

# 50 & Beyond Newsletter

February 2025



**The Community Center will be closed:  
Monday, February 17  
for President's Day**

Recreation Coordinator:  
**Nichole Passmore**  
Mon - Fri, 8:00am - 4:00pm  
[npassmore@ypsitownship.org](mailto:npassmore@ypsitownship.org)

Senior Aide: **Donna Medos**  
Mon - Thurs, 9:00am-12:00pm  
[dmedos@ypsitownship.org](mailto:dmedos@ypsitownship.org)

Center Hours:  
Mon - Fri, 8:00am - 4:00pm

Community Center Phone:  
734-544-3800



**Ypsilanti Township Community Center**  
2025 E. Clark Rd, Ypsilanti 734-544-3800 [ypsitownship.org](http://ypsitownship.org)

# February Birthdays

- 2/1 Bonnie Hall, Doris Tennyson
- 2/2 Kim Cornett-Bussard, Patricia Forest, William Richards, Carolyn Williams
- 2/3 Donna Mullins, Sandra Hawthorne Susan Nelson
- 2/6 Cheryl Hollins, Alicia Smith
- 2/7 Nola Heatlie, Velma Reese
- 2/8 Oralee Vanhorn, Juanita Butler
- 2/9 Rosetta Bates, Larry Buckner, Laura Hopkins, Jan Taylor
- 2/12 Carl F Brooks, Betty Fox
- 2/13 Joandra Mitchell, Diane Szczesniak, Barbara Dagostino, Theresa Gatson
- 2/14 Rich Valencourt
- 2/15 Ellen Monroe
- 2/16 Thomas Tiplady, Virginia Conklin
- 2/17 Mary Henricks, Carol Wickham
- 2/21 Jill Baker
- 2/22 Shirley Lipsey
- 2/24 Lois Harrison, Gloria Parrish, Alethea Steward
- 2/26 Sima Haghpassand
- 2/28 Bertha Greene



## In Loving Memory...



Johnnie Mae Hensley



Phyllis McFee

*\*For us to keep you informed, you need to keep us informed.*

*Please call 734-544-3805 or email*

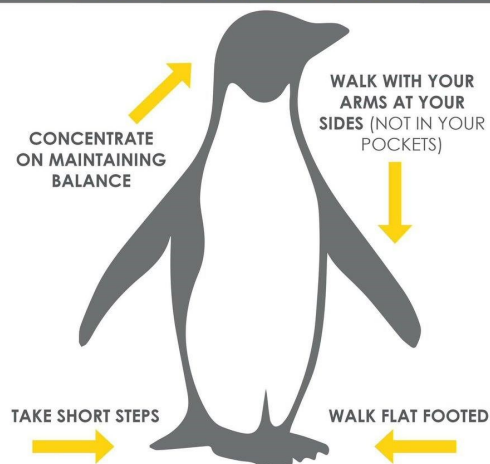
*npassmore@ypsitownship.org*

*with any information about members that pass away.*



## WALK LIKE A PENGUIN

WINTER WALKING SAFETY TIPS



## Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at [www.ypsitownship.org](http://www.ypsitownship.org) or by calling 734-544-3800.
- **LUNCH CANCELTION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.

## Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. Right there in the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

## 50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

### 50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

## Library Books

We are so fortunate that the Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. And more importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

## THANK YOU, THANKS, GRAZIA, MERCI BEAUCOUP

Hi all, I have many people to thank for the success of the December 5th, Afternoon Dance Party. Without the help of these folks, we would not have had such a great party. For planning, space, support and organization help: Nichole, Robin, Donna, Judy, Andrea and Martha. For special dance support: Martha, Linda, Bobbi, Gail, Michelle, and Krista. To those who brought food for snacks: Brenda, Naomi, Anne, Pat, Cynthia, and Diane. Thanks to chef Robin for the hot dogs! Thanks to our DJ Virgil from M & M Music. In addition, and just as important, thanks to all who attended and had a good time. All of you made this a fun event! Due to popular demand, I am organizing another Afternoon Dance Party on **May 1, 2025!!!** (rumor has it we will include karaoke, so start practicing!) Mark your calendars now, details coming soon!

- Ellen S

## Braille & Talking Book Library

Individuals who are no longer able to hold a physical book qualify for free audio and braille books through the Braille & Talking Book Library.

Learn more at [Michigan.gov/BTBL](http://Michigan.gov/BTBL).

## Smoke Detectors

The Ypsilanti Township Fire Department will be here this month to distribute free smoke detectors to seniors. The date is unavailable at time of print and will be determined by the time you have this newsletter. If you would like to receive a smoke detector you **MUST** be registered and you must pick up on the distribution date. Limit 2 per household.

## Attend a Local Advisory Council Meeting

The Local Advisory Council (LAC) advises the Ann Arbor Area Transportation Authority on services for seniors and persons with disabilities. Interested in what is discussed at the Local Advisory Council (LAC) meetings?

The LAC meets at the TheRide's Main Office, on the second Tuesday of every month from 1:30 p.m. to 3:00 p.m. The office is accessible by A-Ride and Route 6. For more information, call 734-973-6500.

# Drop In Activities

## Saturday Music

1st Saturday - Mike, Linda & Jay are back!  
2nd Saturday - No Music  
3rd Saturday - Southern Echos  
4th Saturday - Nit Pickers

**Saturdays 2:00 - 5:00pm**

\*Room location may vary & subject to availability.

## Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

## Daily Activity Schedule\*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Quilters	10:00am	Mon/Weds
Pickleball	8:00am	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Yarn Club	10:00am	Tues
Country Music	9:30am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card Making Club	1:00pm	Thurs
		Bi-weekly

**\*Please note membership is required for drop in activities**

## Billiards

Stop by room 201 to play a few games!  
Please be sure to use the sign up sheet!



## Music Makers

**Returns in March!** This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

**Mondays 10:00am**

**Directors: Sharon Hewitt & Gail Honeywell**

## Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

**Monday through Friday, 9:00am - 11:00am**

## Yarn & All That Jazz!

Knitters, crochet workers and yarn lovers of all kinds are welcome! Always wanted to learn? Come by and we will show you the ropes!

**Tuesdays 10:00am**

## Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

**Tuesdays 9:00am**

## Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

**Thursdays 11:00am**

## Euchre Club

Please stop by for Euchre on Thursday afternoons! Bring a friend! We are excited to see this group growing! **Thursdays 1:00pm**

## Billiards with Bill

Bill Stewart is an former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

**Day:** Wednesdays, January 15 - March 5

**Time:** 10:00 - 11:00am

**Cost:** A suggested \$5 donation per class is appreciated. Payable to instructor.

# Classes, Programs & More

## Penny Bingo

Be sure to bring plenty of pennies! Lots and lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

**Date:** Friday, February 21

**Time:** 1:00pm

**Cost:** \$1 per card

## Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

**Date:** Tuesdays, February 25 - Apr 1

**Time:** 1:00pm

**Cost:** \$40/Ypsilanti Twp Resident  
\$50/Non-Resident



## Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

**Date:** Wednesdays, February 19 - March 26

**Time:** 1:00-3:00pm

**Cost:** \$25

**\*There is an additional supply fee of \$40 due to the instructor at the first class**



**BLACK**

**HISTORY**

*month*

**CELEBRATION!**

Join us for a trip back in time as we pay tribute to Black History Month! The event will include speakers, music, & light refreshments.

This event is in memory of our beloved Dee Washington, who brought this event to life for over a decade.



**THURSDAY, FEBRUARY 27**

**1:00-3:00PM**



**YPSILANTI TOWNSHIP COMMUNITY CENTER**

**2025 E. CLARK RD, YPSILANTI**

**734-544-3800**

# Health & Wellness

## Pickleball

Pickleball has emerged as the fastest growing sport in America! Open to anyone that wants to play or learn how, this is a great form of exercise!

**Date:** Monday/Wednesday/Friday

**Time:** 8:00am - 12:00pm

## Maintaining a Healthy Brain

The aging process typically begins to impact the brain before 40, when cognitive abilities such as processing speed and memory start to decline. There are a number of things you can do to slow this process and keep your brain in shape for years afterwards. The more that you take care of your body and 'exercise' your brain, the more you can slow down the aging process. Learn how to improve brain health and discover facts about brain health during this informative class.

**Date:** Friday, March 28

**Time:** 10 - 11:30am

**\*There is no fee but please pre-register.**

*Sponsored by the Turner Senior Wellness Program*

## Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

**Date:** Thursdays, Jan 9 - Feb 13

**Time:** 8:30-9:15am

**Fee:** \$10/class or  
\$40 for the whole session

## Get Fit While You Sit!

Performing chair exercises is great for individuals with limited mobility, can help exercise the joints and burn calories! Other benefits include improved posture, flexibility, muscle strength, circulation and balance.

**Date:** Thursdays, Jan 9 - Feb 13

**Time:** 6:00-7:00pm

**Fee:** \$10/class or \$45 for the whole session

# Health & Wellness

## Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance. Drop in fee available.

**Day:** Thursdays  
**Dates:** Jan 9 - Feb 13 (6 weeks)  
**Time:** 11:00-11:45am  
**Fee:** \$18/Six Week Session

## Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

**Day:** Monday & Thursday  
**Time:** 11:30am -12:30pm  
**Cost:** A suggested \$5 donation per class is appreciated. Payable to instructor.

## Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

**Instructor:** Candice Carbajal PT, DPT, OCS  
**Date:** Fridays, Feb 14  
**Time:** 9:30am - 10:00am  
**Cost:** There is no fee for this class but you **MUST** pre-register

## Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. **There is a \$20 per month suggested donation payable to Kidney Foundation.**

Day	Time	Room
Mondays	11am-12pm	105
Tuesdays	11am-12pm	Gym
Fridays	11am-12pm	105

## T.O.P.S. Every Thursday

T.O.P.S. is a weight control program which uses group support, competition & recognition to motivate and aid weight loss goals set by physicians.

**9:00am weigh in 10:00am meeting begins**

## WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

### Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

**Instructor:** Dee Grantham  
**Date:** Tues., 1/14 - 3/18  
**Time:** 9:00 - 10:00am

### Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

**Instructor:** Darryl Mickens  
**Date:** Tues., 1/14 - 3/18  
**Time:** 10:30 - 11:30am

### Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

**Instructor:** Tammy Foote  
**Date:** Weds., 1/8 - 3/12  
**Time:** 11:15am - 12:45pm

### Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

**Instructor:** Michelle Williams  
**Date:** Thurs., 1/16 - 3/20  
**Time:** 9:30 - 10:30am



## PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

## Upcoming Trips

### February

- 8 - Eastern Market: Detroit
- 11 - FireKeepers Casino: Battle Creek
- 13 - Brunch & Learn, Outdoor Adventure Center: Detroit
- 16 - Grease, Downriver Actors Guild: Wyandotte
- 20 - Lunch Out: Crab Kitchen, Westland
- 22 - Livingston Antique Mall, Brighton

### March

- 1 - The Celts, Village Theater: Canton
- 8 - Eastern Market: Detroit
- 11 - Firekeepers Casino: Battle Creek
- 20 - Lunch Out: Al Ameer, Canton

### April

- 12 - Eastern Market: Detroit
- 15 - R.E.S.P.E.C.T., Stranahan Theater: Toledo
- 22 - Firekeepers Casino: Battle Creek
- 24 - Lunch Out: Metzger's, Ann Arbor

## Important Notice!!!!

\* **Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

**\*\*No Shows:**

Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.



## Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. \*Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

## One on One Assistance

*Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination; making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.*

# FAQ's

## Frequently Asked Questions

50 & Beyond  
Lively Travellers  
club

### 1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

**Non-members will be charged an additional fee of \$5 per trip.**

### 2. How do I sign up?

Sign ups and waitlists for all trips are now done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

### 3. Emergency Contacts

Do we have your Emergency Contact information? An Emergency Contact is required for all trip participants. This can be updated at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

### 4. Trip Parking (please read this!)

**When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.**

### 5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

*Registration and payment for all travel is due a minimum of one week prior to the trip.*

### Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at [www.ypsitownship.org](http://www.ypsitownship.org) or by calling 734-544-3800.
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## Michigan Central Station Tour

Currently all group tour slots for Michigan Central Station are fully booked. The company offering the tours, Detroit History Tours, is actively working on adding future dates and times to the schedule and we are working closely with them to secure a second and third outing for our group. If you are already on the waitlist you will be contacted directly as soon as we have new dates scheduled!

## FireKeepers Casino Day Trip, Battle Creek, MI

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a 200 seat Bingo room; a live poker room and exclusive high limit areas & VIP lounge, you'll see why FireKeepers is Battle Creek's gaming hotspot.

**Dates: Tuesday, February 11  
Tuesday, March 11**

**Bus Departs: 8:30am Bus Returns: 5:00pm**

**Cost: \$30 for each date**

*All expenses are on your own.*

## Eastern Market, Detroit

Visit the market with us and do a little shopping! The market is perfect for stocking up on fresh produce, baked goods, and meats.

**Dates: Saturday, February 8**

**Bus Departs: 8:00am Bus Returns: 12:00pm**

**Cost: \$10 for each date**

## Lunch Out:

### Crab Kitchen, Westland

The winner of the ClickOnDetroit Vote 4 the Best of Metro Detroit 2024 in the Best Seafood restaurant category.

Crab Kitchen serves seafood boils, fried seafood baskets, Po'Boy sandwiches and more!

**Date: Thursday, February 20**

**Departs: 11:00am Returns: 3:00pm**

**Cost: \$10 for transportation only.**

**\*Price of the meal is on your own.**

### Al Ameer, Canton

Established in 1989 in Dearborn, Al Ameer Restaurant is a "go-to" choice for anyone in search of authentic Mediterranean cuisine. When possible, local farmers play an important role on the menu with offers of fruits and vegetables sourced at the local farm market. The owners control the supply chain for their meats to ensure only the freshest cuts make it from farm to table, and the original recipes chart the course for goodness. High quality, all natural ingredients are the reason for the enduring success of this restaurant.

**Date: Thursday, March 20**

**Departs: 11:00am Returns: 3:00pm**

**Cost: \$10 for transportation only.**

**\*Price of the meal is on your own.**

### Metzger's, Ann Arbor

For over 95 years, Metzger's German Restaurant has been an iconic part of the Ann Arbor cultural scene and a reminder of the contributions of Ann Arbor's early German immigrants. For all those years, the Metzger family has served rich, tasty, and traditional German cuisine. Today, having spanned four generations of Metzger's, the restaurant thrives, and meets the highest standards of traditional German food.

**Date: Thursday, April 24**

**Departs: 11:00am Returns: 3:00pm**

**Cost: \$10 for transportation only.**

**\*Price of the meal is on your own.**

# Travel

## Brunch & Learn:

### Outdoor Adventure Center, Detroit

The Kirkland's Warbler is an iconic species in Michigan, nesting primarily in the jack pine forests of the northern lower peninsula. As recently as 1987 there were fewer than 400 birds in the entire population. Today there are more than 4000 birds and in October of 2019 the Kirkland's warbler was removed from the endangered species list.

Hear a presentation by William Rapai, author of "The Kirkland's Warbler: The Story of a Bird's Fight for Survival and the People Who Saved It". Enjoy a light brunch, explore the Outdoor Adventure Center and then we will stop for lunch on our way home. Cost of lunch is on your own.

**Date:** Thursday, February 13

**Departs:** 8:15am **Returns:** approx. 1:00pm

**Cost:** \$25

***\*Pay later is unavailable for this trip.***

***Trip must be paid for at time of registration.***

### Livingston Antique Outlet

Let's visit this 33,000 square foot antique mall featuring over 200 small businesses offering quality antiques, collectibles, Vintage, Home Decor and unique home treasures. We will take a brief stop for lunch as part of our day!

**You are responsible for the cost of your meal & purchases.**

**Date:** Saturday, February 22

**Departs:** 9:00am **Returns:** approx 3:30pm

**Cost:** \$18 for transportation only

***\*Cost of meal & purchases are on your own.***

### Grease: 2nd Street Performing Arts Center, Wyandotte

Performed by a cast age 50 and older, head "greaser" Danny Zuko and new (good) girl Sandy Dumbrowski try to relive the high romance of their "Summer Nights" as the rest of the gang sings and dances its way through such songs as "Greased Lightnin'," "It's Raining on Prom Night," "Alone at the Drive-In Movie" recalling the music of Buddy Holly, Little Richard, and Elvis Presley that became the soundtrack of a generation.

We will stop for lunch prior to the show.

**You are responsible for the cost of your meal.**

**Date:** Sunday, February 16

**Departs:** 11:15am **Returns:** approx 6pm

**Cost:** \$50

***\*Pay later is unavailable for this trip.***

***Trip must be paid for at time of registration.***

### The Celts,

### Village Theater: Canton

The Celts perform a hybrid of Irish Americana music which combines their own rootsy originals and tight vocal harmonies with Irish Tradition. With influences ranging from retro disco to bluegrass to California country, the foundation of their music is in their strong songwriting, vocals, and Irish instrumentation ie. uilleann pipes and bodhran with 5 string banjo, mandolin, and dobro. We will stop for lunch prior to the show.

**Date:** Saturday, March 1

**Departs:** 4:30pm **Returns:** approx. 10:00pm

**Cost:** \$45

***\*Pay later is unavailable for this trip.***

***Trip must be paid for at time of registration.***

## R.E.S.P.E.C.T.

### A Celebration of the Music of Aretha Franklin, Toledo

R.E.S.P.E.C.T. is an electrifying tribute celebrating the music of the legendary Aretha Franklin. This concert experience takes audiences on a journey of love, tragedy, courage, and triumph. Starring a live band and supreme vocalists, come experience a night of music by one of the greatest artists of all time. The concert features all your favorite hits in one evening, including "Natural Woman," "Think," "I Knew You Were Waiting for Me," "Chain of Fools," "Respect," and many more. You'll be out of your seat and dancing in the aisles as you lose yourself in the music that inspired a generation.

We will stop for dinner prior to the show.

*Cost of the meal is on your own.*

**Date: Tuesday, April 15**

**Departs:** 4:00pm **Returns:** approx. 10:30pm

**Cost:** \$110

**\*Pay later is unavailable for this trip. Trip must be paid for at time of registration.**

### Bay City, Michigan w/ Bianco Tours

**City Tour** - A lumber & shipping town, Bay City has many old stories, filled with ghosts, legends and other folk lore. Tour Bay City with a local guide to learn about Hell's Half Mile and Water Street where up to 5,000 loggers would hit the street at once to visit their favorite dens of sin, like the Red Light, the Brunswick, & Ma Duffy's **Krzysiak's House** (included lunch buffet) - One of the most popular restaurants in the Bay area, Krzysiak's offers authentic Polish food. Famous for good food, baked goods and homemade noodles.

**River Cruise aboard the Princess Wenonah\*** -

Passengers will enjoy a 2-hour cruise down the Saginaw River into Saginaw Bay while learning about the rich history of this old lumber and ship-building town. \* Ship sails at Captain's discretion.

**Date: Friday, July 18**

**Departs:** 6:30am **Returns:** 6:30pm

**Cost:** \$125 per person

### Inside Detroit w/ Bianco Tours

**Detroit Historical Museum** - The Detroit Historical Museum, long dedicated to telling our region's fascinating history, recently reopened and now boasts five, exciting new exhibits which showcase Detroit's rich legacy of music, innovation and culture. Exciting additions have also been added to signature exhibits such as the beloved "Streets of Old Detroit" and "Motor City." Join us as we reminisce and marvel over Detroit's spectacular past.

**Andiamo Riverfront** (included lunch) - Enjoy exciting downtown Detroit at the water's edge in the beautiful GM Renaissance Center Wintergarden. Enjoy Entree choices are: Chicken Marsala, Salmon Bruschetta or Cheese Filled Ravioli.

**Guided tour of Hitsville USA** (Motown Historical Museum) - One of Detroit's most popular tourist destinations, founded in 1985. The museum exhibits trace the roots of Motown's remarkable story and chronicle its impact on 20th century popular culture and musical styles. The story begins with Berry Gordy, Jr. and a small house in Detroit that he christened "Hitsville USA" (now home to the Motown Historical Museum). The story continues as Motown evolves into a major entertainment enterprise that was among the most diverse and influential in the world.

**Date: Wednesday, May 21**

**Departs:** 7:45am **Returns:** 5:30pm

**Cost:** \$129 per person

**\*There is a fair amount of walking and some steps on this tour.**

# Extended Travel

## Sequoia & Kings Canyon w/ Collette Vacations

**May 14 - 23, 2025**

Explore the rich sights, sounds, and tastes of California. Wander through a forest of some of the world's largest trees at Sequoia and Kings Canyon National Parks. Dive into history in San Diego and into the glitz and glamour of Los Angeles. Discover a centuries-old mission in Santa Barbara and go on a walking food tour in the charming coastal town of Carlsbad. Savor a glass of locally produced wine and lunch at a Paso Robles vineyard. Double occupancy rooms start at \$4,999 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of November 07, 2024 are based upon availability. Final payment due by February 15, 2025. Deposits are refundable until Nov. 14, 2024.*

## Haunted Happenings

### *A Spooky Trip to Northeast Ohio*

#### w/ Bianco Tours

**October 31 - November 1, Friday - Saturday**

*Round Trip Transportation:*

*Via deluxe highway motorcoach. Equipped with reclining seats, overhead storage, & restroom for your comfort and convenience.*

*Accommodations:*

- 1 Night at Springfield Suites or Courtyard by Marriott Canfield, OH

*Included Meals:*

- 1 Breakfast, 1 Lunch & 1 Dinner

*Featuring:*

- Cuyahoga Railroad Located in the 33,000 acre national park, we will embark on a 2 hour train ride through the beautiful fall foliage.
- Murder Mystery Dinner Show Celebrate Halloween with a fun "who-dun-it." Be part of the show and enjoy uproarious laughter, mystery and more than a few surprises.
- The Ohio State Reformatory Stroll the halls and visit the cells of some of history's toughest criminals. Tour the intact set of world's favorite movie, *The Shawshank Redemption*.

**Date:** Friday—Saturday,  
October 31—November 1

**Cost:** \$445 per person for double occupancy

*\*Escorted by a professional Bianco Tour Director*

## Explore Tuscany w/ Collette Vacations

**September 10 –18, 2025**

Rolling landscapes, savory wines, delicious food and stunning architecture – find all of this and more in Tuscany. Unpack once on this journey among Italy's most charming towns. Double occupancy rooms start at \$4,399 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of March 10, 2025 are based upon availability. Final payment due by June 12, 2025. Deposits are refundable up until March 17, 2025.*

## Greek Isles w/ Grand American July 13 –20, 2025

From relaxation to exhilaration and every moment in between, get ready for an unforgettable Greek Isles cruise aboard Norwegian Viva. With an overnight stay in Istanbul, you have plenty of time to explore — from discovering the colorful Topkapi Palace to shopping at the bustling Grand Bazaar and sampling delicious local Turkish cuisine. Explore some of the wineries, pristine beaches, delicious local cuisine and historic sites dotting the island of Paros, or take to the water for some surfing, kayaking or windsurfing. Then stroll among Santorini's famed blue-domed roofs before savoring some delicious local Greek cuisine. Double occupancy cabins start at \$4,579 per person. *A deposit of \$350 per person is due upon reservation. Final payment is due February 14, 2025*

## Canada/New England w/ Grand American

**September 21-28, 2025**

Fall in love with the Northeast aboard Norwegian Getaway. Browse Bar Harbor's many boutique shops, hike to a scenic overlook in famed Acadia National Park or savor a classic New England lobster bake. Then enjoy a narrated excursion through scenic Halifax, past historic sites and along a coastal highway to the picturesque village of Peggy's Cove. In Canada's oldest city, St. John's, you can soak in the best view of the cityscape at Signal Hill National Historic Site or take to the sea on a whale watching or kayaking tour. Double occupancy cabins start at \$2424/person. *A deposit of \$350 per person is due upon reservation. Final payment is due April 24, 2025*

# Just for Fun

The Center is considering having a booth at the Rosie Show this year. If you are interested in selling your crafted items please contact Nichole at 734-544-3805. All crafters would be required to work a minimum of 1 hour at our booth and donate one crafted item to the hourly raffle drawing

Calling  
all  
Crafters!



## 8th Annual ROSIE THE RIVETER SHOW

10am- 4pm  
SATURDAY  
JULY 26

North Bay Park, 1151 S Huron St., Ypsilanti, MI 48197

# TALENT SHOW!

Do you have a hidden talent or passion  
you'd love to showcase?

50 & Beyond is hosting a Talent Show,  
and we want YOU to be part of it!

Whether you're a singer, dancer, comedian,  
musician, magician, or have another unique  
talent, we welcome all forms of performance!

Please let us know if you are interested in  
participating. We will schedule a date once  
we confirm interest.

DATE TO BE DETERMINED

Call us at 734-544-3805 if you're interested!



# Free Tax Return Preparation

➤ **United Way Washtenaw County:**

Phone: 800-552-1183

January 21-April 15, 2025

Tuesday-Wednesday 9am - 5pm

Thursday 12pm - 8pm

Friday-Saturday 9am - 5pm

Appointment scheduling available

➤ **Ypsilanti District Library:**

<https://www.ypsilibrary.org/taxprep>

Tax assistance from February - April. Details will be announced soon. Appointments must be scheduled in advance.

- 577 Whittaker Rd, Ypsilanti  
734-482-4110, ext 2411
- 1900 Harris Rd, Ypsilanti  
734-482-4110, ext 2421

➤ **Saline Area Senior Center:**

7190 North Maple, Saline 734-429-9274

Mondays, February 3 - April 7, 2025. Please call after January 14, 2025 for an appointment.

<https://www.salineseniors.org/taxes-medicare>

➤ **Chelsea Senior Center:** 512 Washington Street, Chelsea. 734-475-9242

Thursdays, February 13—April 10, 2025

Appointments may be booked beginning the end of January.

➤ **Eastern Michigan:** Halle Library, Room 110 955 W Circle Dr., Ypsilanti.

Please call 313-556-1920 for an appointment

Saturdays 12pm - 4pm

from February 1 - March 29, 2025.



# Senior Cafe Menu

# FEBRUARY

\*A suggested \$3 donation is recommended but not required. 1% Milk Served with each meal. Please sign up one week in advance. Lunch is available for pick up 11:00am-12:30pm.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <ul style="list-style-type: none"> <li>•Breaded Chicken Patty Sandwich</li> <li>•Green Beans</li> <li>•California Blend Vegetables</li> <li>•Diced Pears</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>•Brunswick Stew w/ Chicken, Pork &amp; Hearty Vegetables</li> <li>•Spinach Salad</li> <li>•Warm Diced Spiced Peaches</li> <li>•Fresh Apple</li> <li>•Cornbread</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>•Chef Salad</li> <li>•Minestrone Soup</li> <li>•Fresh Orange</li> <li>•Pita Bread</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>•Turkey a la King</li> <li>•Diced Carrots w/ Dill</li> <li>•Brown Bean Salad</li> <li>•Pineapple Tidbits</li> <li>•Biscuit w/ Margarine</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>•Beef Hotdog</li> <li>•Chili con Carne w/ Beans</li> <li>•Baked Potato</li> <li>•Mixed Berries w/ Whip Topping</li> <li>•Peanut Butter Cookie</li> </ul>
<b>10</b> <ul style="list-style-type: none"> <li>•Cheddar Cheese Omelet</li> <li>•O'Brien Potatoes</li> <li>•Apple Juice</li> <li>•Fresh Pear</li> <li>•Fruit Muffin</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>•Smoked Sausage Sandwich</li> <li>•Savory Sauerkraut</li> <li>•Cauliflower Polonaise</li> <li>•Mandarin Oranges</li> <li>•WW Hotdog Bun</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>•Turkey Pot Roast</li> <li>•Mashed Potatoes</li> <li>•Creamy Coleslaw</li> <li>•Apricots</li> <li>•WW Dinner Roll</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>•Hamburger</li> <li>•Carrot Coins</li> <li>•Cucumber, Tomato &amp; Onion Salad</li> <li>•Fresh Apple</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>•Chicken Cacciatore</li> <li>•Garden Salad</li> <li>•Green Beans</li> <li>•Strawberries w/ Whip Topping</li> <li>•Dinner Roll</li> <li>•Chocolate Chip Cookie</li> </ul>
<b>17</b> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>★ ★ ★ ★ ★</p> <p><b>WE WILL BE CLOSED ON</b></p>  <p><b>PRESIDENTS DAY</b></p> </div>	<b>18</b> <ul style="list-style-type: none"> <li>•Teriyaki Beef Dippers</li> <li>•Baked Beans</li> <li>•Dill Carrot Coins</li> <li>•Tropical Fruit Salad</li> <li>•Cornbread</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>•Cheesy Lasagna Roll</li> <li>•Green Beans</li> <li>•Italian Garden Salad</li> <li>•Mixed Berries w/ Whip Topping</li> <li>•WW Bread</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>•Tuna Salad Sandwich</li> <li>•Pasta Salad w/ Vegetables</li> <li>•Broccoli Cheese Soup</li> <li>•Fresh Apple</li> <li>•Croissant</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>•Polynesian Chicken</li> <li>•Mashed Redskin Potatoes</li> <li>•Key West Vegetable Blend</li> <li>•Fruited Gelatin</li> <li>•WW Dinner Roll</li> </ul>
<b>24</b> <ul style="list-style-type: none"> <li>•Salisbury Steak</li> <li>•Zucchini &amp; Tomatoes</li> <li>•Diced Carrots</li> <li>•Cinnamon Applesauce</li> <li>•Dinner Roll</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>•Honey Mustard Chicken Breast Sandwich</li> <li>•Green Beans</li> <li>•Cauliflower w/ Cheese Sauce</li> <li>•Fresh Pear</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>•Stuffed Cabbage</li> <li>•Garden Salad</li> <li>•Mashed Redskin Potatoes</li> <li>•Strawberries w/ Whip Topping</li> <li>•WW Dinner Roll</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>•Turkey Tetrazzini</li> <li>•Garden Peas &amp; Pearl Onions</li> <li>•Cucumber, Tomato &amp; Onion Salad</li> <li>•Diced Peaches</li> <li>•WW Bread</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>•Potato Pollock</li> <li>•California Blend</li> <li>•Diced Pickled Beets &amp; Onion Salad</li> <li>•Fresh Banana</li> <li>•WW Bread</li> </ul>

Ypsilanti Township Recreation Center  
2025 E. Clark Rd  
Ypsilanti, MI 48198

PRSRT STD  
U.S. Postage  
Paid  
Ypsilanti, MI  
Permit No. 565

or current resident

# Focus: HOPE

In partnership with federal and state agencies, Focus: HOPE provides food boxes to senior citizens 60 years old or older, reside in Washtenaw county. *Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am*

**The schedule for 2025 is as follows:**

- February 6th
- March 6th
- April 3rd
- May 1st
- June 5th - Double Distribution
- July - received in June
- August 7th
- September 4th
- October 2nd
- November 6th
- December 4th

To apply to receive food please call **313-494-4600**

or email: **food@focushope.edu**

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

## Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

## Charter Township of Ypsilanti Officials:

**Brenda Stumbo, Supervisor**  
**Debbie Swanson, Clerk**  
**Stan Eldridge, Treasurer**  
**734-484-4700**

**Board of Trustees:**  
**Gloria Peterson, Trustee**  
**Karen Lovejoy Roe, Trustee**  
**John Newman II, Trustee**  
**LaResha Thorton, Trustee**

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**The Ypsilanti Township  
50 & Beyond Program**  
is supported and operated by the  
**Township of Ypsilanti, contributions,  
memberships, and volunteers,  
as part of the Ypsilanti Township  
Recreation Department.**



**YPSILANTI  
TOWNSHIP**  
— RECREATION DEPARTMENT —

**ypsitownship.org 734-544-3800**