

50 & Beyond Newsletter

July 2026

Recreation Coordinator
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Community Center Phone
734-544-3800



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

July Birthdays

- 1 Lynn Elswick
- 2 Andrea Johnson, Irene Allen
Belinda K Burhans
- 3 Gail Pacurai, Janine Abernathy
Miriam Cepeda
- 5 Brigitte M. Vallion
Earl Leslie Mc Naughton
- 6 Leslie Roberson, Tina Moss
- 7 John Warford
- 8 Phyllis Roberts, Sandra Tweedy
John Powell
- 9 James Mullin, Bruce E Pollard
- 10 Robbin Stachlewitz
- 11 Kenneth Dempich
- 12 Salundia Yarbough, Margy Anderson
- 13 Gloria Richards, Trina D. Vallion
Ayman Almadhoun, Deborah Bailey
- 14 Esther Farley
- 15 Kathleen Gagnon, Susan Werth
- 16 Karen Parker
- 17 Christine Kelley, John McAuliffe
- 18 Odessa Smith, Mary Anne Nugent
- 20 Patricia Bobo, Susan Scott
Sandi Knaup, Patricia Cook,
Karen Taylor
- 21 Debra Abbeg, Bonnie Floreske
- 22 Sharon Erhart
- 23 Martha Andren, Judith Julie
- 24 Wayne M Smith
- 27 Brad Caudill, Lola Yarbough
Veleria Banks
- 28 Lucindra Willowtree, Andrea Bond
Marilyn Rintamaki, Sheila Smith
- 29 Christine Johnson
- 30 Gloria Mae Budimerovich
- 31 Sheila Robertson

In Loving Memory...

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org



Danny Cook



Jane Munro

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.



Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees: Individual Fees:

Resident \$15 Non-Resident Fee: \$20

Household Fees:

Resident Fee: \$25 Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilting	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ladies Billiard Hour	10:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Colors	10:30am	W
TOPS	10:00am	Th
Euchre	1:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri

Diamond Art

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:30am - 11:00am

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesdays

Time: 10:00am

Location: Room 202

Creative Colors & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more. Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function.

Wednesdays 10:30am

Participation Matters!

Our Drop-In Activities are designed to be flexible & fun, but it only works if YOU show up! The more people who join, the better the experience for everyone. So if you're interested, drop in, bring a friend, & help make it a success. We can't do it without you!

Pinochle

Whether you're brand new to the game or have years of experience, you're welcome at the table. Beginners are encouraged to come learn and play, and we kindly ask our seasoned players to help create a welcoming environment by being patient with those just getting started. It's a great way to sharpen your skills, meet new friends and start the week with some fun!

Mondays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Fridays 11:00am

Ladies Only Billiards Hour

Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies!

Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.

Day: Tuesdays

Time: 10:00-11:00am

Billiards with Bill

Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive instruction on playing 8 and 9-ball billiards. Fundamentals of shooting & game strategy will also be covered.

Day: Thursdays Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Billiards Challenge Tournament

Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.

First Wednesday of each month at 1:00pm

Free Transportation



Older Adults Transportation

Free transportation for adults aged 60 and older that reside in Washtenaw County.



Transportation providers shown for their pickup area; contact individual providers for more information on destinations and roundtrips.

Orange: WAVE or JFS Yellow: PEX or JFS Blue: JFS Pink: JFS, PEX, or WAVE

Great news! Washtenaw County Seniors can now receive FREE transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):

734-769-0209 ext 2

People's Express (PEX):

877-214-6073

Western Washtenaw Area Value

Express (WAVE):

734-475-9494

Questions call 734-222-6850 or

Email: AgeingServices@washtenaw.org



WALKING CHALLENGE

Sweet Success Dance Party

YOU DID IT! LET'S CELEBRATE
ALL OF THOSE STEPS WITH
SOME SWEET DESSERTS AND
THEN DANCE IT ALL OFF!

Wednesday
August 12
1 - 3pm

Classes & Programs

Intro to Zentangle

Zentangle is a fun, relaxing and easy-to-learn way to make beautiful images with repeated strokes. No artistic ability required· come give your inner artist an outlet'

Date: Tuesday, July 14

Sign-up deadline: Tuesday, July 7

Time: 10:00-12:30

Fee: \$25

There is an additional \$8 materials fee payable by cash or check to the instructor at the first class.

Location: Room 103

****This class is a prerequisite for all other Zentangle classes!!***

ZT Project: Triskele Paper Spheres**

For this project you'll tangle 3 strips of paper, then score, and assemble them into a Triskele Paper Sphere. Please bring: a pointed bone folder, an embossing tool, or an 01 metal crochet hook; a pair of scissors; and your Zentangle kit/pens

Date: Thursday, July 23

*Registration Deadline July 16

Time: 2:30pm-4:30pm

Cost: \$20

*There is an additional supply fee of \$4 payable in class. (Cash or check only please)

Location: Room 101

****Prerequisite: Intro to Zentangle**

Drop In Tangle Time: Thursday, July 30 2:30 - 4:00pm

Classes & Programs

Care Before the Crisis: Planning for Care at Every Stage of Life

This course is intentionally designed to meet people where they are, across life stages, while focusing on practical decisions that drive better outcomes and higher engagement.

This educational seminar takes a real-world, multi-generational approach to care planning. It explains how short-term care needs—such as recovery after surgery, temporary in-home assistance, or transitional care—often become the first point of entry into longer-term care decisions.

Participants learn how Medicare fits into these situations, where coverage stops, and how families across age groups can plan ahead using a combination of insurance-based tools, personal resources, and community services.

Date: Wednesday, July 29

Time: 1:00 - 2:30pm

Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

Scams Happen Every Day: Part 2 Taking Control After Awareness

Scams are no longer rare, obvious, or limited to one age group. This session helps seniors recognize modern scam tactics before damage is done, using real-world examples and clear, practical guidance that applies across all life stages. Participants will explore:

- Why responding to online ads and pop-ups on mobile devices increases fraud risk
- How to report scam calls, texts, and emails
- How to use block and report features on smartphones and digital platforms
- Why certain payment methods reduce fraud risk and how to protect transactions

Date: Wednesday, August 19

Time: 1:00 - 2:30pm

Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, July 22 - August 26

Time: 1:00-3:00pm **Cost:** \$25

*There is an additional supply fee of \$40 due to the instructor at the first class

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, July 10

Time: 1:00pm **Cost:** \$1 per card

Watercolor Workshop

Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind—calm, encouraging, and easy to follow. No prior art experience is needed. Participants are guided through the fundamentals of watercolor step by step. Led by artist Julia Wellings, the session starts with simple explanations and practice exercises to get comfortable with the brushes, paper, and paint. From there, participants create a floral-inspired painting - working from a provided reference or following their own ideas at their own pace. Participants will leave with a finished piece to be proud of.

Date: Monday, July 20

Time: 1:00-3:00pm

Cost: \$25

ALL materials are provided

Improvisation for Confidence and Connection

This series of workshops will teach improvisation skills to help with anxiety and isolation and to promote cognitive flexibility. Release anxiety and stress while connecting with others!

Date: August 28, September 4 and 11

Time: 2:00-3:30pm **Cost:** \$20

Students are encouraged, but not required to bring a notebook

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate).

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 9/8 - 11/10

Time: 9:00 - 10:00am

***No Class Nov 3**

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 9/22 - 12/1

Time: 10:30 - 11:30am

***No Class Nov 3**

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles? Instructor: Tammy Foote

Date: Wednesday, 9/9 - 11/18

Time: 11:15am - 12:45pm

***No Class Oct 28**

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength. Instructor: Michelle Williams

Date: Thursday, 9/10 - 11/19

Time: 9:30 - 10:30am

***No Class Oct 29**

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	104
Tuesday	11am-12pm	Gym
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises & balance enhancing routines. This program is geared to fit all body types and abilities.

Day: Monday 11:30am -12:30pm

Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. Join us for the support, accountability and connections that you need on your journey to better health.

Thursdays

9:00am weigh-in

10:00am meeting begins

Bingocize

Looking for a fun, new way to be active and help with fall prevention? This program combines the game of bingo with fun, inclusive exercises for everyone! **Dates & Time TBD at time of print**



Health & Wellness

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness. Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.

Time: 9:30am - 10:00am

Fee: There is no fee for this class but you MUST pre-register

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Jun 11 - Jul 23

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

*Next Zumba Gold session will begin 9/17

Hawaiian Hula for Health

Hula improves memory, balance, coordination, and provides weight loss, boosts energy, and is a low to medium impact exercise. Learn basic steps and hand gestures while benefiting from hula's health advantages.

Date: Wednesdays, Coming this fall!

Time: 10:00-11:00am

Fee: \$5/6 weeks

Boxing

Fitness boxing for seniors is an incredibly effective, low-impact, non-contact workout. It drastically improves cardiovascular health, balance, hand-eye coordination, and cognitive function without placing stress on the joints. It can be safely customized for any mobility level, including seated routines. This unique class is participant-led, allowing members to take an active role in guiding their workout, encouraging each other and creating a fun, supportive environment that promotes both physical fitness and social connection.

Date: Thursdays

Time: 1:00pm

Location: Fitness Room # 203

Area Agency on Aging 1-B



S.H.I.P.

State Health Insurance Assistance Program

AgeWays is the Area Agency on Aging (AAA) for southeast Michigan, serving Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties, and it operates the State Health Insurance Assistance Program (SHIP) to help seniors and people with disabilities navigate Medicare and other health benefits.

Through the SHIP (State Health Insurance Assistance Program) initiative, AgeWays offers free, unbiased counseling to help individuals understand and make informed decisions about Medicare. SHIP counselors are trained to provide education, advocacy, and personalized guidance, and the program is available statewide.

July 15th a SHIP counselor will be available for consultations at the Ypsilanti Township Community Center. Consultations are by appointment only. Appointments can be made by visiting the front desk to sign up or calling 734-544-3800



Ypsilanti Township Community Center • 2025 E Clark Rd, Ypsilanti, MI • 734-544-3800

Upcoming Trips

July

- 2 - Lunch Out: Pete's Garage, Monroe
- 8 - Steam Railroading Institute, Owosso
- 21 - FireKeepers Casino, Battle Creek
- 23 - Sinbad's Restaurant, Detroit
- 24 - Dixieland Flea Market, Waterford
- 25 - Eastern Market, Detroit
- 28 - Oakland County Thrift Tour

August

- 1 - Belle Isle art Fair, Detroit
- 11 - FireKeepers Casino, Battle Creek
- 13 - Detroit Tigers Game, Detroit
- 20 - Lunch Out: Lillie Mae's, Southfield
- 22 - Eastern Market, Detroit

September

- 3 - Michigan State Fair, Novi
- 20 - Frederick Meijer Gardens, Grand Rapids



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
 - Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.



PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know *Before You Go*

Membership

- Membership must be current to register.
- If not current, you may be placed on a waitlist.
- Non-member registration opens 2 weeks prior to the trip (if space allows).
- Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.
- Members may bring a guest for an additional fee. Subject to availability

Registration

- Sign-ups and waitlists are handled at the Community Center front desk.
- Checks should be made payable to YTRD.
- Online registration may be available for select trips.

Payments

- Payment is due 1 week prior to the trip.
- Extended or overnight trips require payment 1 month in advance (unless otherwise noted).
- If payment is not received on time, you may be removed from the list.
- Pay-later options may not be available for all trips.

Waitlist & Attendance

- Please only register if you fully intend to attend.
- Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.
- Repeat no-shows or late payments may require payment at time of registration.

Parking

- Please park in rows beyond the flagpole (Row 3 and up).
- Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.

Bus Etiquette

- Keep device volume low or use headphones.
- Be courteous to fellow travelers.
- Please reserve the front passenger seat for the trip chaperone.

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

FireKeepers Casino Day Trip, Battle Creek, MI

Casino includes over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas.

Dates: Tuesday, July 21
Tuesday, August 11

Bus Departs: 8:30am

Bus Returns: 5:00pm

Cost: \$30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, July 25
Saturday August 22

Departs: 7:00am

Bus Returns: approximately 1:00pm

Cost: \$10

Sinbad's Restaurant, Detroit

Sinbad's began in 1949 as a humble riverfront gathering place—and has grown into a beloved Detroit institution. Founded by brothers-in-law Buster Blancke and Van VanHollebecke, the restaurant has been a staple for boaters, families, and seafood lovers for over 70 years. Today, the Blancke family proudly carries on the tradition, serving up fresh Great Lakes fish, Angus steaks, and our famous house-made clam chowder with the same welcoming spirit. From a Prohibition-era speakeasy to a second-generation family business, Sinbad's remains rooted in community, quality, and the joy of a good meal by the water.

Date: Thursday, July 23

Departs: 10:00am

Returns: approx. 3:00pm

Cost: \$12 *Cost of meal is on your own

Lunch Out:

To help us manage reservations, transportation, & budgeting accurately, we will be offering one trip in both July and August, and will add an additional outing if the waitlist indicates a need.

***Price of the meal is on your own.**

Pete's Garage, Monroe

Cozy bar & grill serving American, Italian & Mexican fare in a relaxed setting with eclectic automotive themed decor.

Date: Thursday, July 2

Departs: 11:00am **Returns:** 3:00pm

Cost: \$12 for transportation only.

Lillie Mae's Southern Buffet, Southfield

Lillie Mae's Southern Buffet is a fast casual dining restaurant located in Southfield, Mi. They offer a variety of southern favorites such as, Fried Catfish, Fried Chicken, Turkey Chops, Smothered Pork Chops, BBQ Ribs, Mac n Cheese, Collard Greens, Sweet Potatoes and much more. They are the Home of Smothered Turkey Legs and Southern Bowls. Come and enjoy Metro Detroit's only dine in Southern buffet

Date: Thursday, August 20

Departs: 10:00am **Returns:** 3:00pm

Cost: \$12 for transportation only.

Belle Isle Art Fair, Detroit

This is beautiful juried art fair features 100 professional artists. The artist stories are one of the main benefits of attending. You will see the artists and hear about their motivation and techniques. By shopping at the Belle Isle Art Fair you will take home much more than just a wonderful painting or jewelry item.... you also take home the story of the art and the island.

Date: Saturday, August 1

Departs: 9:00am

Returns: approx. 1:00pm

Cost: \$12

Steam Railroading Institute, Owosso

Volunteer Tour Guides will escort visitors through the entire museum to get a unique, behind the scenes look at the equipment and collection. The highlight of the tour is a visit to Their backshop where the Pere Marquette 1225 is housed when not operating. Visitors will get a firsthand look at what it takes to restore, maintain, and operate railroading equipment from the golden age of steam. We will stop for lunch at the Wrought Iron Grill. Cost of meal is on your own.

Dates: Wednesday, July 8
Departs: 9:30am
Bus Returns: approximately 5:00pm
Cost: \$25

Oakland County Resale Tour

Join us for a stylish day of shopping as we explore some of the area's favorite consignment and resale boutiques! We'll visit Clothes Mentor of Rochester Hills, Trouve Boutique Resale, WHOO Upscale Resale, Theory & Thread, and the Resale Connection where you'll find gently loved designer fashions, unique accessories and high quality treasures at a fraction of retail prices. We will also make a stop fro lunch, location to be determined. Cost of lunch is on your own.

Date: Tuesday, July 28
Departs: 9:30am
Returns: approx 5:00pm
Cost: \$18 for transportation only

*Cost of lunch & purchases are on your own.

*Detroit Tigers Game, Detroit

Enjoy a beautiful day at Comerica Park at one of three games! We're excited to offer three Detroit Tigers trips this summer! Transportation, great seats and the best company are included! Only 6 spots left, get your ticket today!

Date	Opponent	Cost
Thursday, Aug 13	Guardians	\$70
Departs:	11:00am	
Returns:	5:30pm*	

*or immediately following the game

Dixieland Flea Market, Waterford

You will find over 200 vendors occupying approximately 90,000 square feet of selling space. Our vendors offer nearly anything a person might wish to collect, sell, buy or trade. They carry everything from new and vintage clothing, accessories, costumes, candles, perfumes, games, books, magazines, adult toys, CDs and more! In addition to the many shops, you will find several eateries, jewelry repair, computer repair, graphic design, custom made t-shirts, a hair salon, a barber shop and even a chiropractor. Everything is always on sale at Dixieland!

Date: Friday, July 24
Departs: 11:00am
Returns: approx. 4:00pm
Cost: \$15

Michigan State Fair Senior Day

Special Senior Programming:

10:00am-12:00pm

- Door Prizes and Drawings
- Special Senior Day Vendors
- Giveaways & Contests
- Entertainment

Fair Exploration Time:

12:00pm-2:00pm

Date: Thursday, September 3

Bus Leaves: 9:00am

Bus Returns: 3:00pm

Cost: \$20 transportation

*Food and purchases are not included

*Frederick Meijer Gardens, Grand Rapids

Experience color, form, and luminosity in an entirely new way at CHIHULY at Meijer Gardens, where vibrant glass installations transform the Gardens and an immersive gallery experience. Wind through the pathways in comfort during a private, narrated tour ride. Lunch is provided.

Dates: Thursday, September 17

Departs: 7:00am

Bus Returns: approximately 6:00pm

Cost: \$85

Extended Travel

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) -

Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13, 2026
Departs 9:00am **Returns** 3:30pm
Cost: \$114



Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping, **On-site Buffet Lunch includes:** Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Friday, November 13, 2026
Departs 9:00am **Returns** 3:30pm
Cost: \$114

Extended Travel

Patagonia & Argentina

with Celebrity Cruises

16 DAYS / 15 NIGHTS ~ FEB 26 - MAR 13, 2027

Buenos Aires, Argentina ~ Montevideo, Uruguay
~ Port Stanley, Falkland Island ~ Cape Horn,
Chile ~ Ushuaia, Argentina ~ Strait of Magellan ~
Puntas Arenas, Chile ~ Puerto Madryn,
Argentina ~ Punta Del Este, Uruguay

Double occupancy cabins start at \$5295/person.

Final payment is due by **October 29, 2026**. Rates
are per person double occupancy and include
roundtrip airfare from Detroit, cruise, port charges,
government fees, taxes and transfers to/from
ship. AIR PRICES ARE SUBJECT TO CHANGE.

Air to depart U.S. one day prior to cruise
departure.

Japan: Hokkaido Cherry Blossoms

with Princess Cruises

13 DAYS / 12 NIGHTS ~ Apr 20 - May 2, 2027

Tokyo, Japan ~ Aomori, Japan ~ Muroran, Japan~
Hakodate, Japan ~ Sakaiminato, Japan ~ Busan,
South Korea ~ Nagasaki, Japan ~ Kagoshima,
Japan

Double occupancy cabins start at \$7043/person.


Final payment is due by **December 21, 2026**.

Rates are per person double occupancy and
include roundtrip airfare from Detroit, cruise, port
charges, government fees, taxes and transfers
to/from ship. AIR PRICES ARE SUBJECT TO
CHANGE. Air to depart U.S. one day prior to
cruise departure.

The above cruises are offered through Grand American Tours. Please stop by the Community Center for a detailed flyer for more information.

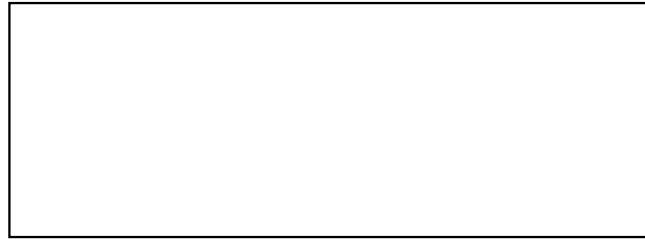
JULY

SENIOR NUTRITION MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*A suggested \$3 donation is recommended but <u>not</u> required. 1% Milk served with each meal. Please sign up one week in advance. Lunch is available from 11am-12:30pm.</p> <p>If you order a lunch and cannot make it PLEASE call 734-544-3800 and let us know.</p>		<p>1</p> <ul style="list-style-type: none"> • Chicken A La King • Egg noodles • Wheat Bread • Carrots • Gala Apple <p>Alternate Meal: Turkey Sandwich</p> <p>Snack: Chia Pudding</p>	<p>2</p> <ul style="list-style-type: none"> • Sloppy Joe Mix • WW Bun • Baby Carrots • Mixed fruit <p>Alternate Meal: Chicken Noodle Soup</p> <p>Snack: Cottage Cheese & Cherry Toms</p>	<p>3</p> 
<p>6</p> <ul style="list-style-type: none"> • Chicken Fettucine Alfredo • Wheat Bread • Mixed Veggies • Peaches <p>Alternate Meal: Roast Beef Sandwich</p> <p>Snack: Cheese/Crackers</p>	<p>7</p> <ul style="list-style-type: none"> • Pot Roast • Roast Sweet Potato • Wheat Bread • Mixed Veggies • Apple <p>Alternate Meal: Turkey Barley Soup</p> <p>Snack: Diabetic Muffin</p>	<p>8</p> <ul style="list-style-type: none"> • White Bean Chicken Chili • Side Salad • Orange <p>Alternate Meal: Tuna Salad Sandwich</p> <p>Snack: Falafel</p>	<p>9</p> <ul style="list-style-type: none"> • Chicken Pasta with Veggies • Broccoli & Cauliflower • Mandarin Oranges <p>Alternate Meal: Beef Chili</p> <p>Snack: Egg Bites</p>	<p>10</p> <ul style="list-style-type: none"> • Paprika Chicken • Mashed Potatoes • Wheat Bread • Green Beans/Carrots • Peaches <p>Alternate Meal: Chicken Sandwich</p> <p>Snack: Yogurt Parfait</p>
<p>13</p> <ul style="list-style-type: none"> • Potato Crusted Pollack • Sweet Potato • Mixed Veggies • Peaches <p>Alternate Meal: Roast Beef Sandwich</p> <p>Snack: Cheese/Crackers</p>	<p>14</p> <ul style="list-style-type: none"> • Chicken Rice Soup • Potato Salad • Coleslaw • Oranges • Biscuit <p>Alternate Meal: Turkey Sandwich</p> <p>Snack: Protein Popcorn</p>	<p>15</p> <ul style="list-style-type: none"> • Hamburger Stroganoff • Peas and Onions • Mixed Fruit • Wheat Bread <p>Alternate Meal: Chicken Chili</p> <p>Snack: Protein Cookie</p>	<p>16</p> <ul style="list-style-type: none"> • Salisbury Steak • Rosemary Potatoes • Mixed Veggies • Pineapple • Wheat Bread <p>Alternate Meal: Chicken Noodle Soup</p> <p>Snack: Graze Kit</p>	<p>17</p> <ul style="list-style-type: none"> • Tikka Masala • Jasmine Rice • Green Beans • Apple • Wheat Bread <p>Alternate Meal: Chicken Salad Sandwich</p> <p>Snack: Fruit w/ Dip</p>
<p>20</p> <ul style="list-style-type: none"> • Sheperd's Pie • Wheat Bread • Mixed Veggies • Pears <p>Alternate Meal: Beef Chili</p> <p>Snack: Cottage Cheese & Fruit</p>	<p>21</p> <ul style="list-style-type: none"> • Stir Fry Steak • Wheat Bread • Oriental Veggies • Mixed Fruit <p>Alternate Meal: Roast Beef Sandwich</p> <p>Snack: Banana/Yogurt</p>	<p>22</p> <ul style="list-style-type: none"> • Chicken Pasta Salad • Peas and Carrots • Strawberry Applesauce • Wheat Bread <p>Alternate Meal: Tuna Salad Sandwich</p> <p>Snack: Protein Balls</p>	<p>23</p> <ul style="list-style-type: none"> • Vegetable Lasagna • Baby Carrots • Mandarin Oranges • Wheat Bread <p>Alternate Meal: Turkey Barley Soup</p> <p>Snack: Trail Mix</p>	<p>24</p> <ul style="list-style-type: none"> • Beef Barley Casserole • Carrots • Orange • Wheat Bread <p>Alternate Meal: Chicken Chili</p> <p>Snack: Protein Cookie</p>
<p>27</p> <ul style="list-style-type: none"> • Ginger & Garlic Beef • Broccoli • Mandarin Oranges • Wheat Bread <p>Alternate Meal: Egg Salad Sandwich</p> <p>Snack: SunButter/Crackers</p>	<p>28</p> <ul style="list-style-type: none"> • Maple Glazed Chicken • Cooked Cabbage • Redskin Potatoes • Wheat Bread • Peaches <p>Alternate Meal: Chicken Chili</p> <p>Snack: Apple Chips & Yogurt</p>	<p>29</p> <ul style="list-style-type: none"> • Chicken A La King • Egg noodles • Wheat Bread • Carrots • Gala Apple <p>Alternate Meal: Turkey Sandwich</p> <p>Snack: Chia Pudding</p>	<p>30</p> <ul style="list-style-type: none"> • Sloppy Joe Mix • WW Bun • Baby Carrots • Mixed fruit <p>Alternate Meal: Chicken Noodle Soup</p> <p>Snack: Cottage Cheese & Cherry Toms</p>	<p>31</p> <ul style="list-style-type: none"> • Chicken Enchilada • Brown Rice • Mixed Veggies • Pineapple <p>Alternate Meal: Chicken Salad Sandwich</p> <p>Snack: Carrots</p>

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSR STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565



Focus: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county.

Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2026 is as follows:

- July - Received in June
- August 6
- September 3
- October 1
- November 5
- December 3

To apply to receive food please call 313-494-4600

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

The Ypsilanti Township 50 & Beyond Program is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —