

50 & Beyond Newsletter

December 2025 & January 2026



Recreation Coordinator:
Nichole Passmore
Mon - Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: **Donna Medos**
Mon - Thurs, 9:00am-12:00pm
dmedos@ypsitownship.org

Community Center Phone:
734-544-3800

**The Community Center
will be closed
December 24 - January 4
We will reopen
on Monday, January 5**



Ypsilanti Township Community Center
2025 E. Clark Rd, Ypsilanti
734-544-3800
ypsitownship.org

December Birthdays

- 12/1 Yvonne Penny, Irene Nunn,
Murray Watkins, Deborah Cato
- 12/2 Kurt Knaup, Sandi Kobish
- 12/3 Cecil E. Payne, Dennis C O'Brien
- 12/4 Sanya Hollifield
- 12/5 Vanessa Nobles
- 12/6 Charlene Hall
- 12/7 Victor Hopkins
- 12/8 Dora McCoy
- 12/9 Patricia Kulhanek
- 12/10 Janice Kus, George Bordt, Elaine Harris,
Corrine Peck
- 12/11 Lora Durham, Tina M Witherspoon
- 12/12 Denise Busser
- 12/13 Denise Isaac, Dawn Stahlbaum,
Lucille Thomas, Barbara Bibins
- 12/14 Carol Blackburn, Jane Reynolds
Maria White, Ernest Butzin
- 12/15 Alta Kirkpatrick, Ann Thomas
- 12/16 Eileen Punzalan, Joyce Freeman
- 12/17 Carolyn Jean Batts, Bill Cossey,
Cynthia M Nance-Taylor, Douglas Reed
- 12/18 Beth DeMeritt, Wenda Richmon,
Carol Evelyn Grimmette, Paris Greene,
Ernest Tyler
- 12/19 Renee Smith, Michael Hanzlian
Karen Dornbos
- 12/20 Angela E Hawley, Robert Penny
Johnnye Hackney
- 12/21 Lashawn Boykin, Carol Patterson
- 12/22 Ervin James Barnowsky, Karren Glass
Debra Smith, Priscilla Marbury
Anthony Jelks
- 12/23 Jim Hines, Chris Jones, Nancy Blasch
Mary Robinson
- 12/24 Herminia Mondragon, John Loechli
- 12/25 Janna Loechli
- 12/26 Elizabeth Sherman, Delruss Wolff
Mildred Glover
- 12/27 Mamie Watkins, Daryl Hasse
- 12/28 Rhonda Curtis, Leatha Burrell
Holly Harrington
- 12/29 Angela Godden, Joseph Secore
- 12/30 Gloria A Freeman

In Loving Memory...

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*

January Birthdays

- 1/1 Frances Bignall, Joyce Miltz,
Patricia Macker, Lina Al-Khoury
- 1/3 Michele Durham
- 1/4 Maria Greggio, Raymond Tiernan
- 1/5 Alice Martin, Judy Holzschuh, Mark Medos
Nancy Hare-Dickerson, Jamie Lee Wraight
- 1/6 Virginia Leone, Jo Ann Derossett
Carol Konczal
- 1/7 Ella Shivers, Anthony Larue, Diane Jones
- 1/8 Hesther Liem
- 1/9 Marvin Boprie, Margaret Sell
- 1/10 Cecilia Kitze, Sharon McAuliffe
- 1/11 Barbara Edwards, Michellea Forts
Annmarie Lamberti
- 1/13 Carl Ent, Debra Williams
Ann Troutman Zalek
- 1/14 Johnnie Joplin, Kim Knaup, Diane Coatley
Venus Bell-Danner
- 1/17 Jerry Minor, Denise Brannon
Toni Matthews
- 1/18 Gloria Morris, Michele Cates
- 1/20 Jolene Tomlinson-Tauss
- 1/21 Harold Martin, Vera Sebastian
Sharon Wright, Marcel Shobey
- 1/23 Valeda Lee, Kathrine Smith
Ronaldo Dimayuga
- 1/24 David Enselman, Mardonio Martinez
Jackie Smith, Marilyn Roux
- 1/25 Juanita Burgen, John Hudson
Ella Huffmaster
- 1/26 Carolyn Murdock, John P Kumpelis
- 1/27 Evelyn Cameron, George Jones
- 1/28 Judy Hopkins
- 1/29 Charlene Woods
- 1/30 Douglas James McNanney. Sr

Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building closes. The best way to check is online at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **50 & Beyond Programs:** All other 50 & Beyond activities, including Enhance Fitness are cancelled if the Ypsilanti Community schools are closed. **Pickleball please call first.**

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership! If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

Drop-In Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilters	10am-4pm	Mon/Weds
Pickleball	8am-12pm	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Ypsi Yarners	10:00am	Tues
Country Music	9:30am	Weds
Drop-In Games	10:00am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	10:30am	Weds
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card	1:00pm	Thurs
Making Club		Bi-weekly

***Please note membership is required for drop in activities**

Participation Matters!

Our Drop-In Activities are designed to be flexible & fun, but it only works if **YOU** show up! The more people who join, the better the experience for everyone. **So if you're interested, drop in, bring a friend, & help make it a success.** We can't do it without you!



The Community Center is collecting letters to Santa in the lobby until December 10. We are seeking volunteers to join in the magic and write return letters to the children. Just bring yourself & a jolly disposition and we will take care of the postage and supplies. Please sign up at the front desk so we can know you are coming. Coffee, cookies & cocoa will be served.
Letter Writing Date: Friday, December 12
Time: 1:00pm

Drop In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Creative Coloring & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more. Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function. **Wednesdays 10:30am**

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends! **Monday through Friday, 9:30am - 11:00am**

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Wednesdays 10:30am

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesday

Time: 10:00am

Location: Room 204

Community Singers

Whether you're an experienced vocalist or just looking for a fun, relaxing way to make music with others, our Community Choir is the perfect place for you!

Open to all skill levels – beginners welcome!

Day: Wednesdays

Time: 1:00pm

Location: Room 204



New Tables Are Here!

We are please to announce the arrival of our new 9ft billiards tables! Please note that use of these tables does require an active 50 & Beyond Membership. Memberships are available for purchase at the front desk

Billiards with Bill

Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive instruction on playing 8- and 9-ball billiards. Fundamentals of shooting & game strategy will also be covered.

Day: Wednesdays Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Billiards Challenge

Get ready for a spirited showdown as two talented senior centers go head-to-head in a friendly yet competitive billiards challenge! Sign up in room 201.

Wednesday, December 10 @ 1pm
@ Ypsilanti Township Community Center

This year for our Thanksgiving/Christmas giving project the 50 & Beyond program is supporting the Hope Clinic. Hope Clinic passes out sack meals to those in need. Sack meals are small brown bags with shelf-stable food items such as pop-top ravioli, granola bars, fruit cups, juice boxes, etc & disposable silverware. Think foods that are “ready-to eat”. Hope Clinic is currently distributing over 600 lunch bags per week so they are always in need.

- Paper lunch bags
- Napkins and disposable silverware
- Snack examples (individually pre-packed):
 - Cookies, Crackers, Trail Mix or Beef Jerky
 - Pretzels, Cheez-Its or Chips
 - Dried Fruit, Fruit Cups or Applesauce
- Main Dish Examples:
 - 2 Tuna Snack Packs Can of soup (pop-top preferred)
 - Instant Mac & Cheese
 - Ravioli or SpaghettiOs (pop-top preferred)



Holiday Happenings



Holiday Fun!

Starting December 1st miniature presents will be hidden around the building. Each person can collect 1 gift and bring in up to the desk to receive a candy cane and an entry into the lottery for the large prize.

You may only have 1 entry into the lottery.

Please allow others to find their own present. Do not collect multiple and hand them out, half the fun is finding the present on your own!!



50 & Beyond Music Makers
present

Cookies CAROLS *and Cocoa*

December 9
@ 1pm

Join us for this annual tradition!

Sing along to your favorite holiday tunes, visit with friends and enjoy some tasty treats!

YPSILANTI TOWNSHIP 50 & BEYOND



Holiday Social

Celebrate the season with us! We are excited to be featuring live entertainment from the Troubadour Sweethearts, whose melodies are sure to fill us with holiday cheer. As you catch up with friends, don't miss out on the delicious boxed-lunch from Honeybaked Ham, known for their mouthwatering ham and turkey sandwiches. Not interested in lunch? Please join us anyway, just be sure to rsvp so we know your coming!

DECEMBER
FRIDAY | 5 | 1 - 3 pm

Wear your Ugly Christmas Sweater!
We will be voting for the ugliest and winner gets a prize!

50 & BEYOND MEMBERS: \$5 NON-MEMBERS: \$7

One lunch per person. Payment is due at time of registration. REGISTRATION DEADLINE NOVEMBER 24



50 & BEYOND INVITES YOU TO

CHRISTMAS

Group KARAOKE

JOIN IN THE FUN!

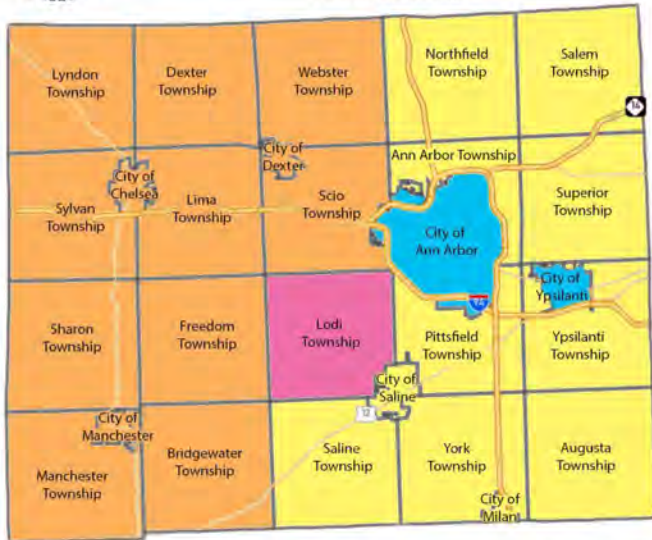
FRIDAY, DECEMBER 19
1:00PM

Free Transportation



Older Adults Transportation

Free transportation for adults aged 60 and older that reside in Washtenaw County.



Transportation providers shown for their pickup area; contact individual providers for more information on destinations and roundtrips.

WAVE or JFS PEX or JFS JFS JFS, PEX, or WAVE

Great news! Washtenaw County Seniors can now receive **FREE** transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):
734-769-0209 ext 2

People's Express (PEX):
877-214-6073

Western Washtenaw Area Value
Express (WAVE):
734-475-9494

Questions call 734-222-6850 or
Email: AgingServices@washtenaw.org

Classes & Programs

Lunch* & Learn: Home Care Solutions Presents FreedomCare

FreedomCare helps individuals and families coordinate in-home care services through state of Michigan Medicaid programs.

Benefits include:

- Caregiver payment: Allows family members or trusted individuals to be paid caregivers through Medicaid.
- Care coordination: Handles paperwork and assists with the enrollment process in state-specific Medicaid programs.
- Caregiver support: Offers caregiver training, support programs, and benefits.
- Patient control: Gives the care recipient the power to choose and direct their own care and caregiver

Date: Wednesday, December 17

Time: 11:00am

***A pizza lunch will be provided**

There is no cost to attend but you must pre-register.

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Monday, December 22

Time: 1:00pm

Cost: \$1 per card

No Penny Bingo in January



Zentangle

Introduction to Zentangle

For many, Zentangle is considered “yoga for the brain”, since Zentangle has calming and stress relieving effects on the people that practice it. It can also improve one’s confidence and concentration. By drawing structured and repetitive patterns, fears like a lack of inspiration or a fear of failure do not play a role in Zentangle. This allows you to let go of expectations, and really live in the moment without having to worry about anything else.

Date: Thursday, January 8

Time: 10:00am - 12:30pm

Cost: \$25

There is an \$8 material fee payable to instructor

Date: Saturday, January 10

Time: 10:00am - 12:30pm

Cost: \$25

There is an \$8 material fee payable to instructor

Skills Building Harmony & Balance

We'll talk about what tangles you might choose, depending on the tangle(s) you've already used, as well as the overall effect you want to achieve. You'll also learn some new tangles!

Date: Thursday, January 8

Time: 1:30 - 3:30pm

Cost: \$25

****Prerequisite:** Introduction to Zentangle**

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

Date: Tuesdays, Date TBA

Time: 1:00pm

Cost: \$40/Ypsilanti Twp Resident
\$50/Non-Resident

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, Jan 7 - Feb 11

Time: 1:00-3:00pm

Cost: \$25

***There is an additional supply fee of \$40 due to the instructor at the first class**

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 1/13 - 3/17

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 1/13 - 3/17

Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote

Date: Wednesday, 1/14 - 3/18

Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thursday, 1/22 - 3/26*

*No class March 5

Time: 9:30 - 10:30am

Enhance Fitness



Warm-up, low-impact

cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan.

There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	105
Friday	11am-12pm	105

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday 11:30am - 12:30pm
Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

T.O.P.S.

Every Thursday

Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. It's a holistic approach to wellness. No fad diets. No gimmicks. No shortcuts. Join us for the support, accountability and connections that you need on your journey to better health.

9:00am weigh in 10:00am meeting begins



Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

Health & Wellness

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.

Time: 9:30am - 10:00am

Cost: There is no fee for this class but you **MUST** pre-register

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, 1/14 - 2/18

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Hula for Health

Hula improves memory, balance, coordination, and provides weight loss, boosts energy, and is a low to medium impact exercise. Learn basic steps and hand gestures while benefiting from hula's health advantages.

Date: Wednesdays,
1/14 - 2/18

Time: 10:00-11:00am

Fee: \$5/6 weeks



Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance. Drop in fee available.

Day: Thursdays

Dates: 1/8 - 2/5

2/12 - 3/12

Time: 11:00-11:45am

Fee: \$15/Five Week Session

Silver Sneakers

We are excited to announce SilverSneakers is here! SilverSneakers is a fitness benefit included with 60+ Medicare Advantage Health Plans. Instructor Jennet Malone will assist you with SilverSneaker guidelines and registration at the start of class.

Non-SilverSneakers participants can still enjoy these classes for a \$5 per class fee payable to the instructor

Class	Day	Time
Classic	Tuesday	2:00-3:00pm
BOOM Muscle	Thursday	12:00-1:00pm
Stability	Thursday	2:00-3:00pm

Days & Times are subject to change

Cardio Drumming

Who is this course for?

- People who are looking to get their bodies moving in a fun & safe way
- Anyone who struggles with motivation to exercise
- People wanting to strengthen their heart & lungs
- Anyone looking for a cardio workout
- Everyone! This is a fun & exciting way to improve your cardio!

What are the benefits?

- Improved cardio
- Stronger heart and lungs
- Improved balance & coordination
- Improved blood flow
- Lifts your mood & boosts your energy level



Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

December

- 3 - Turkeyville, Marshall
- 10 - MI Bright Lights, Milford
- 12 - The Prolific's Motown Christmas, Village Theater, Canton
- 16 - FireKeepers Casino, Battle Creek
- 17 - Nite Lights w/ Bianco
- 18 - Lunch Out: Blue Agave Mexican Grill, Taylor
- 31 - NYE: Dinner Out at Pete's Garage

January

- 13 - FireKeepers Casino, Battle Creek
- 15 - Lunch Out: Hibachi Grill & Buffet, Westland
- 22 - Cranbrook Science Museum, Flint
- 27 - Mystery Thrift Trip, Locations "Unknown"

February

- 12 - Detroit Institute of Arts, Detroit
- 17 - FireKeepers Casino, Battle Creek



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

Important Notice!!!!

*** Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

****No Shows:** Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

FAQ's

Frequently Asked Questions



50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you will be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip. **Is your contact information up to date?**

2. How do I sign up?

Sign ups and waitlists for all trips are done at the Community Center front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? Please update this information at the front desk.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted. **Pay later may not be available for some trips.**

ATTENTION:

- Please do not register someone to hold a spot without first confirming they actually want to attend.
- **If you are on the list and have not paid one week prior to the trip you will be removed. Our numbers often determine whether or not a trip will run and other times we have several people on the waitlist that would like to attend.**
- If you are on the list we expect you to participate and make a timely payment.
- **Repeat offenders will have their accounts flagged and be required to make payment at the time of registration.**

Please remember to practice good bus etiquette.

Keep device volume low or use headphones and kindly reserve the front passenger side seat for our trip chaperone. Thank you for keeping our rides pleasant for all!

Travel

FireKeepers Casino Day Trip, Battle Creek, MI

With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, December 16

Tuesday, January 13

Tuesday, February 17

Bus Departs: 8:30am Bus Returns: 5:00pm

Cost: \$30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, December 6

8am Departure

Bus Returns: approximately 1:00pm

Cost: \$10

NYE Dinner, Pete's Garage, Monroe

Join us for a fun and relaxed New Year's Eve outing as we head to Pete's Garage in Monroe for dinner! Known for it's unique car-themed décor, friendly atmosphere and delicious comfort food, Pete's Garage is the perfect place to celebrate the end of the year together. Enjoy great meals, great company and a memorable evening as we ring in 2026 with friends old and new. We hope you'll join us for this festive night out! **Cost of meal is on your own.**

Date: Wednesday, December 31

Bus Departs: 3:00pm

Bus Returns: approx. 7:00pm

Cost: \$12

Lunch Out:

Blue Agave Mexican Grill, Taylor

This is the home of authentic Mexican flavors in Taylor, MI! They are passionate about bringing the rich traditions of Mexican cuisine to your table with fresh ingredients, bold flavors, and a modern twist. From sizzling fajitas and handmade tacos to their signature margaritas, every dish is crafted with love and authenticity.

Date: Thursday, December 18

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Hibachi Grill & Buffet, Westland

This restaurant offers a large buffet with Chinese, Japanese, American, and Italian food, a hibachi section, sushi, and a Teppanyaki grill. There is something for everyone! Every day they offer over 300 items on the buffet bar to include all of your traditional Chinese dishes and a few specialty items such as Teppanyaki Chicken, Beef Tenderloin and Italian Shrimp. Hibachi Grill & Buffet offers daily a Sushi Bar with a great selection of freshly prepared Sushi. Let's not forget the spectacular Dessert Buffet with a wide variety of fresh Fruit, Pastries and Cookies. In addition to the Dessert Bar is a large Ice Cream Buffet with 8 different flavors to choose from.

Date: Thursday, January 19

Departs: 11:00am Returns: 3:00pm

Cost: \$10 for transportation only.

***Price of the meal is on your own.**

Travel

***Cornwell's Turkeyville, Marshall**

Sparkles the Elf dances like a snowflake and has the voice of a snow angel, and she is always the star of the annual Christmas Pageant at Santa's Workshop. But when a new and talented elf comes onto the scene and threatens to steal the spotlight, Sparkles is overwhelmed with feelings of jealousy that threaten to land her on... the Naughty List! Includes a full turkey feast with all the trimmings, dessert and a show!

Date: Wednesday, December 3

Departs: 10:00a **Returns:** approx. 5:00pm

Cost: \$80

MI Bright Lights, Milford

We are off to Milford to enjoy the area's only fully synchronized drive-through holiday wonderland! Imagine thousands of dazzling lights twinkling and dancing in sync with holiday music broadcast right to our bus stereo. Before the show we will enjoy a tasty dinner at Bakers of Milford known for their wood fire grilled pizzas, delicious salads, beer battered cod, burgers and more!

Date: Wednesday, December 10

Bus Departs: 3:00pm

Bus Returns: approx. 9:00pm

Cost: \$20

***The Prolifics' Motown Christmas**

For more than thirty years The Prolifics have delighted audiences with their outstanding tribute to the Motown legends. The music, the moves and the audience interaction make for a memorable entertaining experience.

Their Motown Christmas Tribute combines all the Motown hits we've grown to love along with all the holiday classics that were performed by the Temptations, The Jackson 5, Four Tops and many more.

We will first stop for dinner at Ruby Tuesday. Cost of meal is on your own.

Showtime is 7:30pm

Date: Friday, December 12

Bus Departs: 4:00pm

Bus Returns: approx. 10:00pm

Cost: \$26

Cranbrook Institute of Science, Flint

Discover the wonder of the natural world and develop a better understanding of the ways in which science impacts our lives each day at Cranbrook Institute of Science. Interactive exhibits, a world-class collection of objects and artifacts, special events, a planetarium and observatory, and changing exhibitions offer something for everyone.

Stand beneath a T-rex, feel a mastodon's fur, or touch a meteorite.

Thursday, January 22

Bus Leaves: 9:00am

Bus Returns: 1:00pm

Cost: \$27

Mystery Upscale Thrift Tour, Location Unkown

The Love Resale Shopping? Love Thrift Stores? Join us as we take you on a fun Mystery Resale Shopping Tour. We won't disclose the location until you board our bus. Explore the best thrift stores and uncover hidden treasures at some of the best thrifting hotspots in the Detroit metro area.

Date: Tuesday, January 27

Bus Departs: 8:00am

Bus Returns: approx. 5:00pm

Cost: \$24

Detroit Institute of Arts, Detroit

The Detroit Institute of Arts has one of the finest art collections in the U.S., with over 65,000 artworks dating from the earliest civilizations to the present. Join us for a guided tour of some of the most popular exhibits, grab lunch at the Café DIA or Kresge Court located right inside the DIA and then explore on your own before heading home.

Please note: Select galleries and other public spaces on the second floor of the museum will temporarily close to guests to accommodate long-planned gallery improvements.

Date: Thursday, February 12

Bus Departs: 8:30am

Bus Returns: approx. 3:00pm

Cost: \$24

Travel

Nite Lights @ MIS w/ Bianco

Jerry's Pub Brooklyn, MI (included lunch) -

Nestled on the south shore of Wampers Lake, the deck offers spectacular views of the lake. Buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International

Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive-through display is over three miles long! Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Wednesday, December 17

Departs 3:30pm Returns 8:00pm

Cost: \$91

The Purple Rose Theater w/ Bianco

Karl's Cabin (included lunch) - Classic home cooking you will have a choice of Chicken Piccata, Parmesan Encrusted Cod, or Maurice Salad.

The Purple Rose Theater - Founded in 1991 by acclaimed actor and Chelsea native Jeff Daniels, The Purple Rose Theater Company is a leading American Theater dedicated to producing the New American Play and creating opportunities for Mid-west theater professionals.

The Classic King - A World Premier by Richard Johnson - In paying tribute to timeless automobiles, The Classic King paints a comic and heartbreaking portrait of three veteran used-car salesmen at a Metro Detroit dealership, struggling to cope with a changing industry and modern customers. When a sharp Gen Z salesman joins the team, he proposes a daring scheme to save the dealership—and it's "dinosaur" salesmen from extinction.

Thursday, February 5, 2026

Departs 11:00am Returns 5:45pm

Cost: \$156

Extended Travel

Iceland w/ Grand American

July 18 - 25, 2026

Reykjavik, Iceland ~ Seydisfjordur, Iceland ~ Akureyri, Iceland ~ Isafjordur, Iceland ~ Reykjavik, Iceland (overnight onboard) ~ Reykjavik, Iceland

Experience Iceland's magnificent natural wonders. Tumbling waterfalls, otherworldly lava fields, vast glaciers, and plunging fjords are breathtaking sights just waiting to be explored. Discover Viking history at the National Museum of Iceland, or snap a photo in front of the Sun Voyager, a modern sculpture inspired by a Viking ship. In Akureyri, sports and alpine trails at Hlíðarfjall are huge draws for travelers. See the "Waterfall of the Gods," Godafoss, or take a relaxing mud bath at Lake Myvatn. You'll discover that there really is nowhere on Earth that compares.

Double occupancy cabins start at \$4687/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. **Final payment is due by March 19, 2026.** These are the best rates around! Those who book early get the best prices, the best cabin locations, and their preferred dining times. Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.



Coming soon for 2027!
-Australia: Feb 16 - 27
-Argentina: Feb 26 - March 13
-Japan: Apr 20 - May 2

**Come on in &
grab a flyer for
more info!**

DECEMBER

Senior Nutrition Menu

M

T

W

TH

F

1 <ul style="list-style-type: none"> •Chicken Parmesean •Wheat Bread •Green Beans •Apple 	2 <ul style="list-style-type: none"> •Hamburger Stroganoff •Wheat bread •Peas and Pearl Onions •Mixed Fruit 	3 <ul style="list-style-type: none"> •Oven Roasted Tilapia •Citrus Lentil Rice •Broccoli •Apple 	4 <ul style="list-style-type: none"> •Meatballs •Brown Rice •Wheat Bread •Cauliflower •Papaya/Mango 	5 <ul style="list-style-type: none"> •Black Bean Burger •Brown Lentils •Mixed Veggies •Pineapple
8 <ul style="list-style-type: none"> •Cheesy Squash Chicken Bake •Broccoli •Butternut Squash •Apple 	9 <ul style="list-style-type: none"> •Beef Barley Casserole •Side Garden Salad •Carrots •Orange 	10 <ul style="list-style-type: none"> •Dijon Salmon •Seasoned Black Beans •Whole Wheat Roll •Malibu Vegetables •Peaches 	11 <ul style="list-style-type: none"> •Beef Goulash •Wheat bread •California Blend •Tomatoes in Sauce •Apple 	12 <ul style="list-style-type: none"> •Tuna Noodle Casserole •Wheat Bread •Side Salad •Papaya and Mango
15 <ul style="list-style-type: none"> •Chicken A La King •Egg noodles •Wheat Bread •Carrots •Gala Apple 	16 <ul style="list-style-type: none"> •Meaty Spaghetti •Whole Wheat Bread •Broccoli •Pineapple 	17 <ul style="list-style-type: none"> •Beef Chili •Wheat Bread •WW Crackers •Spinach Salad •Orange 	18 <ul style="list-style-type: none"> •Turkey Barley Soup •Wheat Bread •Side Garden Salad •Papaya and Mango 	19 <ul style="list-style-type: none"> •Lentil Bolognese •Wheat Bread •Green Beans •Tropical Fruit
22 <ul style="list-style-type: none"> •Chicken Fettucine Alfredo •Wheat Bread •Vegetable Blend •Peaches 	23 <ul style="list-style-type: none"> •Pot Roast •Roasted Sweet Potato •California Blend •Gala Apple 	24 25 26 <i>Center will be closed until Monday, January 5th</i> 		
29 30 31 <i>Center will be closed until Monday, January 5th</i> 			<p>*A suggested \$3 donation is recommended but <u>not</u> required. 1% Milk served with each meal. Please sign up one week in advance. Lunch is available from 11am-12:30pm.</p>	

If you order a lunch and cannot make it PLEASE call 734-544-3800 and let us know.

A January menu is available for pick up only at the Community Center.

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

or current resident

Focus: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to senior citizens 60 years old or older, residing in Washtenaw county.

*Distribution will be held in the **parking lot** on the first Thursday of each month from 11:00am - 11:30am*

The schedule for 2025 is as follows:

December 4th

To apply to receive food
please call **313-494-4600**

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

**The Ypsilanti Township
50 & Beyond Program**
is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org

734-544-3800