are no longer able to hold a physical book qualify for free audio and braille books through the Braille & Talking Book Library.

Learn more at Michigan.gov/BTBL.

Smoke Detectors

The Ypsilanti Township Fire Department offers free smoke detectors and carbon monoxide detectors, including installation! If you would like to receive one please contact the fire station at 734-544-4225

Attend a Local Advisory Council Meeting

The Local Advisory Council (LAC) advises the Ann Arbor Area Transportation Authority on services for seniors and persons with disabilities. Interested in what is discussed at the Local Advisory Council (LAC) meetings?

The LAC meets at the TheRide's Main Office, on the second Tuesday of every month from 1:30 p.m. to 3:00 p.m. The office is accessible by A-Ride and Route 6. For more information, call 734-973-6500.

Drop In Activities

Saturday Music

1st Saturday - Mike, Linda & Jay are back!
 2nd Saturday - No Music
 3rd Saturday - Southern Echos
 4th Saturday - Nit Pickers

Saturdays 2:00 - 5:00pm

*Room location may vary & subject to availability.

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Daily Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Quilters	10:00am	Mon/Weds
Pickleball	8:00am	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Yarn Club	10:00am	Tues
Country Music	9:30am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card Making Club	1:00pm	Thurs
		Bi-weekly

***Please note membership is required for drop in activities**

Billiards

Stop by room 201 to play a few games!
 Please be sure to use the sign up sheet!



Music Makers

Returns in March! This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:00am - 11:00am

Yarn & All That Jazz!

Knitters, crochet workers and yarn lovers of all kinds are welcome! Always wanted to learn? Come by and we will show you the ropes!

Tuesdays 10:00am

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Thursdays 11:00am

Euchre Club

Please stop by for Euchre on Thursday afternoons! Bring a friend! We are excited to see this group growing! **Thursdays 1:00pm**

Billiards with Bill

Bill Stewart is an former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

Day: Wednesdays

Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Classes, Programs & More

Penny Bingo

Be sure to bring plenty of pennies! Lots and lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, April 11

Time: 1:00pm

Cost: \$1 per card

Tangled Tennies!

Intro to Zentangle is REQUIRED in order to take this class. Step into Spring in Tangled Tennies! You must bring your own white or light colored canvas tennis shoes, high-tops, slip-on shoes or canvas tote bag to tangle on. You'll be using a Sakura Black two pointed IDent-Pen. You may bring your own or purchase one in class. You'll also need your Zentangle pencil 8 tortillon for shading.

Date: Thursday, May 8

Time: 1:00-4:00pm

Cost: \$20

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, April 2 - May 7

Time: 1:00-3:00pm

Cost: \$25

***There is an additional supply fee of \$40 due to the instructor at the first class**

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

Date: Tuesdays, February 25 - Apr 1

Time: 1:00pm

Cost: \$40/Ypsilanti Twp Resident
\$50/Non-Resident

Classes, Programs & More

Liver Cirrhosis Seminar

Join us for an informative seminar on liver cirrhosis—what it is, how it develops, and the key steps to protect your liver. Learn about lifestyle changes, early detection, and available resources to help manage liver health!

Date: Saturday, March 1

Time: 10:00 - 11:00am

No fee for this informative session, please pre-register so we can plan accordingly.

Cool Tech for Older Adults

Discover how technology is changing the lives of older adults, learn why it can be so frustrating to use, and explore exciting devices, apps, and websites designed to help seniors stay connected, healthy, and age in place. Instructor James Giordani received his MSW from the University of Michigan with a focus on enhancing the quality of life and independence of seniors through technology. He has been teaching tech skills and providing in-home tech support tailored to older adults for over 8 years. James breaks down the confusing world of technology into clear, understandable, and interesting presentations whether you're a tech novice or a tech master.

Date: Thursday, March 6

Time: 2:00pm

No fee for this informative session, please pre-register so we can plan accordingly.

Community Center Fitness Room

Our fitness room open! Get a jump start on Spring and get moving! It's important to stay active all year long and our fitness room is a great way to do just that! Treadmill, stationary bike, elliptical machines as well as dumbbells, medicine ball, and yoga balls are available for use. **Fitness room is open during regular building hours.** Please wipe down machines after each use to them to keep things clean for everyone.

Functional Mobility

At the time of print details are still being determined, but this amazing class is coming our way in March!

This class features exercises that focus on mobility. Designed to help people that want to remain independent and alleviate pain through movement.

Date, Times and cost are to be determined but classes will be held on Wednesday mornings.



Tax Tips for Seniors

The Michigan Law Low-Income Taxpayer Clinic provides free legal assistance to qualifying individuals facing federal tax controversies. Under attorney supervision, law students at the clinic represent clients in disputes with the IRS, including audits, Tax Court petitions, and collections notices.

In this presentation, student clinicians will cover essential tax filing tips for seniors for the 2024 tax year. Attendees will learn about available tax credits, deductions, and taxpayer rights. After the presentation, the student clinicians will be available to answer questions regarding general tax information, but cannot provide individualized tax advice.

Date: Friday, March 14

Time: 1:00pm

No fee for this informative session, please pre-register so we can plan accordingly.

Health & Wellness

Pickleball

Pickleball has emerged as the fastest growing sport in America! Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

Maintaining a Healthy Brain

The aging process typically begins to impact the brain before 40, when cognitive abilities such as processing speed and memory start to decline. There are a number of things you can do to slow this process and keep your brain in shape for years afterwards. The more that you take care of your body and 'exercise' your brain, the more you can slow down the aging process. Learn how to improve brain health and discover facts about brain health during this informative class.

Date: Friday, March 28

Time: 10 - 11:30am

***There is no fee but please pre-register.**

Sponsored by the Turner Senior Wellness Program

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Feb 27 - April 3

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Get Fit While You Sit!

Performing chair exercises is great for individuals with limited mobility, can help exercise the joints and burn calories! Other benefits include improved posture, flexibility, muscle strength, circulation and balance.

Date: Thursdays, Feb 27 - Apr 3

Time: 6:00-7:00pm

Fee: \$10/class or \$45 for the whole session

Health & Wellness

Tap Dance Practice Session

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance. Drop in fee available.

Day: Thursdays
Dates: Feb 20 - Mar 20 (4 weeks)
Time: 11:00-11:45am
Fee: \$18/Six Week Session

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday & Thursday
Time: 11:30am -12:30pm
Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Instructor: Candice Carbajal PT, DPT, OCS
Date: Friday, March 14
Time: 9:30am - 10:00am
Cost: There is no fee for this class but you **MUST** pre-register

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. **There is a \$20 per month suggested donation payable to Kidney Foundation.**

Day	Time	Room
Mondays	11am-12pm	105
Tuesdays	11am-12pm	Gym
Fridays	11am-12pm	105

T.O.P.S. Every Thursday

T.O.P.S. is a weight control program which uses group support, competition & recognition to motivate and aid weight loss goals set by physicians.

9:00am weigh in 10:00am meeting begins

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham
Date: Tues., 1/14 - 3/18
Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens
Date: Tues., 1/14 - 3/18
Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote
Date: Weds., 1/8 - 3/12
Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams
Date: Thurs., 1/16 - 3/20
Time: 9:30 - 10:30am

Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

March

- 5 - Upscale Consignment & More
- 8 - Eastern Market: Detroit
- 11 - Firekeepers Casino: Battle Creek
- 18 - Henry Ford Museum, Dearborn
- 20 - Lunch Out: Al Ameer, Canton

April

- 4 - Genitti's Lunch Theater
- 9 - Discover Dundee
- 12 - Eastern Market: Detroit
- 15 - R.E.S.P.E.C.T., Stranahan Theater: Toledo
- 22 - Firekeepers Casino: Battle Creek
- 24 - Lunch Out: Metzger's, Ann Arbor
- 24 - Historic Marshall w/ Bianco Tours

May

- 3 - Eastern Market, Detroit
- 6 - Holland Tulip Time w/ Bianco Tours
- 8 - Eastern Market: Detroit
- 15 - Lunch Out: Bahama Breeze, Livonia
- 20 - Firekeepers Casino: Battle Creek

Important Notice!!!!

* **Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

****No Shows:**

Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination; making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

FAQ's

Frequently Asked Questions

50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

Non-members will be charged an additional fee of \$5 per trip.

2. How do I sign up?

Sign ups and waitlists for all trips are done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? Please update this information at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

ATTENTION:

- Pay later may not be available for some trips.
- Please do not register someone to hold a spot without first confirming they actually want to attend.
- If you are on the list and have not paid one week prior to the trip you will be removed. Our numbers often determine whether or not a trip will run and other times we have several people on the waitlist that would like to attend.
- If you are on the list we expect you to participate and make a timely payment.
- Repeat offenders will have their accounts flagged and be required to make payment at the time of registration.



Michigan Central Station Tour

Currently all group tour slots for Michigan Central Station are fully booked. The company offering the tours, Detroit History Tours, is actively working on adding future dates and times to the schedule and we are working closely with them to secure a second and third outing for our group. If you are already on the waitlist you will be contacted directly as soon as we have new dates scheduled!

FireKeepers Casino Day Trip, Battle Creek, MI

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a 200 seat Bingo room; a live poker room and exclusive high limit areas & VIP lounge, you'll see why FireKeepers is Battle Creek's gaming hotspot.

**Dates: Tuesday, March 11
Tuesday, April 22**

Bus Departs: 8:30am Bus Returns: 5:00pm
Cost: \$30 for each date
All expenses are on your own.

Eastern Market, Detroit

Visit the market with us and do a little shopping! The market is perfect for stocking up on fresh produce, baked goods, and meats.

**Dates: Saturday, March 8
Saturday, April 12**

Bus Departs: 8:00am Bus Returns: 12:00pm
Cost: \$10 for each date

Lunch Out:

Al Ameer, Canton

Established in 1989 in Dearborn, Al Ameer Restaurant is a "go-to" choice for anyone in search of authentic Mediterranean cuisine. When possible, local farmers play an important role on the menu with offers of fruits and vegetables sourced at the local farm market. The owners control the supply chain for their meats to ensure only the freshest cuts make it from farm to table, and the original recipes chart the course for goodness. High quality, all natural ingredients are the reason for the enduring success of this restaurant.

Date: Thursday, March 20

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Metzger's, Ann Arbor

For over 95 years, Metzger's German Restaurant has been an iconic part of the Ann Arbor cultural scene and a reminder of the contributions of Ann Arbor's early German immigrants. For all those years, the Metzger family has served rich, tasty, and traditional German cuisine. Today, having spanned four generations of Metzger's, the restaurant thrives, and meets the highest standards of traditional German food.

Date: Thursday, April 24

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Bahama Breeze, Livonia

If you're looking for handcrafted tropical drinks and a vibrant island atmosphere, look no further than the Bahama Breeze Island Grille serving the best in Caribbean cuisine!

Date: Thursday, May 15

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Travel

Upscale Consignment & More!

We are ready to SHOP! Join us as we take you Resale shopping to the a variety of Consignment and thrift shops! We start with a couple of thrift stores that support some great causes, take a brief stop for lunch & then on to some upscale Consignment stores! Stops may include:

Waterford Township

-Freedom Treasures Resale Store

-Open Door Thrift Store

West Bloomfield & Novi

-Closet NV

-Clothes Mentor

You are responsible for the cost of your meal & purchases.

Date: Wednesday, March 5

Departs: 8:30am Returns: approx 4:30pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**

Discover Dundee

Join us as we travel to Dundee, MI. Our first stop is at Cabela's gigantic 225,000 square-foot retail showroom packed with outdoor equipment to help you get the most out of your next adventure. Before heading for lunch we will make a quick stop at the Jerky Outlet for anyone that wants to purchase some homemade Beef Jerky. Then we are off to the Great Lakes Eatery for lunch and after lunch we will head to Russell Stover for candies, coffee and ice cream. Lunch is on your own. You decide what you spend throughout the day. **You are responsible for the cost of your meal & purchases.**

Date: Wednesday, April 9

Departs: 9:00am Returns: approx 3:00pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**

*Henry Ford Museum, Dearborn

Featured exhibit - We Shall Overcome: The 60th Anniversary of the Voting Rights Act. While viewing the content and stories, you are encouraged to think about how to keep the movement for equality moving forward. This display also introduces Dr. Sullivan and Mrs. Richie Jean Sherrod Jackson and their family from Selma, Alabama. Learn how everyday people opened the doors to their home to help fuel a movement. Explore the museum at your leisure, after the museum we will stop at Ford's Garage for lunch, cost of meal is on your own.

Date: Tuesday, March 18

Departs: 9:00am Returns: approx 3:00pm

Cost: \$36

***Pay later is unavailable for this trip.**

*Genitti's Theater, Northville

"A Game of Death" an interactive comedy murder mystery. You're invited to the taping of the pilot episode of what promises to be the everyone's favorite 1970's game show: The Lucky Duck! Featuring fabulous prizes, celebrity guests, and as "luck" would have it, a murder. You'll get to play along and even vote for the killer in this comedy murder mystery! Lunch is a seven-course family-style Italian meal.

Menu Includes: Italian Wedding Soup, Garlic Breadsticks, Genitti's Very Own White Pasta, Antipasto Salad with Italian Vinaigrette, Baked Chicken with Vegetable, Italian Steak with Oven-Roasted Potatoes, Italian Sausage with Green Peppers & Onions, Cannoli for Dessert. (*pricing includes all non-alcoholic beverages)

Like an Italian wedding, it features lots of food, served hot on platters right to the table.

Date: Friday, April 4

Departs: 10:45a Returns: approx. 4:00pm

Cost: \$60

***Pay later is unavailable for this trip.**

*R.E.S.P.E.C.T. A Celebration of the Music of Aretha Franklin, Toledo

R.E.S.P.E.C.T. is an electrifying tribute celebrating the music of the legendary Aretha Franklin. Starring a live band and supreme vocalists, come experience a night of music by one of the greatest artists of all time. Featuring all your favorite hits in one evening, including "Natural Woman," "Think," "I Knew You Were Waiting for Me," "Chain of Fools," "Respect," you'll be out of your seat & dancing in the aisles as you lose yourself in the music that inspired a generation. We will stop for dinner prior to the show. *Cost of the meal is on your own.*

Date: Tuesday, April 15

Departs: 4:00pm Returns: approx. 10:30pm

Cost: \$110 *Pay later is unavailable for this trip. Trip must be paid for at time of registration.

Historic Marshall w/ Bianco Tours

Tour of Historic Marshall - We'll drive through the beautiful city of Marshall and see some of the lovely historic homes as well as making stops and touring three historic museums:

- **Honolulu House** - This house was built in 1860 by the first U.S. consul to the Sandwich Islands. For the next century it served as the residence of four families, until the Marshall Historical Society was formed in 1961 and turned it into a museum. The Museum is a wonderful blend of Italianate, Gothic Revival, and Polynesian architecture.

- **Governor's Mansion Museum** - The Governor's Mansion was built in 1839 with the hopes that it would become the governor's home if Marshall were selected as the state capital.

- **Schuler's Restaurant & Pub** (included lunch) - For more than a century, the Schuler family has been welcoming guests to their restaurant

- **United States Postal Museum** - The second largest Postal Service Museum in the U.S., second in size only to the National Postal Museum. The museum has a wonderful collection of Postal memorabilia, including 3 mail buggies and 3 vehicles on display.

Date: Thursday, April 24

Departs: 8:00am **Returns:** 5:30pm

Cost: \$114 per person

Holland Tulip Time w/ Bianco

Curragh Irish Pub and Restaurant (included lunch) This restaurant is the social hub of the community. Half of the magic of Ireland lies in the people, for whom great conversation and good humor are at the very heart of a wonderful culture.

Free time for shopping in downtown Holland

Veldheer Tulip Gardens (admission included) - Holland's only tulip farm & perennial garden. In 1950 Vern Veldheer started a hobby farm with 100 red tulips and 300 white tulips, today Veldheers plants over 5.5 million tulips on their 30 acres for you to walk through and enjoy. Perennials and flowers are brought in from around the world for you to buy and plant in your gardens. Also visit the Wooden Shoe and Delft Factory.

Date: Tuesday, May 6

Departs: 7:45am **Returns:** 8:15pm

Cost: \$145 per person

Inside Detroit w/ Bianco Tours

Detroit Historical Museum - The Detroit Historical Museum, now boasts five, exciting new exhibits which showcase Detroit's rich legacy of music, innovation and culture. Exciting additions have also been added to signature exhibits such as the beloved "Streets of Old Detroit" and "Motor City."

Andiamo Riverfront (included lunch) - Enjoy downtown Detroit at the water's edge in the beautiful GM Renaissance Center Wintergarden. Enjoy Entree choices are: Chicken Marsala, Salmon Bruschetta or Cheese Filled Ravioli.

Guided tour of Hitsville USA (Motown Historical Museum) - One of Detroit's most popular tourist destinations, founded in 1985. Trace the roots of Motown's remarkable story and chronicle its impact on 20th century popular culture and musical styles. The story begins with Berry Gordy, Jr. and a small house in Detroit that he christened "Hitsville USA" and continues as Motown evolves into a major entertainment enterprise that was among the most diverse and influential in the world.

Date: Wednesday, May 21

Departs: 7:45am **Returns:** 5:30pm

Cost: \$129 per person

**There is a fair amount of walking and some steps on this tour.*

Bay City, Michigan w/ Bianco Tours

City Tour - A lumber & shipping town, Bay City has many old stories, filled with ghosts, legends and other folk lore. Tour Bay City with a local guide to learn about Hell's Half Mile and Water Street where up to 5,000 loggers would hit the street at once to visit their favorite dens of sin, like the Red Light, the Brunswick, & Ma Duffy's **Krzysiak's House** (included lunch buffet) - One of the most popular restaurants in the Bay area, Krzysiak's offers authentic Polish food. Famous for good food, baked goods and homemade noodles.

River Cruise aboard the Princess Wenonah* - Passengers will enjoy a 2-hour cruise down the Saginaw River into Saginaw Bay while learning about the rich history of this old lumber and ship-building town. * Ship sails at Captain's discretion.

Date: Friday, July 18

Departs: 6:30am **Returns:** 6:30pm

Cost: \$125 per person

Extended Travel

Haunted Happenings

A Spooky Trip to Northeast Ohio

w/ Bianco Tours

October 31 - November 1, Friday - Saturday

Round Trip Transportation:

Via deluxe highway motorcoach. Equipped with reclining seats, overhead storage, & restroom for your comfort and convenience.

Accommodations:

- 1 Night at Springfield Suites or Courtyard by Marriott Canfield, OH

Included Meals:

- 1 Breakfast, 1 Lunch & 1 Dinner

Featuring:

- Cuyahoga Railroad Located in the 33,000 acre national park, we will embark on a 2 hour train ride through the beautiful fall foliage.
- Murder Mystery Dinner Show Celebrate Halloween with a fun "who-dun-it." Be part of the show and enjoy uproarious laughter, mystery and more than a few surprises.
- The Ohio State Reformatory Stroll the halls and visit the cells of some of history's toughest criminals. Tour the intact set of world's favorite movie, *The Shawshank Redemption*.

Date: Friday—Saturday,
October 31—November 1

Cost: \$445 per person for double occupancy

**Escorted by a professional Bianco Tour Director*

Explore Tuscany

w/ Collette Vacations

September 10 –18, 2025

Rolling landscapes, savory wines, delicious food and stunning architecture – find all of this and more in Tuscany. Unpack once on this journey among Italy's most charming towns. Double occupancy rooms start at \$4,399 per person.

*A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of March 10, 2025 are based upon availability. **Final payment due by June 12, 2025.***

Deposits are refundable up until March 17, 2025.

Canada/New England

w/ Grand American

September 21-28, 2025

Fall in love with the Northeast aboard Norwegian Getaway. Browse Bar Harbor's many boutique shops, hike to a scenic overlook in famed Acadia National Park or savor a classic New England lobster bake. Then enjoy a narrated excursion through scenic Halifax, past historic sites and along a coastal highway to the picturesque village of Peggy's Cove. In Canada's oldest city, St. John's, you can soak in the best view of the cityscape at Signal Hill National Historic Site or take to the sea on a whale watching or kayaking tour. Double occupancy cabins start at \$2424/person. *A deposit of \$350 per person is due upon reservation. Final payment is due **April 24, 2025***

Hawaii w/ Grand American Tours

February 5 - 14, 2026

Norwegian Cruise Line on the Pride of America | Roundtrip Honolulu

Honolulu, Oahu ~ Kahului, Maui ~ Hilo, Hawaii ~ Kona, Hawaii ~ Nawiliwili, Kauai ~ Honolulu, Oahu

Feel free to let the gentle breezes of Waikīkī stir up your Aloha spirit as you set out to explore the Hawaiian islands with Norwegian. Soak up the vibes as you sink your toes in a black-sand beach before your trek to the top of Haleakalā — Maui's massive volcano. When the sun sets, get ready for unforgettable stargazing well past midnight. You'll have plenty of time to explore the culture, sights and local flavor of five unique ports including O`ahu, Maui, Hilo, Kona and Kaua`i. Looking to make the most out of your time in the region? Discover the newly refurbished Norwegian Jewel as you witness the South Pacific's untouched islands on a Hawaii and French Polynesia cruise. Experience the lush forests, crystal-clear turquoise waters and colorful undersea life that will have you feeling like you are in paradise.

Double occupancy cabins start at \$5755/person.

*A deposit of \$350 per person is due upon reservation. Final payment is due **September 10, 2025***

Rates are per person double occupancy and include roundtrip airfare from Detroit, 2 pre-nights with tours, cruise, service gratuities, beverage and dining package gratuities, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE

Just for Fun

The Center is considering having a booth at the Rosie Show this year. If you are interested in selling your crafted items please contact Nichole at 734-544-3805. All crafters would be required to work a minimum of 1 hour at our booth and donate one crafted item to the hourly raffle drawing

Calling
all
Crafters!

8th Annual ROSIE THE RIVETER SHOW

10am- 4pm
SATURDAY
JULY 26

North Bay Park, 1151 S Huron St., Ypsilanti, MI 48197

TALENT SHOW!

Do you have a hidden talent or passion you'd love to showcase?
50 & Beyond is hosting a Talent Show, and we want YOU to be part of it!
Whether you're a singer, dancer, comedian, musician, magician, or have another unique talent, we welcome all forms of performance!
Please let us know if you are interested in participating. We will schedule a date once we confirm interest.

DATE TO BE DETERMINED

Call us at 734-544-3805 if you're interested!



Free Tax Return Preparation

➤ **United Way Washtenaw County:**

Phone: 800-552-1183

January 21-April 15, 2025

Tuesday-Wednesday 9am - 5pm

Thursday 12pm - 8pm

Friday-Saturday 9am - 5pm

Appointment scheduling available

➤ **Ypsilanti District Library:**

<https://www.ypsilibrary.org/taxprep>

Tax assistance from February - April. Details will be announced soon. Appointments must be scheduled in advance.

- 577 Whittaker Rd, Ypsilanti
734-482-4110, ext 2411
- 1900 Harris Rd, Ypsilanti
734-482-4110, ext 2421

➤ **Saline Area Senior Center:**

7190 North Maple, Saline 734-429-9274

Mondays, February 3 - April 7, 2025. Please call after January 14, 2025 for an appointment.

<https://www.salineseniors.org/taxes-medicare>

➤ **Chelsea Senior Center:** 512 Washington Street, Chelsea. 734-475-9242

Thursdays, February 13—April 10, 2025

Appointments may be booked beginning the end of January.

➤ **Eastern Michigan:** Halle Library, Room 110 955 W Circle Dr., Ypsilanti.

Please call 313-556-1920 for an appointment

Saturdays 12pm - 4pm

from February 1 - March 29, 2025.

Senior Cafe Menu

March

MON	TUE	WED	THU	FRI
3 <ul style="list-style-type: none"> • Sloppy Joe Sandwich • O'Brien Potatoes • Baked Beans • Diced Peaches 	4 <ul style="list-style-type: none"> • Chicken Jambalaya w/ Vegetables • Creole Green Beans w/ Tomatoes • Tropical Fruit Salad • Raspberry Filled Powdered Donut 	5 <ul style="list-style-type: none"> • Baked Ziti • Brussels Sprouts • Italian Garden Salad • Strawberries w/ Whip Topping • Italian Bread 	6 <ul style="list-style-type: none"> • Oven Baked Chicken • Cauliflower with Cheese Sauce • Steamed Collard Greens • Fresh Orange • Biscuit w/ Margarine 	7 <ul style="list-style-type: none"> • Tuna Noodle Casserole • Diced Carrots • Creamy Coleslaw • Fresh Banana • WW Bread
10 <ul style="list-style-type: none"> • Hawaiian Meatballs over Brown Rice • Whole Kernel Corn • Green Beans • Apricots • WW Dinner Roll 	11 <ul style="list-style-type: none"> • Turkey Enchilada Casserole • Refried Beans • Broccoli, Cauliflower & Tomato Salad • Mandarin Oranges & Pineapple Tidbits • WW Bread 	12 <ul style="list-style-type: none"> • Stuffed Pepper • Garden Salad • Mashed Redskin Potatoes • Mixed Berries w/ Whip Topping • WW Dinner Roll 	13 <ul style="list-style-type: none"> • Chicken Broccoli Rice Casserole • Zucchini & Tomatoes • Brown Bean Salad • Fresh Apple • Cornbread 	14 <ul style="list-style-type: none"> • Potato Pollock • Garden Peas & Pearl Onions • Diced Pickled Beets & Onion Salad • Fresh Banana • Dinner Roll
17 <ul style="list-style-type: none"> • Corned Beef • Parsley Potatoes • Cabbage & Carrots • Lime Fruit Gelatin • WW Dinner Roll • Oatmeal Raisin Cookie 	18 <ul style="list-style-type: none"> • Pepper Steak over Brown Rice • Whole Kernel Corn • Zucchini & Tomatoes • Tropical Fruit Salad • WW Bread 	19 <ul style="list-style-type: none"> • BBQ Chicken Breast • Baked Beans • Cucumber, Tomato & Onion Salad • Fresh Banana • Cornbread 	20 <ul style="list-style-type: none"> • Submarine Sandwich • Pasta Salad • Twice Baked Potato Chowder • Fresh Apple 	21 <ul style="list-style-type: none"> • Florentine Stuffed Shells • Italian Garden Salad • Green Beans • Strawberries w/ Whip Topping • Italian Bread
24 <ul style="list-style-type: none"> • Teriyaki Beef Dippers • California Blend Vegetables • Carrot Coins • Cinnamon Applesauce • Dinner Roll 	25 <ul style="list-style-type: none"> • Chicken Pasta Primavera • Brussels Sprouts • Garden Salad • Pineapple Dessert • Italian Bread 	26 <ul style="list-style-type: none"> • Turkey Burger • Baked Beans • Spinach Salad • Mixed Berries w/ Whip Topping 	27 <ul style="list-style-type: none"> • Roast Beef • Mashed Redskin Potatoes • Creamy Coleslaw • Fresh Apple • WW Dinner Roll 	28 <ul style="list-style-type: none"> • Baked Macaroni & Cheese • Green Beans • Marinated Chick Peas & Tomatoes • Fresh Banana • WW Bread
31 <ul style="list-style-type: none"> • Sweet & Sour Chicken w/ Vegetables • Confetti Fried Rice • Diced Peaches • WW Bread 	<p>*A suggested \$3 donation is recommended but <u>not</u> required.</p> <p>1% Milk Served with each meal.</p> <p>Please sign up one week in advance.</p> <p>Lunch is available for pick up 11:00am-12:30pm.</p>			

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

or current resident

Focus: HOPE

In partnership with federal and state agencies, Focus: HOPE provides food boxes to senior citizens 60 years old or older, reside in Washtenaw county. *Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am*

The schedule for 2025 is as follows:

- March 6th
- April 3rd
- May 1st
- June 5th - Double Distribution
- July - received in June
- August 7th
- September 4th
- October 2nd
- November 6th
- December 4th

To apply to receive food please call **313-494-4600**

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

**The Ypsilanti Township
50 & Beyond Program
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.**



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org 734-544-3800