

50 & Beyond Newsletter

February 2026



Recreation Coordinator:
Nichole Passmore
Mon - Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: **Donna Medos**
Mon - Thurs, 9:00am-12:00pm
dmedos@ypsitownship.org

Community Center Phone:
734-544-3800



The Community Center will be closed Monday, February 16



Ypsilanti Township Community Center
2025 E. Clark Rd, Ypsilanti
734-544-3800
ypsitownship.org

February Birthdays

- 2/1 Bonnie Hall, Dean Hurd
Doris Tennyson
- 2/2 Kim Cornett-Bussard
Patricia Forest, William Richards
Carolyn Williams, Thomas Leithead Jr
- 2/3 Eric Hotchkiss, Susan Nelson
- 2/6 Cheryl Hollins, Jennifer B Puda
Alicia Smith
- 2/7 Nola Heatlie
- 2/8 Oralee Vanhorn
- 2/9 Rosetta Bates, Larry Buckner
Laura Hopkins, Jan Taylor
- 2/10 Venus Marie Williams
- 2/12 Sharon Lee
- 2/13 Diane Szczesniak, Karen Gasinski
Theresa Gatson, Joandra Mitchell
- 2/14 Carolyn Evans, Linda Graham
Rich Valencourt, Kay Bird, Terrie Burnett
Karen Dunlap
- 2/15 Mary Goshon-Blakely
- 2/17 Carol Wickham
- 2/18 Barbara Elliott
- 2/21 Lashawn Boykin, Carol Patterson
- 2/22 Shirley Lipsey, William McCarthy
- 2/24 Gloria Parrish, Claudia Young Hunter
- 2/25 Vita Pouget
- 2/26 Vivian E Ray
- 2/28 Anne Burton, Bertha Greene

In Loving Memory...

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*

Leonard Hunter



Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.



Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership! If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

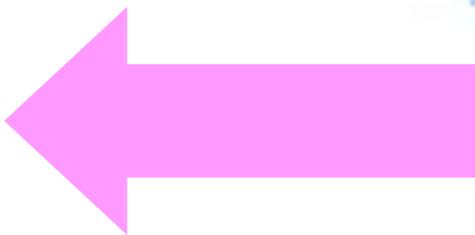
Drop-In Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilters	10am-4pm	Mon/Weds
Pickleball	8am-12pm	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Ypsi Yarners	10:00am	Tues
Country Music	9:30am	Weds
Drop-In Games	10:00am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	10:30am	Weds
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card	1:00pm	Thurs
Making Club		Bi-weekly

***Please note membership is required for drop in activities**

Participation Matters!

Our Drop-In Activities are designed to be flexible & fun, but it only works if **YOU** show up! The more people who join, the better the experience for everyone. **So if you're interested, drop in, bring a friend, & help make it a success.** We can't do it without you!



**Our Weather Policy
is on previous page**

Drop In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Creative Coloring & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more. Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function. **Wednesdays 10:30am**

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends! **Monday through Friday, 9:30am - 11:00am**

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Wednesdays 10:30am

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesday

Time: 10:00am

Location:



Pinochle?

We have had a few inquiries about playing pinochle! If this sounds like fun to you please let Donna or Nichole know and also let them know what day/time works best for you.



New Tables Are Here!

We are please to announce the arrival of our new 9ft billiards tables! Please note that use of these tables does require an active 50 & Beyond Membership. Memberships are available for purchase at the front desk

Billiards with Bill

Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive instruction on playing 8- and 9-ball billiards. Fundamentals of shooting & game strategy will also be covered.

Day: Thursdays **Time:** 10:00 - 11:00am

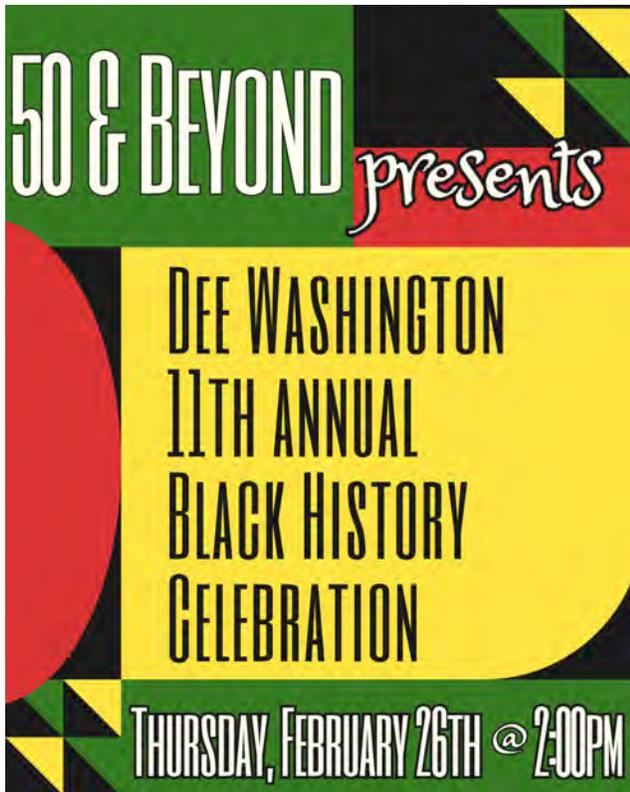
Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Billiards Challenge Tournaments

Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.

First Wednesday of each month at 1:00pm

Events



50 & BEYOND presents
DEE WASHINGTON
11TH ANNUAL
BLACK HISTORY
CELEBRATION
THURSDAY, FEBRUARY 26TH @ 2:00PM

Cupid's Eve

Join us for a delightful afternoon of music, dancing, and laughter with a live DJ playing favorites you'll love. Enjoy light refreshments, strike a pose at our festive Photo Booth, and share special moments with friends and neighbors. Whether you come to reconnect with friends or simply enjoy good music and good company, it's a joyful afternoon filled with sweet memories & great vibes.

FRIDAY, FEBRUARY 13TH

1:00 - 3:00PM

THERE IS NO COST TO ATTEND BUT PLEASE SIGN UP SO WE CAN ORDER ENOUGH REFRESHMENTS!



SPONSORED BY:  Trinity Health
Senior Communities

Community

Rain Garden Master Class

Become the neighborhood expert - design your own rain garden step-by-step!

Protect your home from flooding while creating habitat for birds, butterflies, and other pollinators. Learn from experienced instructors Susan Bryan and Kate Laramie over five Wednesday mornings.

Earn your Master Rain Gardener certification (including a t-shirt and yard sign) by building your own rain garden or adopting an existing one to care for.

Register at HRWC.org/ypsi-rain-garden-class

Or see Nichole for assistance.
Save your spot today!

Date: Wednesdays, April 8 - May 6

Time: 9:30 - 11:30am

Cost: \$89

YPSILANTI RAIN GARDEN COURSE

SIGN UP TODAY!

Design your own rain garden step-by-step during our virtual classes. We teach you **everything** you need to know to create your own rain garden.

Wednesdays April 8-May 6

9:30am-11:30am

Ypsilanti Township Community Center
2025 E Clark Rd, Ypsilanti, MI 48198

Save your spot by registering at
HRWC.org/ypsi-rain-garden-class

HOSTING PARTNERS



PUBLIC SAFETY SEMINARS 2026



UPCOMING

MAR 18 2025 E. CLARK RD.
YPSILANTI, MI
1:00PM-2:00PM

JULY 15 2025 E. CLARK RD.
YPSILANTI, MI
1:00PM-2:00PM

NOV 18 2025 E. CLARK RD.
YPSILANTI, MI
1:00PM-2:00PM

JOIN US FOR A PUBLIC SAFETY SEMINAR

YOU ARE WARMLY INVITED TO PARTICIPATE IN OUR PUBLIC SAFETY SEMINAR HOSTED BY THE WASHTENAW COUNTY SHERIFF'S OFFICE.

- DISCOVER INSIGHTS ABOUT CRIME STATISTICS
 - SHARE YOUR THOUGHTS AND OPINIONS
- CONTRIBUTE TO KEEPING YOUR COMMUNITY SAFE!

FOR MORE INFORMATION

CONTACT WCSO/YPT NEIGHBORHOOD WATCH LIAISON
TONEKA SMITH 734-478-3719

Community Tax Help Resources

It's that time again- time to start thinking about taxes. While no one looks forward to tax season, hopefully this list makes it a little easier. Below, you'll find a list of local community organizations that offer free tax preparation. Whether you're filing for yourself or helping a loved one, these services are designed to make tax time a little easier and less overwhelming.

Accounting Aid Society - provides free tax help to Residents of Wayne, Oakland, Macomb, Livingston, and Washtenaw Counties who make \$67,000 or less. Offer appointments in-person and online. Call (313) 556-1920 for more information.

Housing Bureau for Seniors - offers free tax preparation for older adults. Program dates will be announced closer to the beginning of tax season. Call (734) 998-9339 for more information.

St. Francis of Assisi Parish - offers tax help to individuals with limited income (\$57,000.00 or less) and simple tax returns. Call the parish office at (734) 821-2121 to make an appointment to drop off your return. Services offered February through April. Assistance also available in Spanish.

United Way of Southeast Michigan (formerly United Way of Washtenaw County) - offers free tax preparation services for residents of Washtenaw, Wayne, Macomb, and Oakland counties who make \$67,000 per year or less. Call (734) 677-7235 for more information. *Can pre-register for an appointment now!*

University of Michigan Law School Low Income Taxpayer Clinic - helps low-income taxpayers with various issues, including IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more. The amount in dispute must be \$50,000 or less per tax year. Call (734) 936-3535 to schedule an appointment.

Ypsilanti District Library - YDL serves as a site for free AARP tax preparation. The program runs from February until mid-April. Call the library for more information.

- Whittaker branch: (734) 482-4110, x2411
- Superior branch: (734) 482-4110, x2431

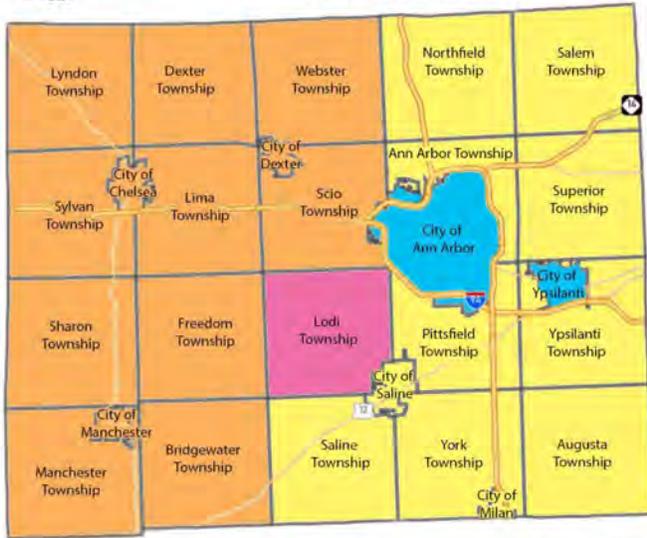


Free Transportation



Older Adults Transportation

Free transportation for adults aged 60 and older that reside in Washtenaw County.



Transportation providers shown for their pickup area; contact individual providers for more information on destinations and roundtrips.

Orange WAVE or JFS Yellow PEX or JFS Blue JFS Pink JFS, PEX, or WAVE

Great news! Washtenaw County Seniors can now receive FREE transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):
734-769-0209 ext 2
People's Express (PEX):
877-214-6073

Western Washtenaw Area Value Express (WAVE):
734-475-9494

Questions call 734-222-6850 or
Email: AgingServices@washtenaw.org

Classes & Programs

Cupid's Eve

Join us for a delightful afternoon of music, dancing, and laughter with a live DJ playing favorites you'll love. Enjoy light refreshments, strike a pose at our festive Photo Booth, and share special moments with friends and neighbors. Whether you come to reconnect with friends or simply enjoy good music and good company, it's a joyful afternoon filled with sweet memories & great vibes.

FRIDAY, FEBRUARY 13TH

1:00 - 3:00PM

THERE IS NO COST TO ATTEND BUT PLEASE SIGN UP SO WE CAN ORDER ENOUGH REFRESHMENTS!



SPONSORED BY:  Trinity Health Senior Communities

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

Date: Tuesdays, February 17 - March 24

Time: 1:00pm

Cost: \$40/Ypsilanti Twp Resident
\$50/Non-Resident

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, February 20

Time: 1:00pm

Cost: \$1 per card



Zentangle

Tangles & Tea

Please bring watercolors & paintbrushes, if you already have them. (If you don't have any, there will be some available.) Also bring two containers for water.

Date: Tuesday, February 10

Time: 1:30-3:00pm

Cost: \$5 payable to instructor

Zentangle Skills Building: More Tangles, Pencil Play, and Tangle Enhancers

In this class you'll experiment with several ways to use your pencil & pen to achieve different looks. You'll also learn simple tanglenhancers that can easily change the appearance of your tangles, as you learn and practice new tangles.

Must sign up by Monday, February 9 at 6pm

Date: Thursday, February 12

Time: 10:00am - 12:00pm

Cost: \$25

+ \$3 material fee payable to instructor

Prerequisite: Introduction to Zentangle

Zentangle Continues: Playing with Color

We'll learn a couple new tangles and enjoy tangling in color on color-washed tiles. If you'd like to bring colored Microns or other colored pens, please do. An assortment of colored gel pens will also be available. \$3 materials fee if you completed tiles at Tangles & Tea. \$5 materials fee if you couldn't go to T & T, in which case, some will be available in class.

Must sign up by Friday, February 13 - 4:30pm

Date: Thursday, February 19

Time: 1:30-3:30pm

Cost: \$25

plus material fee listed in description

Prerequisite: Introduction to Zentangle

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, Feb 18 - March 25

Time: 1:00-3:00pm

Cost: \$25

***There is an additional supply fee of \$40 due to the instructor at the first class**

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 1/13 - 3/17

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 1/13 - 3/17

Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote

Date: Wednesday, 1/14 - 3/18

Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thursday, 1/15 - 3/26*

*No class March 5

Time: 9:30 - 10:30am

Enhance Fitness



Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan.

There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	105
Friday	11am-12pm	105

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday 11:30am - 12:30pm
Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

T.O.P.S. Every Thursday Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. It's a holistic approach to wellness. No fad diets. No gimmicks. No shortcuts. Join us for the support, accountability and connections that you need on your journey to better health.

9:00am weigh in 10:00am meeting begins



Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

Health & Wellness

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.

Time: 9:30am - 10:00am

Cost: There is no fee for this class but you **MUST** pre-register

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, March 5 - April 9

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Hawaiian Hula for Health

Hula improves memory, balance, coordination, and provides weight loss, boosts energy, and is a low to medium impact exercise. Learn basic steps and hand gestures while benefiting from hula's health advantages.

Date: Wednesdays,
3/4 - 4/8

Time: 10:00-11:00am

Fee: \$5/6 weeks

Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance. Drop in fee available.

Day: Thursdays

Dates: 2/12 - 3/12

Time: 10:45-11:30am

Fee: \$15/Five Week Session

Silver Sneakers

We are excited to announce SilverSneakers is here! SilverSneakers is a fitness benefit included with 60+ Medicare Advantage Health Plans. Instructor Jennet Malone will assist you with SilverSneaker guidelines and registration at the start of class.

Non-SilverSneakers participants can still enjoy these classes for a \$5 per class fee payable to the instructor

Class	Day	Time
BOOM Muscle	Monday	3:00pm
Classic	Monday	4:15pm

Cardio Drumming

Who is this course for?

- People who are looking to get their bodies moving in a fun & safe way
- Anyone who struggles with motivation to exercise
- People wanting to strengthen their heart & lungs
- Anyone looking for a cardio workout
- Everyone! This is a fun & exciting way to improve your cardio!

What are the benefits?

- Improved cardio
- Stronger heart and lungs
- Improved balance & coordination
- Improved blood flow
- Lifts your mood & boosts your energy level

We are currently working out the details at time of print.

More info coming soon!

Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

February

- 12 - Detroit Institute of Arts, Detroit
- 17 - FireKeepers Casino, Battle Creek
- 19 - Lunch Out: Bad Brad's BBQ, Livonia
- 24 - Krazy Bins & More, Toledo

March

- 3 - Little Caesar's Arena Tour, Detroit
- 7 - Sound of Music, Fox Theater, Detroit
- 10 - FireKeepers Casino, Battle Creek
- 12 - Lunch Out: Mitchell's Fish Market, Livonia
- 21 - Eastern Market, Detroit

April

- 9 - Lunch Out: Hudson Café, Northville
- 14 - FireKeepers Casino, Battle Creek

May

- 30 - The Wiz, Stranahan Teater, Toledo



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

Important Notice!!!!

* **Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

****No Shows:** Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

FAQ's

Frequently Asked Questions

50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you will be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip. **Is your contact information up to date?**

2. How do I sign up?

Sign ups and waitlists for all trips are done at the Community Center front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? Please update this information at the front desk.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted. **Pay later may not be available for some trips.**

ATTENTION:

- Please do not register someone to hold a spot without first confirming they actually want to attend.
- **If you are on the list and have not paid one week prior to the trip you will be removed. Our numbers often determine whether or not a trip will run and other times we have several people on the waitlist that would like to attend.**
- If you are on the list we expect you to participate and make a timely payment.
- **Repeat offenders will have their accounts flagged and be required to make payment at the time of registration.**

Please remember to practice good bus etiquette.

Keep device volume low or use headphones and kindly reserve the front passenger side seat for our trip chaperone. Thank you for keeping our rides pleasant for all!

Travel

FireKeepers Casino Day Trip, Battle Creek, MI

With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: **Tuesday, February 17**
Tuesday, March 10
Tuesday, April 14

Bus Departs: 8:30am **Bus Returns:** 5:00pm
Cost: \$30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: **Saturday, March 21**
8am Departure

Bus Returns: approximately 1:00pm
Cost: \$10

Detroit Institute of Arts, Detroit

The Detroit Institute of Arts has one of the finest art collections in the U.S., with over 65,000 artworks dating from the earliest civilizations to the present. Join us for a guided tour of some of the most popular exhibits, grab lunch at the Café DIA or Kresge Court located right inside the DIA and then explore on your own before heading home.

Please note: Select galleries and other public spaces on the second floor of the museum will temporarily close to guests to accommodate long-planned gallery improvements.

Date: **Thursday, February 12**
Bus Departs: 8:30am
Bus Returns: approx. 3:00pm
Cost: \$24

Lunch Out:

Bad Brad's BBQ, Livonia

Bad Brads way is "Slow and Low" Beef Brisket and Pork Shoulder steep in Fruit wood & Hickory Smoke for up to 14 hours. Our Everything from Scratch Kitchen is a labor of love that begins with a respect for great ingredients, attention to detail and a refusal to take short cuts.

Date: **Thursday, February 19**
Departs: 11:00am **Returns:** 3:00pm
Cost: **\$10 for transportation only.**
***Price of the meal is on your own.**

Mitchell's Fish Market, Livonia

Mitchell's serves the freshest and finest seafood from the world's great fisheries, and their seafood expertise means they know the ideal species to source depending on region, season and weather. Their menu is updated daily to feature Today's Market Catch, and we offer a variety of seafood options grilled or broiled, blackened, cooked Shanghai style, or prepared to your taste.

Date: **Thursday, March 12**
Departs: 11:00am **Returns:** 3:00pm
Cost: **\$10 for transportation only.**
***Price of the meal is on your own.**

Hudson Café, Northville

Their expansive menu has something for everyone: whether it's their take on the famous Maurice Salad, a heaping stack of Cinnabun pancakes for the dessert-for-breakfast person in your life, or a Voodoo benedict for those who love an adventurous take on an old classic, they've got you covered. taste.

Date: **Thursday, April 9**
Departs: 11:00am **Returns:** 3:00pm
Cost: **\$10 for transportation only.**
***Price of the meal is on your own.**

Travel

Krazy Bins & More, Toledo

First stop is Krazy Bins, the largest Target overstock outlet warehouse in Ohio. Followed by a quick stop at Goodwill Toledo. Then its on to The Original Pancake House for lunch (or breakfast!) Cost of meal is on your own. After lunch we will head to the Nevermore Used Book Store offers a unique, cozy atmosphere for book lovers. With a diverse collection of books ranging from fiction to non-fiction, the bookstore is a haven for readers of all interests.

Date: Tuesday, February 24
Bus Departs: 9:30am **Returns:** 5:00pm
Cost: \$20

Sound of Music, Fox Theater, Detroit

For 65 years, THE SOUND OF MUSIC has been one of our "favorite things." With its timeless story & charming score, this Rodgers & Hammerstein classic is meant to be shared. Featuring beloved songs like "Do-Re-Mi," "Sixteen Going on Seventeen" and "Edelweiss," THE SOUND OF MUSIC is the iconic tale of a spirited nun who chooses not to live behind closed doors - and, by following her heart, learns to climb every mountain.

Date: Saturday, March 7
Bus Departs: 12:30pm
Bus Returns: approx. 6:00pm
Cost: \$85

Little Caesars Arena Tour, Detroit

Experience the Ultimate Detroit Sports and Entertainment Tour at Little Caesars Arena, guided by an expert who brings the city's rich history to life.

Begin your exclusive journey at the BELFOR Training Center, home to the Detroit Red Wings' practice ice, and enjoy stunning bird's-eye views from the Press Box and Michigan First Gondolas.

Snap a photo with the custom Detroit Red Wings Organ, original Olympia Sign, and sit on Red Wings bench that was from Joe Louis Arena.

Next, you will explore the luxurious Blue Cross Blue Shield Suites and exclusive Clubs, offering first-class amenities.

Go behind the scenes and experience where the magic happens! Sit in the Meijer Media Room, where you'll feel like your favorite Detroit Pistons player being questioned about the game.

Go into the NHL Visitors' Locker Room where rival teams prepare for their epic matchups against the Red Wings. Discover the Loading Dock and Star Dressing Room, where your favorite performers get ready to take the stage. Detroit Red Wings and Detroit Pistons Locker Rooms are not included in the tour.

Date: Tuesday, March 3
Bus Leaves: 8:30am
Bus Returns: 1:30pm
Cost: \$40

The Wiz, Stranahan Theater Toledo

The Tony® Award-winning Best Musical that took the world by storm is back!

THE WIZ returns "home" to stages across America in an all-new tour, direct from Broadway.

The Baltimore Sun raves "Powerhouse performances. Stunning choreography. Visionary sets" and the *Chicago Sun-Times* proclaims **THE WIZ** is "An eye-popping and high-intensity revival!"

This groundbreaking twist on *The Wizard of Oz* changed the face of Broadway—from its iconic score packed with soul, gospel, rock, and 70s funk to its stirring tale of Dorothy's journey to find her place in a contemporary world. Everybody rejoice--this dynamite infusion of ballet, jazz, and modern pop brings a whole new groove to easing on down the road!

We will stop at the Cracker Barrel following the show. Cost of meal is on your own.

Date: Saturday, May 30
Bus Departs: 12:15pm **Bus Returns:** approx. 7:30pm
Cost: \$125

Travel

Canal Days with Bianco Tours

Jeffrey's Antique Gallery *Findlay, OH* - With over 250 booths, Jeffrey's is Northwest Ohio's largest antique shop and voted the best antique shop in the state by readers of Ohio Magazine.

Miss Lily's *Grand Rapids, OH* (included lunch) - With interior brick walls, a fireplace, & antique décor, customers are taken back in time. The restaurant has a grand piano and dining tables that sit among a mini antique store with countless items available for purchase. Our included buffet lunch will include fried chicken, lasagna, ribs, potatoes, potato salad, salad bar, veggies, rolls and other offerings, coffee, iced tea or soft drink and dessert.

Canal Boat Ride *Grand Rapids, OH* - Board an authentic mule drawn canal boat for a one-hour cruise on a restored section of the Miami and Erie Canal as Metroparks leaders dressed in historical clothing recreate life aboard an 1876 canal boat. Canal boats once carried goods and people 249 miles between Toledo and Cincinnati, linking Lake Erie and the Ohio River. At Providence, you can get a sense of what canal travel was like along an original section of the Miami and Erie Canal, complete with Lock #44. A replica of an authentic canal boat, The Volunteer, and historic Isaac Ludwig Mill preserve features of mid-1800s Ohio in a charming setting just across the river from the canal town of Grand Rapids.

Wednesday, June 24, 2026

Departs 7:45am **Returns** 6:00pm

Cost: \$97

The Purple Rose Theater w/ Bianco Karl's Cabin (included lunch) - Classic home cooking you will have a choice of Chicken Piccata, Parmesan Encrusted Cod, or Maurice Salad.

The Purple Rose Theater - Founded in 1991 by acclaimed actor and Chelsea native Jeff Daniels, The Purple Rose Theater Company is a leading American Theater dedicated to producing the New American Play and creating opportunities for Midwest theater professionals.

The Classic King - *A World Premier by Richard Johnson* - In paying tribute to timeless automobiles, The Classic King paints a comic and heartbreaking portrait of three veteran used-car salesmen at a Metro Detroit dealership, struggling to cope with a changing industry and modern customers. When a sharp Gen Z salesman joins the team, he proposes a daring scheme to save the dealership—and it's "dinosaur" salesmen from extinction.

Thursday, February 5, 2026

Departs 11:00am **Returns** 5:45pm

Cost: \$156

Iceland w/ Grand American

July 18 - 25, 2026

Reykjavik, Iceland ~ Seydisfjordur, Iceland ~ Akureyri, Iceland ~ Isafjordur, Iceland ~ Reykjavik, Iceland (overnight onboard) ~ Reykjavik, Iceland

Experience Iceland's tumbling waterfalls, otherworldly lava fields, vast glaciers, and plunging fjords are breathtaking sights just waiting to be explored. In Akureyri, sports and alpine trails at Hlíðarfjall are huge draws for travelers. See the "Waterfall of the Gods," Godafoss, or take a relaxing mud bath at Lake Myvatn. You'll discover that there really is nowhere on Earth that compares.

Double occupancy cabins start at \$4687/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

Final Payment is due March 19, 2026

Extended Travel

Australia & New Zealand with NORWEGIAN CRUISE LINE ON THE NORWEGIAN SPIRIT ***ESCORTED BY GRAND AMERICAN TOURS!***

13 DAYS / 12 NIGHTS ~ FEBRUARY 15 - 27, 2027

Sydney, Australia ~ Burnie (Tasmania), Australia ~ Melbourne, Australia ~ Milford Sound, New Zealand ~ Doubtful Sound, New Zealand ~ Dusky Sound, New Zealand ~ Dunedin & Auckland, New Zealand

In Burnie, experience Tasmania's famous wildlife and gardens with a visit to Wing's Farm Park, see Tasmanian devils, kangaroos and more. Melbourne offers an ideal blend of a vibrant city surrounded by extraordinary landscapes and abundant wildlife – where you can indulge in fine dining and local wineries or hang with irresistibly adorable koalas and kangaroos. Then travel along the Dunedin Peninsula to the Royal Albatross Center for a rare opportunity to see this incredible birds and visit the historic Larnach Castle and explore its lush grounds. Outside of Tauranga, kayak across serene Lake Rotoiti, a sheltered waterway with abundant wildlife and natural geothermal pools and paddle through a glow worm-lit cave

Double occupancy cabins start at \$7748/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. **Final payment is due by September 19, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.



FEBRUARY 2026 Senior Nutrition Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

- Cheesy Squash Chicken Bake
- Broccoli
- Wheat Roll
- Apple

3

- Beef Barley Casserole
- Side Garden Salad
- Wheat Roll
- Carrots
- Orange

4

- Dijon Salmon
- Seasoned Black Beans
- Whole Wheat Roll
- Malibu Vegetables
- Peaches

5

- Beef Goulash
- Wheat bread
- California Blend
- Tomatoes in Sauce
- Apple

6

- Tuna Noodle Casserole
- Wheat Bread
- Side Salad
- Papaya and Mango

9

- Chicken A La King
- Egg noodles
- Wheat Bread
- Carrots
- Gala Apple

10

- Meaty Spaghetti
- Whole Wheat Bread
- Broccoli
- Pineapple

11

- Beef Chili
- Wheat Bread
- WW Crackers
- Spinach Salad
- Orange

12

- Turkey Barley Soup
- Wheat Bread
- Side Garden Salad
- Papaya and Mango

13

- Lentil Bolognese
- Wheat Bread
- Green Beans
- Tropical Fruit

16



17

- Pot Roast
- Roasted Sweet Potato
- California Blend
- Gala Apple

18

- White Bean Chicken Chili
- Side Salad
- Orange

19

- BBQ Chicken Breast
- Brown Rice
- Broccoli & Cauliflower
- Tomato & Cucumber Salad
- Strawberry Applesauce

20

- Beef Kafta Rolls
- Jasmine Rice
- Roasted Butternut Squash
- Tropical Fruit Salad

23

- Chicken Parmesan
- Wheat Bread
- Green Beans
- Apple

24

- Hamburger Stroganoff
- Wheat bread
- Peas and Pearl Onions
- Mixed Fruit

25

- Oven Roasted Tilapia
- Citrus Lentil Rice
- Broccoli
- Apple

26

- Meatballs
- Brown Rice
- Wheat Bread
- Cauliflower
- Papaya/Mango

28

- Black Bean Burger
- Brown Lentils
- Mixed Veggies
- Pineapple

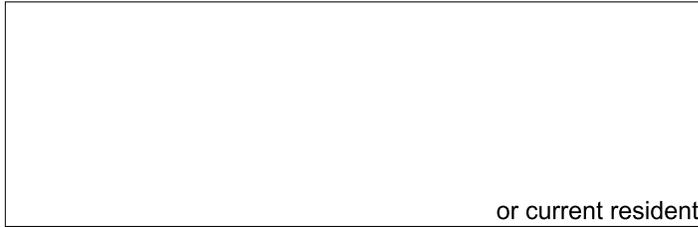
*A suggested \$3 donation is recommended but not required. 1% Milk served with each meal.

Please sign up one week in advance. Lunch is available from 11am-12:30pm.

If you order a lunch and cannot make it PLEASE call 734-544-3800 and let us know.

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSR STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565



or current resident

Focus: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county. *Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am*

The schedule for 2026 is as follows:

- February 5
- March 5
- April 2
- May 7
- June 4 - Double Distribution
- July - Will Receive in June
- August 6
- September 3
- October 1
- November 5
- December 3

To apply to receive food please call **313-494-4600**

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

**The Ypsilanti Township
50 & Beyond Program**
is supported and operated by the
**Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.**



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org

734-544-3800