

50 & Beyond Newsletter

December 2024/January 2025



Recreation Coordinator:
Nichole Passmore
Mon - Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: **Donna Medos**
Mon - Thurs, 9:00am-12:00pm
dmedos@ypsitownship.org

Center Hours:
Mon - Fri, 8:00am - 4:00pm

Community Center Phone:
734-544-3800



 **The Community Center will be closed:**
December 23rd - 31st, 2024
January 1st and January 20th, 2025 

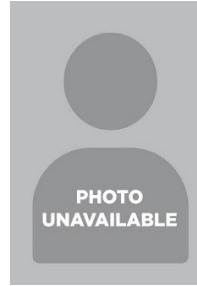


Ypsilanti Township Community Center
2025 E. Clark Rd, Ypsilanti 734-544-3800 ypsitownship.org

December Birthdays

- 12/1 Yvonne Penny, Murray Watkins,
Irene Nunn
- 12/2 Elette Collins, Sandi Kobish
- 12/3 Cecil E. Payne
- 12/4 Lauri Gause
- 12/5 Rex Richie, Vanessa Nobles
- 12/6 Charlene Hall, Helen Edwards
- 12/7 Elaine Cantrell, Stephannie Weary
Victor Hopkins
- 12/8 Dora McCoy
- 12/9 Patricia Kulhanek
- 12/10 George Bordt, Corrine Peck,
Janice Kus
- 12/11 Toya Clemons, Lora Durham,
Tina M Witherspoon
- 12/12 Denise Busser
- 12/13 Barbara Bibins, Lucille Thomas
- 12/14 Maria White, Jane Reynolds,
Ernest Butzin, Carol Blackburn
- 12/15 Alta Kirkpatrick, Ann Thomas,
Susan Kellermier
- 12/16 Eileen Punzalan, Joyce Freeman
- 12/17 Carolyn Jean Batts, Bill Cossey,
Cynthia M Nance-Taylor,
Douglas Reed
- 12/18 Wenda Richmon, Beth DeMeritt,
Ernest Tyler, Paris Greene
- 12/19 Michael Hanzlian, Jiles Marks
Karen Dornbos, Renee Smith
- 12/20 Robert Penny, Johnnye Hackney
- 12/22 Karren Glass, Debra Smith,
Anthony Jelks, Priscilla Marbury
Ervin James Barnowsky
- 12/23 Chris Jones, Nancy Blasch,
James Hines
- 12/24 James Allen, Charelle Lawrence,
Jane Stigel
- 12/26 Elizabeth Sherman
- 12/27 Gilbert Mason
- 12/28 Patricia Anne McDonald, Rhonda Curtis
- 12/29 Angela Godden, Joseph Secore

In Loving Memory...



Ella Rickman



Henrietta Sears



Flora Gray



Barbara Boprie



Dee Washington



Kenny Croff

**For us to keep you informed, you need to keep us informed. Please call 734-544-3805 or email npassmore@ypsitownship.org with any information about members that pass away.*

Inclement Weather Policies

- **BUILDING CLOSURE:** Township officials will make the decision if our building is closed. **It is NOT based on the schools closing.** It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.
- **LUNCH CANCELTION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are cancelled if the Ypsilanti Community schools are closed. Pickleball please call first.

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. Right there in the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 800 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

- Individual Resident Fee: \$15
- Individual Non-Resident Fee: \$20
- Household Resident Fee: \$25
- Household Non-Resident Fee: \$35

Library Books

We are so fortunate that the Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. And more importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months. The next date is January 28.

January Birthdays

1/1	Frances Bignall, Mary Nguyen Lina Al-Khoury, Aletha Steward
1/3	Michele Durham
1/4	Maria Greggio, Raymond Tiernan
1/5	Nancy Hare-Dickerson, Mary Gentry, Judy Holzschuh
1/6	Jo Ann Derossett
1/7	Claressa Watkins, Diane Jones, Ella Shivers, Anthony Larue
1/8	Hesther Liem, Margaret Tsilis
1/9	Marvin Boprie, Gwendolyn Clayton, Margaret Sell
1/10	Sharon McAuliffe, Cecilia Kitze
1/11	Michellea Forts, Barbara Edwards
1/13	Amanpreet Warsinke, Carl Ent
1/14	Kim Knaup, Diane Coatley Nanci Weathers, Johnnie Joplin
1/16	Pamela Smith, Jacqueline Whitehead
1/18	Gloria Morris
1/19	Paul Ramey
1/20	Jolene Tomlinson-Tauss
1/21	Gail Mattingly, Sharon Wright Harold Martin
1/22	James Pate
1/23	Kathrine Smith, Ronaldo Dimayuga
1/24	David Enselman, Jackie Smith, Mardonio Martinez
1/25	Stella Gotts, John Hudson Ella Huffmaster, Juanita Burgen
1/26	Carolyn Murdock, Rebecca Murray
1/27	George Jones, Jill Reed Evelyn Cameron
1/28	Charles Morris, Judy Hopkins
1/29	Lisa Salisbury, Charlene Woods
1/30	Douglas James McNanney, Sr



Holiday Giving Project

This year we filled approximately 175 lunch bags to be donated to the Hope Clinic. The Hope Clinic distributes over 600 bags each week providing food to those in need. Thank you to everyone who donated in support of this year's Holiday Giving Project. Your generosity is greatly appreciated!

Drop In Activities

Saturday Music

- 1st Saturday - Mike, Linda & Jay are back!
- 2nd Saturday - No Music
- 3rd Saturday - Southern Echos
- 4th Saturday - Nit Pickers

Saturdays 2:00 - 5:00pm

*Room location may vary & subject to availability.

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri.

Daily Activity Schedule*

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9:00am	M-F
Quilters	10:00am	Mon/Weds
Pickleball	9:00am	M/W/F
Bible Club	9:00am	Mon
Bridge	12:30pm	Mon
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tues
Mahjong	9:00am	Tues
Yarn Club	10:00am	Tues
Country Music	9:30am	Weds
Creative Coloring	10:30am	Weds
Bid Whist	11:00am	Thurs
Euchre	1:00pm	Thurs
TOPS	10:00am	Thurs
Stamping/Card Making Club	1:00pm	Thurs
		Bi-weekly

***Please note membership is required for drop in activities**

Billiards

Stop by room 201 to play a few games!
Please be sure to use the sign up sheet!



Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year, spreading joy through song!

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell

Diamond Art Group

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:00am - 11:00am

Yarn & All That Jazz!

Knitters, crochet workers and yarn lovers of all kinds are welcome! Always wanted to learn? Come by and we will show you the ropes!

Tuesdays 10:00am

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Thursdays 11:00am

Euchre Club

Please stop by for Euchre on Thursday afternoons! Bring a friend! We are excited to see this group growing!

Thursdays 1:00pm

Billiards with Bill

Bill Stewart is an former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

Day: Wednesdays, January 15 - March 5

Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.



Cookies, Cocoa & Carols

START
1:00 PM



TUESDAY
DECEMBER 10

50 & Beyond is hosting our annual sing along featuring our very own Music Makers! Sing along to your favorite holiday tunes, visit with friends and enjoy some tasty treats!

Classes, Programs & More

Penny Bingo

Be sure to bring plenty of pennies! Lots and lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, December 13 & January 17

Time: 1:00pm

Cost: \$1 per card

Crafternoon

Get together with us for the afternoon and create something special. Craft project is to be determined.

Date: Tuesday, December 17

Time: 1:00 - 3:00pm

Cost: \$10 for supplies

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, January 8 - February 12

Time: 1:00-3:00pm

Cost: \$25

Portrait Drawing

In this class students will learn many features about this complex shape, such as movement, positions, structure, anatomy & much more!

Instructor: Travis Erby

Date: Tuesdays, October 29 - December 3

Tuesdays, January 7 - February 11

Time: 1:00pm

Cost: \$40/Ypsilanti Twp Resident
\$50/Non-Resident

Letters to Santa

The Community Center is collecting letters to Santa in the lobby Nov 18 - Dec 14. We are seeking volunteers to join in the magic and write return letters to the children. Just bring yourself & a jolly disposition and we will take care of the postage and supplies. Please sign up at the front desk so we can know you are coming. Coffee, cookies & cocoa will be served.

Letter Writing Date: Monday, December 16

Time: 2:00pm



Billiards with Bill

Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive beginner to intermediate instruction on playing 8- and 9-ball billiards. Fundamentals of shooting and game strategy will also be covered.

Day: Wednesdays, January 15 - March 5

Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Introduction to Zentangle**

Zentangle is a fun, relaxing and easy-to-learn way to make beautiful images with repeated strokes. No artistic ability required – come give your inner artist an outlet! Instructor, Judy Holzschuh, is a Certified Zentangle Instructor

Date: Thursday, January 23

Time: 1:30 - 3:45pm or 5:15 - 7:30pm

Cost: \$20

***There is an additional supply fee of \$8 due to the instructor at the first class. Cash or check only.**

50 & BEYOND PRESENTS
Afternoon Dance Party!
1:00-3:00PM
THURSDAY, DECEMBER 5

Do you like Motown & 60's rock? Do you like to dance or watch other's dance? Do you like going out but find going out dancing is just too late at night? Do you like to have fun & socialize? Join your friends & make new ones while we dance away the afternoon! Whether you shuffle your feet, swing, twist, pony, monkey cha-cha, hustle, disco, fox trot, waltz or any other dance style, come and have fun with us!

- Music by M&M Music
- Line Dance Instruction by Linda & Bobbie
- Cuba Dance instruction by Kristen
- Ballroom Hustle instruction from Gail
- Martha from chair yoga will start us off with some stretching, so we are ready to rock & roll!

Light refreshments will be available, and the fun will be non-stop! No requirement to dance, just come to have a joyful music filled afternoon! This is sure to be the event of the year!

All activities will be held at the Community Center in rooms 202/204

Health & Wellness

Pickleball

Pickleball has emerged as the fastest growing sport in America! Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

Introduction to Pickleball

This class is tailored for anyone interested in learning the fundamentals of pickleball. During the class, students will be taught various technical skills, forehand and backhand ground strokes, serves, lobs, overheads, dinks and proper footwork. In addition, students will have the opportunity to understand basic rules, strategies and court positioning necessary for doubles play.

Day: Tuesdays

Dates: Jan 14 - Feb 25

Time: 9:00-10:00am

Fee: \$10 Daily Drop In
\$45 for 50 & Beyond Member

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Jan 9 - Feb 13

Time: 8:30-9:15am

Fee: \$10/class or
\$40 for the whole session

Get Fit While You Sit!

Performing chair exercises is great for individuals with limited mobility, can help exercise the joints and burn calories! Other benefits include improved posture, flexibility, muscle strength, circulation and balance.

Date: Thursdays, Jan 9 - Feb 13

Time: 6:00-7:00pm

Fee: \$10/class or \$45 for the whole session

Health & Wellness

Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance. Drop in fee available.

Day: Thursdays
Dates: Dec 5 - 19 (Mini-Session)
Jan 9 - Feb 13 (6 weeks)
Time: 11:00-11:45am
Fee: \$9/Mini Session
\$18/Six Week Session

Chair Yoga with Martha

This beneficial form of yoga is for any fitness level, from active seniors to those recovering from an injury. Low impact on joints, improves flexibility and stress reduction.

Day: Monday & Thursday
Time: 11:30am -12:30pm
Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Instructor: Candice Carbajal PT, DPT, OCS
Date: Fridays, Dec 13 & Jan 10
Time: 9:30am - 10:00am
Cost: There is no fee for this class but you **MUST** pre-register

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. **There is a \$20 per month suggested donation payable to Kidney Foundation.**

Day	Time	Room
Mondays	11am-12pm	105
Tuesdays	11am-12pm	Gym
Fridays	11am-12pm	105

T.O.P.S. Every Thursday

T.O.P.S. is a weight control program which uses group support, competition & recognition to motivate and aid weight loss goals set by physicians.

9:00am weigh in 10:00am meeting begins

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (*if you are under 60 & there is room in the class, you may participate*). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham
Date: Tues., 1/14 - 3/18
Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens
Date: Tues., 1/14 - 3/18
Time: 10:30 - 11:30am

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles?

Instructor: Tammy Foote
Date: Weds., 1/8 - 3/12
Time: 11:15am - 12:45pm

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams
Date: Thurs., 1/16 - 3/20
Time: 9:30 - 10:30am



50 & BEYOND PRESENTS

HOLIDAY SOCIAL

DECEMBER **6** 1:00-3:00 PM

Live Music - Box Lunch - Fun

Drop in to enjoy the sounds of the Holiday with live entertainment and a hot cup of coffee or cocoa. A boxed lunch from Honeybaked Ham (smoked turkey or ham sandwich, chips & cookie) can be enjoyed here or at home. Musical entertainment featuring Rick Davis and his wife Golden, returns this year to join in the fun! They have been in the music industry for over 50 years, performing alongside the Temptations, B.J. Thomas and other Motown greats.

You won't want to miss it!

Lunch is \$5 per person Pre-registration is required.

*There is no fee if you choose not to purchase lunch but pre-registration is still required!

Sponsored in part by:

 aetna™



Travel

PARKING LOT CONCERNS

Please be mindful of others when using the parking lot. If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Upcoming Trips

December

- 6 - Nite Lights w/ Bianco: Brooklyn MI
- 7 - Eastern Market: Detroit
- 8 - Who Killed Ebenezer: Canton
- 11 - Holiday Walk: Meadow Brook Hall
- 14 - Christmas Lights & Craft Show: Adrian
- 17 - Firekeepers Casino: Battle Creek
- 18 - Wayne County Lightfest: Westland
- 19 - Lunch Out: Benihana, Northville
- 31 - NYE Blast Off to the 80s: Wyandotte

January

- 9 - Lunch Out: Benihana, Northville
- 14 - Firekeepers Casino: Battle Creek
- 25 - Mystery Resale Tour
- 30 - Lunch Out: Three Brothers, Canton

February

- 20 - Lunch Out: Crab Kitchen, Westland
- 22 - Livingston Antique Mall, Brighton



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels: Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will **not** receive refund or credit.
- **Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.**

No refunds or reductions in fees will be given for trips missed by participants. **Remembering to attend is your responsibility.**

One on One Assistance

Members requiring "one on one" assistance MUST travel with a partner that is there to attend to those needs. "One on One" examples: walking from the bus to the destination; making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.

Important Notice!!!!

* **Late returns:** Please be mindful of the stated return times given by your bus driver. It is unfair for others to wait when you do not return on time and our driver cannot leave the bus to come looking for you. Repeated occurrences will result in restricted attendance and your sign up may be refused.

**No Shows:

Not calling to cancel your spot is unfair to others. Please call the Center as soon as possible if you don't plan to attend.

FAQ's

Frequently Asked Questions

50 & Beyond
Lively Travellers
club

1. Is Your Membership Current?

If your membership is not current you may be put on our waitlist in order to give members an opportunity to sign up. If so, registration for non-members will open two weeks prior to that trip.

Non-members will be charged an additional fee of \$5 per trip.

2. How do I sign up?

Sign ups and waitlists for all trips are now done at the Community Center front desk. 50 & Beyond staff cannot accept payments unless they are working at the front desk. Checks are payable to YTRD. Online registration may be available as well.

3. Emergency Contacts

Do we have your Emergency Contact information? An Emergency Contact is required for all trip participants. This can be updated at the front desk. If you would like a medical information card for your purse or wallet we can provide one for you.

4. Trip Parking (please read this!)

When parking in the Community Center lot for ALL trips, please use the rows that are beyond the flag pole. That is row 3 and beyond. Please DO NOT park in the handicap spots or the spaces that are closest to the doors. This is a courtesy to those coming to the center for just a few hours.

5. Payments Due

Payments are due no later than one week prior to the trip. With the exception of extended travel and any overnight travel, those trips are due 1 month prior to the date unless otherwise noted.

Registration and payment for all travel is due a minimum of one week prior to the trip.

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Travel



Michigan Central Station Tour

Currently all group tour slots for Michigan Central Station are fully booked. The company offering the tours, Detroit History Tours, is actively working on adding future dates and times to the schedule and we are working closely with them to secure a second and third outing for our group. If you are already on the waitlist you will be contacted directly as soon as we have new dates scheduled!

FireKeepers Casino Day Trip, Battle Creek, MI

Playing with fire is about to get way more fun! With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a 200 seat Bingo room; a live poker room and exclusive high limit areas & VIP lounge, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, December 17
Tuesday, January 14

Bus Departs: 8:30am Bus Returns: 5:00pm
Cost: \$30 for each date
All expenses are on your own.

Eastern Market, Detroit

Visit the market with us and do a little shopping! The market is perfect for stocking up on fresh produce, baked goods, and meats.

Dates: Saturday, December 7
Bus Departs: 8:00am Bus Returns: 12:00pm
Cost: \$10 for each date

Lunch Out:

Benihana

Highly skilled and well-trained, your personal chef will entertain you while cooking such favorites as steak, chicken, seafood and fresh vegetables in traditional Japanese style on a hibachi table.

Date: Thursday, December 19
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
***Price of the meal is on your own.**

Benihana (added date!)

Highly skilled and well-trained, your personal chef will entertain you while cooking such favorites as steak, chicken, seafood and fresh vegetables in traditional Japanese style on a hibachi table.

Date: Thursday, January 9
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
***Price of the meal is on your own.**

Three Brothers Restaurant

Discover delicious Polish cuisine at Three Brothers Restaurant. Enjoy classic meals such as pierogis and kielbasa, stuffed peppers, breaded pork chops, potato pancakes and more!

Date: Thursday, January 30
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
***Price of the meal is on your own.**

Crab Kitchen

The winner of the ClickOnDetroit Vote 4 the Best of Metro Detroit 2024 in the Best Seafood restaurant category.

Crab Kitchen serves seafood boils, fried seafood baskets, Po'Boy sandwiches and more!

Date: Thursday, February 20
Departs: 11:00am Returns: 3:00pm
Cost: \$10 for transportation only.
***Price of the meal is on your own.**

Holiday Walk, Meadow Brook Hall

It's the most wonderful time of year! For more than 50 years, Meadow Brook Hall has delivered a breathtaking holiday experience, transporting visitors through the historic mansion decked in shimmering splendor. Experience the wonder of our more than 50 magnificent trees, flickering fireplaces, and lights galore! Holiday Walk is a self-guided indoor tour featuring incomparable holiday sights and decorations inside Meadow Brook Hall, the historic mansion and National Historic Landmark located in Rochester on the campus of Oakland University.

Two dates available!

Date: Wednesday, December 4

Departs: 12:00pm Returns: 5:00pm

Cost: \$32

Date: Wednesday, December 11

Departs: 12:00pm Returns: 5:00pm

Cost: \$32

***Pay later is unavailable for this trip.
Trip must be paid for at time of registration.**



Wayne County Lightfest (Hines Dr)

The Wayne County Lightfest is magical four-mile stretch of Hines Park, displaying nearly 50 animated themed displays and more than 100,000 lights!

Wednesday, December 18

Bus Leaves: 5:30pm

Bus Returns: approx 7:00pm

Cost: \$12 includes transportation & admission fee

Who Killed Ebenezer Scrooge?, Village Theater, Canton

Visit This family favorite tale of a miser's Christmas haunting and redemption is a musical with a twist. Scrooge's visitations by the Christmas ghosts are interrupted when it is discovered he has been murdered, but who did it? Find out in this joyous show filled with unforgettable characters and thrilling songs that evoke the London of Dickens' era. Showing for the first time in thirty years, now revised especially for Spotlight Players by the original Michigan playwright and composer team. Get into the Christmas spirit with this classic show, enhanced with new scenes and music.

Date: Sunday, December 8

Departs: 2:00pm Returns: approx 6:00pm

Cost: \$32 for transportation & show ticket

****Pay later is unavailable for this trip.**

Nite Lights @ MIS w/ Bianco

Jerry's Pub Brooklyn, MI (included lunch) - Nestled on the south shore of Wamplers Lake, the deck offers spectacular views of the lake. Buffet consisting of: Chicken Kabob (tender, marinated grilled chicken, grilled seasonal vegetables, hummus & pita bread); Lake Perch (lightly dusted and deep fried with tartar sauce and lemon wedge); and Half Slab of Roasted Baby Back Ribs.

Nite Lights at Michigan International

Speedway Brooklyn, MI - One of Michigan's largest Christmas light displays, this animated drive-through display is over three miles long! Millions of dancing lights will make up 65 different themes, a 250-foot lighted tunnel and a forest of mega trees. All while driving on the track and along pit row at Michigan International Speedway.

Friday, December 6, 2024

Departs 3:00pm Returns 8:00PM

Cost: \$89

Lenawee County Fair Christmas Crafts & Lights Drive Thru, Adrian

Take a drive-through journey along a trail spanning over a mile of illuminated displays creatively decorated by various groups, churches, individuals, and families. Stop at the Merchants building to peruse the craft show and relax with a cup of cocoa. We will stop for dinner at a yet to be determined location. **You are responsible for the cost of your meal.**

Date: Saturday, December 14

Departs: 3:30pm **Returns:** approx 8:00pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**

NYE Blast off to the 80's

"Blast Off to the 80's" is a fun, exciting musical revue of the most popular songs from the 1980's. There is something for everyone including rock 'n' roll, country, pop and Broadway. This high-energy, one act musical revue highlights hits from this iconic decade featuring talented vocalists and a dance troupe that will knock you out of your seats. And what would the show be without some pop culture facts, audience participation and a few surprises? Celebrate the New Year with 2nd St Performing Arts Center as we "Blast Off to the 80's!"

*We will enjoy a late lunch before the show at a yet to be determined location.

Tuesday, December 31

Bus Departs: 1:00pm

Bus Returns: approx 7:00pm

Cost: \$40 for transportation & show ticket

Lunch Location to be determined

***Cost of Lunch is on your own**

****Pay later is unavailable for this trip.**

Mystery Resale Tour

Imagine a fabulous thrift filled Saturday! Join us as we take you Resale shopping to the best variety of Thrift, Consignment, Salvage and other really cool places we've discovered! We will take a brief stop for lunch and then keep on shopping! **You are responsible for the cost of your meal & purchases.**

Date: Saturday, January 25

Departs: 9:00am **Returns:** approx 4:00pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**

Livingston Antique Outlet

Let's visit this 33,000 square foot antique mall featuring over 200 small businesses offering quality antiques, collectibles, Vintage, Home Decor and unique home treasures. We will take a brief stop for lunch as part of our day!

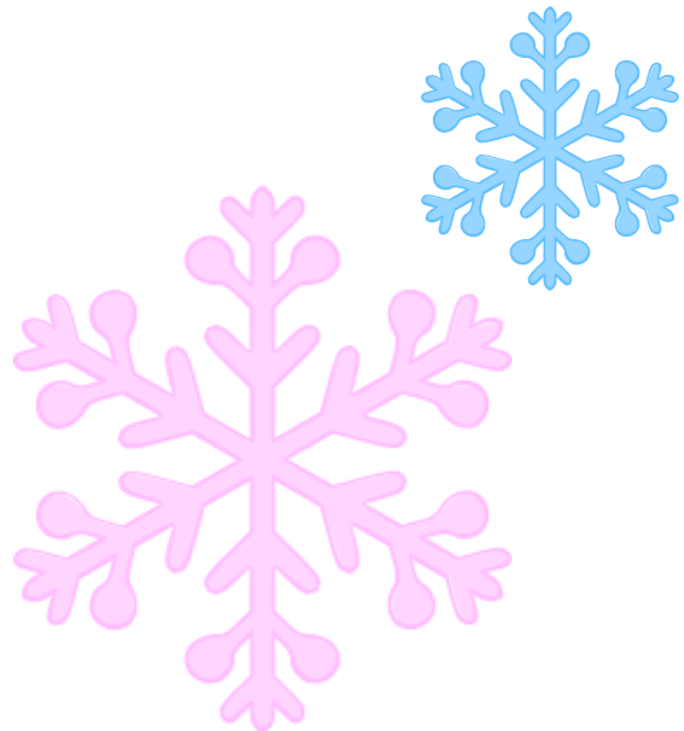
You are responsible for the cost of your meal & purchases.

Date: Saturday, February 22

Departs: 9:00am **Returns:** approx 3:30pm

Cost: \$18 for transportation only

***Cost of meal & purchases are on your own.**



Extended Travel

Sunny Portugal w/ Collette Vacations February 2-11, 2025

Ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages, and welcoming locals – Portugal is waiting for you. Double occupancy rooms start at \$3199/person. *A deposit of \$698 per person is due upon reservation. Reservations made after the deposit due date of **July 27, 2024** are based upon availability. Final payment due by December 04, 2024. Deposits are refundable up until August 03, 2024.*

Sequoia & Kings Canyon w/ Collette Vacations May 14 - 23, 2025

Explore the rich sights, sounds, and tastes of California. Wander through a forest of some of the world's largest trees at Sequoia and Kings Canyon National Parks. Dive into history in San Diego and into the glitz and glamour of Los Angeles. Discover a centuries-old mission in Santa Barbara and go on a walking food tour in the charming coastal town of Carlsbad. Savor a glass of locally produced wine and lunch at a Paso Robles vineyard. Double occupancy rooms start at \$4,999 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **November 07, 2024** are based upon availability. Final payment due by February 15, 2025. Deposits are refundable until Nov. 14, 2024.*

Explore Tuscany w/ Collette Vacations

September 10 –18, 2025

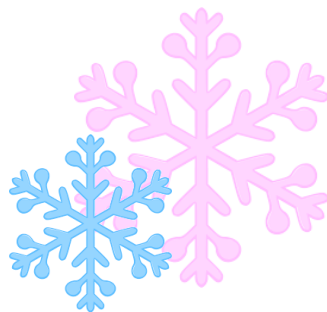
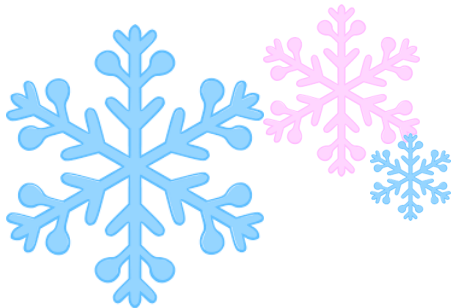
Rolling landscapes, savory wines, delicious food and stunning architecture – find all of this and more in Tuscany. Unpack once on this journey among Italy's most charming towns. Double occupancy rooms start at \$4,399 per person. *A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of **March 10, 2025** are based upon availability. Final payment due by June 12, 2025. Deposits are refundable up until March 17, 2025.*

Greek Isles w/ Grand American July 13 –20, 2025

From relaxation to exhilaration and every moment in between, get ready for an unforgettable Greek Isles cruise aboard Norwegian Viva. With an overnight stay in Istanbul, you have plenty of time to explore — from discovering the colorful Topkapi Palace to shopping at the bustling Grand Bazaar and sampling delicious local Turkish cuisine. Explore some of the wineries, pristine beaches, delicious local cuisine and historic sites dotting the island of Paros, or take to the water for some surfing, kayaking or windsurfing. Then stroll among Santorini's famed blue-domed roofs before savoring some delicious local Greek cuisine. Double occupancy cabins start at \$4,579 per person. *A deposit of \$350 per person is due upon reservation. Final payment is due **February 14, 2025***

Canada/New England w/ Grand American September 21-28, 2025

Fall in love with the Northeast aboard Norwegian Getaway. Browse Bar Harbor's many boutique shops, hike to a scenic overlook in famed Acadia National Park or savor a classic New England lobster bake. Then enjoy a narrated excursion through scenic Halifax, past historic sites and along a coastal highway to the picturesque village of Peggy's Cove. In Canada's oldest city, St. John's, you can soak in the best view of the cityscape at Signal Hill National Historic Site or take to the sea on a whale watching or kayaking tour. Double occupancy cabins start at \$2424/person. *A deposit of \$350 per person is due upon reservation. Final payment is due **April 24, 2025***



Community Happenings

Area Agency on Aging 1-B



Struggling with your weight? Grappling with diabetes or painful joints? AgeWays Nonprofit Senior Services is offering a free virtual workshop geared to older adults who want to get healthier through weight management, mindfulness and exercise. Eat Smart, Move More, Weigh Less is a free 15-week program led by a registered dietitian nutritionist. Participants are expected to commit to the program, which is held at the same time each week for one hour by Zoom. Each participant can choose the class time that works best for their schedule.

*Participants will have access to one-on-one coaching with the nutritionist through an online platform that will show their progress during the program.

Participants will receive materials after registration, including a welcome kit mailed to their home that includes a program workbook, a mindful eating journal, and measurement guidelines. Register for Eat Smart by calling 833-262-2200.

Lunch with a Commissioner

Chair Hodges and Ashley Hall from the Washtenaw County Board of Commissioners will be here to have lunch with the Senior Nutrition Program.

If you would like to have lunch with the Senior Nutrition Program on that day please let Donna know at least one week in advance. She can be reached at 734-544-3800.

Day: Tuesday, January 14




Time: 11:30am - 12:30pm

Fee: \$3 suggested donation



DECEMBER

Senior Cafe Menu

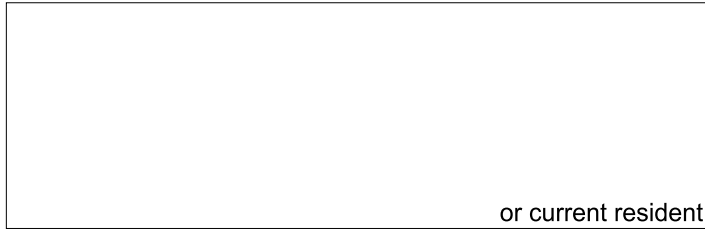
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <ul style="list-style-type: none"> Sloppy Joe Sandwich O'Brien Potatoes Green Beans Diced Peaches 	3 <ul style="list-style-type: none"> Maurice Salad Twice Baked Potato Chowder Fresh Apple Pita Bread 	4 <ul style="list-style-type: none"> Baked Ziti Diced Carrots Italian Garden Salad Strawberries w/ Whip Topping Italian Bread 	5 <ul style="list-style-type: none"> Turkey Broccoli Rice Casserole Zucchini & Tomatoes Brown Bean Salad Fruited Gelatin 	6 <ul style="list-style-type: none"> Roast Beef Garlic Mashed Redskin Potatoes Creamy Coleslaw Fresh Banana WW Dinner Roll
9 <ul style="list-style-type: none"> Hawaiian Meatballs over Brown Rice Whole Kernel Corn Green Beans Apricots WW Dinner Roll 	10 •Turkey <ul style="list-style-type: none"> Enchilada Casserole Refried Beans Broccoli, Cauliflower & Tomato Salad Mandarin Oranges & Pineapple Tidbits 	11 <ul style="list-style-type: none"> Stuffed Pepper Garden Salad Garlic Mashed Redskin Potatoes Mixed Berries WW Dinner Roll 	12 • Baked Chicken <ul style="list-style-type: none"> Cauliflower with Cheese Sauce Collard Greens Fresh Orange Biscuit 	13 •Potato Pollock <ul style="list-style-type: none"> Wild Rice Garden Peas & Pearl Onions Diced Pickled Beets & Onion Salad Fresh Banana
16 <ul style="list-style-type: none"> Pepper Steak Carrot Coins Zucchini/Tomatoes Tropical Fruit Salad WW Bread Brown Rice 	17 <ul style="list-style-type: none"> Marinated Boneless Pork Cutlet Baked Potato Creamy Coleslaw Warm Cherry Crisp WW Dinner Roll 	18 <ul style="list-style-type: none"> BBQ Chicken Breast Baked Beans Cucumber, Tomato & Onion Salad Fresh Apple Corn Bread 	19 <ul style="list-style-type: none"> Submarine Sandwich Pasta Salad w/ Vegetables Minestrone Soup Fresh Banana 	20 <ul style="list-style-type: none"> Florentine Stuffed Shells Italian Garden Salad Green Beans Strawberries WW Bread
23 	24	25 <p>Merry Christmas</p>	26	27
30	31	<p>HAPPY New Year</p>		

Closed until January 2

A suggested \$3 donation is recommended but not required.
 1% Milk Served with each meal
 Please sign up one week in advance. Lunch is available for pick up from 11:00am until 12:30pm.

Ypsilanti Township Recreation Center
2025 E. Clark Rd
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565



or current resident

Focus: HOPE

In partnership with federal and state agencies, Focus: HOPE provides food boxes to senior citizens 60 years old or older, reside in Washtenaw county. *Distribution will be held in the **parking lot** on the first Thursday of each month from 11:00am - 11:30am*

The schedule for 2025 is as follows:

December 5th, 2024 - Double Distribution

January 2025 - received in December

February 6th

March 6th

April 3rd

May 1st

June 5th - Double Distribution

July - received in June

August 7th

September 4th

October 2nd

November 6th

December 4th

To apply to receive food
please call **313-494-4600**

or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household and reside in Wayne, Oakland, Macomb or Washtenaw County.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. **All donations should be cleaned and disinfected prior to donating.** Thank you for your generosity!!

Charter Township of Ypsilanti Officials:

Brenda Stumbo, Supervisor

Debbie Swanson, Clerk

Stan Eldridge, Treasurer

734-484-4700

Board of Trustees:

Gloria Peterson, Trustee

Karen Lovejoy Roe, Trustee

John Newman II, Trustee

LaResha Thorton, Trustee

The Ypsilanti Township

50 & Beyond Program

**is supported and operated by the
Township of Ypsilanti, contributions,
memberships, and volunteers,
as part of the Ypsilanti Township
Recreation Department.**



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

ypsitownship.org

734-544-3800