50 & Beyond Newsletter

August 2026

Recreation Coordinator
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Community Center Phone
734-544-3800







YPSILANTI TOWNSHIP
RECREATION DEPARTMENT

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

August Birthdays

1 Randy Hurst, Tony Lewis
Ethel Walker
2 Irven Arnold, Rosemary Ciucio
3 Manuel D Kilbourne, Darren Hutchins
Margaret Tabb, Carol McClure
4 Deanna Whitehead, Shirley Salminen
5 Dana Holmes
6 Helen Crudup-Minifield
7 Christine Carpenter, Ronald Peters
8 Wanda Daniel, Juanita Richard
9 Marian Johnson, Priscilla Rice
10 Lillian Lawrence
11 Linda Jones, Carolyn Williams
12 Marianne Oltersdorf, Sharon Holley
George Turner
13 Chrisa Hotchkiss, Kurt Godden
Faye Lewis, Sinnie Jackson,
Sheila A. Smith
14 Barbara Valencourt, Nancy Hamilton
16 Linda Branch
17 Kathleen Smith, Nancy Dugas
Richard A Hurd, William Johnstone
18 Debra Huber
19 Gwendolyn Brownlee, Virginia Combs
Marion Peoples
20 Martha Anderson, Harriet Jones
21 Judy Schneider, Bonnie Miles
Sharon Vanburen, Karla McCoy
Lois Ann Vogt
22 Nancy Rogers, Camille Hudson
Nichole Passmore
23 Cynthia Gee
25 Daniel Smith
26 Melody Thomas, Judy Porter
Jennifer Hackett
27 Clint Elswick, Florence Bascom
29 Sara Robinson, Karen Wilson
30 Ronald Cowans
31 Katy M. Thomas, Russell Perkins
M Kay Hannah, Carl Defour,
Janice Anschuetz

In Loving Memory...

Timothy Robb

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org



Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.

Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:
Individual Fees:
Resident Fee: $15 Non-Resident Fee: $20
Household Fees:
Resident Fee: $25 Non-Resident Fee: $35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quiltng	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ladies Billiard Hour	10:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Colors	10:30am	W
TOPS	10:00am	Th
Euchre	12:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.
Mondays 10:00am
Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee
Coffee is served from 9am-12pm Mon - Fri

Mahjong
Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.
Tuesdays 9:00am

Ypsi Yarners
Calling all knitters, crocheters, and yarn enthusiasts! Bring your latest project and connect with others who share your love of fiber arts. Drop in, unwind & get inspired!
Day: Tuesdays
Time: 10:00am
Location: Room 202

Creative Colors & More!
Join Lynn for some creative coloring and more. Engage both the creative and logical sides of the brain, improving focus & cognitive function.
Wednesdays 10:30am



NOTICE

Billiards Tables will be unavailable on Tuesdays from 9am - 12pm starting in August

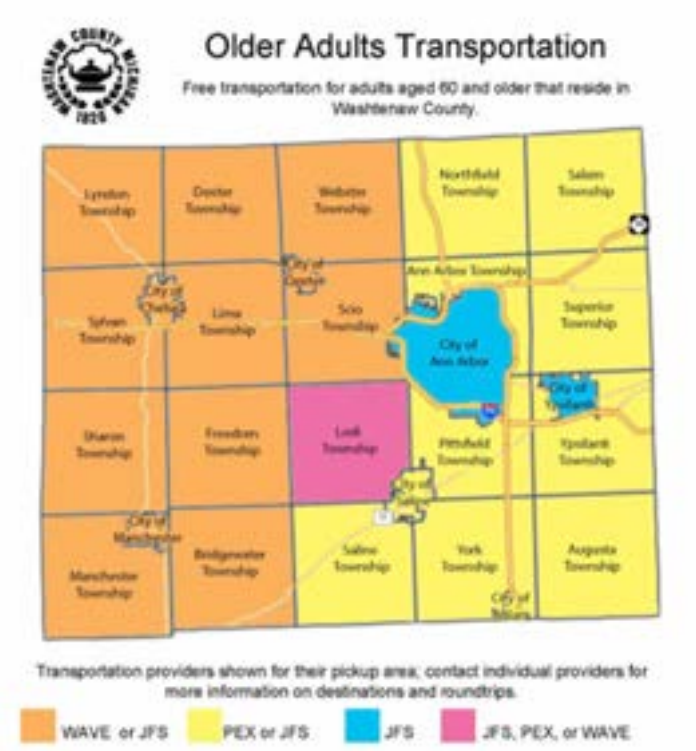
Ladies Only Billiards Hour
Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies!
Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.
Day: Now on **WEDNESDAYS!**
Time: 10:00-11:00am

Billiards with Bill
Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive inst ls. Fur y will also be covered.
On Summer Break!
Day: Thursdays **Time:** 10:00 - 11:00am
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Billiards Challenge Tourneys
Get ready for a spirited showdown as our members go head-to-head in a friendly yet cor t is ope .
On Summer Break!
Must sign up in room 201.
First Wednesday of each month at 1:00pm

Participation Matters!
Our Drop-In Activities are designed to be flexible & fun, but it only works if YOU show up!

Free Transportation



Great news! Washtenaw County Seniors can now receive FREE transportation!
Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):
734-769-0209 ext 2

People's Express (PEX):
877-214-6073

Western Washtenaw Area Value Express (WAVE):
734-475-9494

Questions call 734-222-6850 or
Email: AgingServices@washtenaw.org

Community



This party is open to everyone! Please join the fun even if you didn't participate in the walking program!

Classes & Programs

Pencil Play & Tangle Enhancers**

This is the perfect follow-up to the Intro to Zentangle class. You'll learn new tangles and tanglenhancers, as well as some basic skills to help you feel more confident when you tangle.
Bring all your Zentangle materials/kit.
Date: Tuesday, August 11
**Registration Deadline: Wednesday, August 5*
Time: 10:00am - 12:00pm
Fee: $20 **Location:** Room 103
There is an additional $2 materials (cash or check) to the instructor at the first class.

*****Prerequisite: Intro to Zentangle***

Drop In Tangle Time

Tuesday, August 25, 2:30-4PM
No sign-up required, but Intro to Zentangle is a prerequisite. Suggested donation: $3

Pre-strung Black Zendalas w/ Colors**

Since these zendalas already have a string, you can jump right into tangling, adding pops of color, shading, and layering. In addition to your regular materials, you will need a white Gelly Roll 08 pen, a white charcoal pencil and a dedicated tortillon for blending white. A zenstone is optional. If you don't already have these tools, they'll be available to purchase before class. Please come early to buy materials, so we can start class on time.
Date: Thursday, August 20
**Registration Deadline Tuesday, August 13*
Time: 2:30pm·4:30pm
Cost: $20 **Location:** Room 101
*There is an additional supply fee of $3 payable in class. (Cash or check only please)

*****Prerequisite: Intro to Zentangle***

Classes & Programs

Scams Happen Every Day: Part 2 Taking Control After Awareness

Scams are no longer rare, obvious, or limited to one age group. This session helps seniors recognize modern scam tactics before damage is done, using real-world examples and clear, practical guidance that applies across all life stages. Participants will explore:

- Why responding to online ads and pop-ups on mobile devices increases fraud risk
- How to report scam calls, texts, and emails
- How to use block and report features on smartphones and digital platforms
- Why certain payment methods reduce fraud risk and how to protect transactions

Date: Wednesday, August 19
Time: 1:00 - 2:30pm
Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

The Coverage Illusion: Why Insurance Doesn't Always Protect You the Way You Think

Many people assume that having insurance automatically means they are fully protected. In real life, coverage can behave very differently than expected during illness, emergencies, caregiving transitions, or financial stress—when clarity matters most. This course helps participants understand the difference between having coverage and having meaningful protection. Participants will explore:

- Common assumptions people make about insurance.
- The difference between coverage, benefits, and real-world protection
- Why coordination between different types of insurance matters
- And much much more!

Date: Wednesday, September 9
Time: 1:00 - 2:30pm
Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!
Date: Wednesdays, Sept 2 - Oct 7
Time: 1:00-3:00pm **Cost:** $25
*There is an additional supply fee of $40 due to the instructor at the first class

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.
Date: Friday, August 14
Time: 1:00pm **Cost:** $1 per card

Watercolor Workshop

Kileah Mae Creative offers beginner-friendly watercolor workshops created with seniors in mind—calm, encouraging, and easy to follow. No prior art experience is needed. Participants are guided through the fundamentals of watercolor step by step. Led by artist Julia Wellings, the session starts with simple explanations and practice exercises to get comfortable with the brushes, paper, and paint. From there, participants create a floral-inspired painting - working from a provided reference or following their own ideas at their own pace. Participants will leave with a finished piece to be proud of.
Date: Monday, August 17
Time: 1:00-3:00pm
Cost: $25
ALL materials are provided

Improvisation for Confidence and Connection

This series of workshops will teach improvisation skills to help with anxiety and isolation and to promote cognitive flexibility. Release anxiety and stress while connecting with others!
Date: August 28, September 4 and 11
Time: 2:00-3:30pm **Cost:** $20
Students are encouraged, but not required to bring a notebook

Health & Wellness

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate).

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.
Instructor: Dee Grantham
Date: Tuesday, 9/8 - 11/10
Time: 9:00 - 10:00am
***No Class Nov 3**

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.
Instructor: Darryl Mickens
Date: Tuesday, 9/22 - 12/1
Time: 10:30 - 11:30am
***No Class Nov 3**

Yoga

Unlike stretching for fitness, yoga is more than just physical postures. What do you have to lose by trying, except stiff joints and tight, sore muscles? Instructor: Tammy Foote
Date: Wednesday, 9/9 - 11/18
Time: 11:15am - 12:45pm
***No Class Oct 28**

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength. Instructor: Michelle Williams
Date: Thursday, 9/10 - 11/19
Time: 9:30 - 10:30am
***No Class Oct 29**

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a $20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	104
Tuesday	11am-12pm	Gym
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises & balance enhancing routines. This program is geared to fit all body types and abilities.
Day: Monday 11:30am -12:30pm
Thursday 11:45am - 12:45pm
Cost: A suggested $5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!
Date: Monday/Wednesday/Friday
Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. Join us for the support, accountability and connections
that you need on your journey to better health.
Thursdays
9:00am weigh-in **10:00am meeting begins**

Boxing

This unique class is participant-led, allowing members to take an active role in guiding their workout, encouraging each other and creating a fun, supportive environment that promotes both physical fitness and social connection.
Date: Thursdays
Time: 1:00pm
Location: Fitness Room #203

Health & Wellness



Zumba Gold
This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, Sept 17- Oct 22
Time: 8:30-9:15am
Fee: $10/class or
$40 for the whole session

Hawaiian Hula for Health
Hula improves memory, balance, coordination, and provides weight loss, boosts energy, and is a low to medium impact exercise. Learn basic steps and hand gestures while benefiting from hula's health advantages.

Date: Wednesdays, Coming this fall!
Time: 10:00-11:00am
Fee: $5/6 weeks

Strength Training for Reduced Falls and Improved Balance
During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.
Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.
Time: 9:30am - 10:00am
Fee: There is no fee for this class but you MUST pre-register

DID YOU KNOW? 50 & BEYOND MEMBERS RECEIVE $5 OFF ALL EVENING FITNESS PROGRAMS!



Travel

Upcoming Trips

August
1 - Belle Isle Art Fair, Detroit
6 - Sinbad's Restaurant, Detroit
11 - FireKeepers Casino, Battle Creek
13 - Detroit Tigers Game, Detroit
18 - Stahl's Automotive Museum,
20 - Lunch Out: Lillie Mae's, Southfield
22 - Eastern Market, Detroit
25 - Shipshewana Flea Market, Indiana

September
3 - Michigan State Fair, Novi
8 - Shop Brighton, Brighton/Novi/Northville
10 - Lunch Out: Art & Jakes, Northville
12 - Eastern Market, Detroit
15 - FireKeepers Casino, Battle Creek
17 - Frederick Meijer Gardens, Grand Rapids
24 - Detroit Princess, Detroit

October - Details coming soon!
3 - Eastern Market, Detroit
10 - Appleupmkin Festival, Tecumseh
13 - FireKeepers Casino, Battle Creek
20 - Michigan Central Station, Detroit

One on One Assistance

Members requiring “one on one” assistance MUST travel with a partner that is there to attend to those needs. “One on One” examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.



Trip Cancellation Policy

There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
- Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a $5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know *Before You Go*

Membership

- **Membership must be current to register.**
- **If not current, you may be placed on a waitlist.**
- **Non-member registration opens 2 weeks prior to the trip (if space allows).**
- **Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.**
- **Members may bring a guest for an additional fee. Subject to availability**

Registration

- **Sign-ups and waitlists are handled at the Community Center front desk.**
- **Checks should be made payable to YTRD.**
- **Online registration may be available for select trips.**

Payments

- **Payment is due 1 week prior to the trip.**
- **Extended or overnight trips require payment 1 month in advance (unless otherwise noted).**
- **If payment is not received on time, you may be removed from the list.**
- **Pay-later options may not be available for all trips.**

Waitlist & Attendance

- **Please only register if you fully intend to attend.**
- **Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.**
- **Repeat no-shows or late payments may require payment at time of registration.**

Parking

- **Please park in rows beyond the flagpole (Row 3 and up).**
- **Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.**

Bus Etiquette

- **Keep device volume low or use headphones.**
- **Be courteous to fellow travelers.**
- **Please reserve the front passenger seat for the trip chaperone.**

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

Travel

FireKeepers Casino Day Trip, Battle Creek, MI

Casino includes over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas.

Dates: Tuesday, August 11
Tuesday, September 15
Tuesday, October 13
Bus Departs: 8:30am
Bus Returns: 5:00pm
Cost: $30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday August 22
Saturday, September 12
Saturday, October 3
Departs: 7:00am
Bus Returns: approximately 1:00pm
Cost: $10

Sinbad's Restaurant, Detroit

Sindbad's began in 1949 as a humble riverfront gathering place—and has grown into a beloved Detroit institution. Founded by brothers-in-law Buster Blancke and Van VanHollebecke, the restaurant has been a staple for boaters, families, and seafood lovers for over 70 years. Today, the Blancke family proudly carries on the tradition, serving up fresh Great Lakes fish, Angus steaks, and our famous house-made clam chowder with the same welcoming spirit. From a Prohibition-era speakeasy to a second-generation family business, Sindbad's remains rooted in community, quality, and the joy of a good meal by the water.

Date: Thursday, August 6
Departs: 10:00am
Returns: approx. 3:00pm
Cost: $12 *Cost of meal is on your own

Lunch Out:

To help us manage reservations, transportation,& budgeting accurately, we will be offering one trip in both July and August, and will add an additional outing if the waitlist indicates a need.
Price of the meal is on your own.

Lillie Mae's Southern Buffet, Southfield

Lillie Mae's Southern Buffet is a fast casual dining restaurant located in Southfield, Mi. They offer a variety of southern favorites such as, Fried Catfish, Fried Chicken, Turkey Chops, Smothered Pork Chops, BBQ Ribs, Mac n Cheese, Collard Greens, Sweet Potatoes and much more.

Date: Thursday, August 20
Departs: 10:00am Returns: 3:00pm
Cost: $12 for transportation only.

Art & Jake's, Northville

Art & Jake's features an upscale sports bar menu, including starters like Bang Bang Shrimp and Jake's Nacho Supreme. Handhelds like the Cali Chicken Club and prime steaks are staples, plus a massive draft beer list.

Date: Thursday, September 10
Departs: 11:00am Returns: 3:00pm
Cost: $12 for transportation only.

Belle Isle Art Fair, Detroit

This is beautiful juried art fair features 100 professional artists. The artist stories are one of the main benefits of attending. You will see the artists and hear about their motivation and techniques. By shopping at the Belle Isle Art Fair you will take home much more than just a wonderful painting or jewelry item.... you also take home the story of the art and the island.

Date: Saturday, August 1
Departs: 9:00am
Returns: approx. 1:00pm
Cost: $12

Travel

*Detroit Tigers Game, Detroit

Enjoy a beautiful day at Comerica Park! Transportation, great seats and the best company are included! There are only 7 tickets left!

Date	**Opponent**	**Cost**
Thursday, Aug 13	Guardians	$70

Departs: 11:00am **Returns:** 5:30pm
(or immediately following the game)

Stahl's Automotive Museum, Chesterfield

Explore rare and iconic automobiles alongside extraordinary automated musical instruments, all presented as living, moving history. More than a museum, Stahls is a place to experience the creativity and innovation that shaped how we move and how we listen. Whether you're a classic car enthusiast, music lover, educator, or first-time visitor, there's something here that will surprise and inspire. We will stop for lunch at Main Street Grill. Cost of meal is on your own.

Dates: Tuesday, August 18
Departs: 10:00am
Bus Returns: 4:00pm
Cost: $20

Shipshewana Trading Place, Shipshewana, IN

Enjoy shopping nearly 700 open-air booths on 40 acres at the Midwest's Largest Flea Market in Shipshewana, Indiana. Find bargains on home decor, clothing, produce, plants, tools, & everything imaginable.

Date: Tuesday, August 25
Departs: 7:00am Returns: 5:30pm
Cost: $35*
*Lunch & shopping on your own

*Michigan State Fair Senior Day

Date: Thursday, September 3
Bus Leaves: 9:00am
Bus Returns: 3:00pm
Cost: $20 transportation
*Food and purchases are not included
This trip is FULL.

*Frederick Meijer Gardens, Grand Rapids

Experience color, form, and luminosity in an entirely new way at CHIHULY at Meijer Gardens, where vibrant glass installations transform the Gardens and an immersive gallery experience. Wind through the pathways in comfort during a private, narrated tour ride. Lunch is provided.

Dates: Thursday, September 17
Departs: 7:00am **Returns:** 6:00pm
Cost: $85

Shop Brighton, Brighton/Novi/Northville

Enjoy a day full of upscale resale shopping! You're sure to find clothing, shoes, accessories, home goods and more at discounted prices, We will be stopping at the following shops: Clothes Mentor – Novi, Trading Closets Collection - Brighton, Consignment Clothiers - Northville. We will take a break for lunch at Cracker Barrel.

Date: Tuesday, September 8
Departs: 9:30am **Returns:** approx 5:00pm
Cost: $18 for transportation only
*Cost of lunch & purchases are on your own.

*Detroit Princess River Cruise, Detroit

Take a midday break from the world and cruise on the Detroit River! Enjoy a tribute to Detroit's own great Motown music performed live by the "Prolifics". Lunch cruises are perfect for seeing the downtown areas of both Detroit and our neighbors in Windsor. The lunch menu features a bountiful buffet of Tender Beef Tips with Gravy, Baked Chicken, Mashed Potatoes, Marinated Portabella Mushrooms with sides of Cheese Tortellini, Fresh Steamed Vegetables and Salad with add-ons. The Chef's choice of dessert also is included! A bar will be available for individual purchase of alcohol, soft drinks and specialty beverages with Card and Digital Pay accepted. ***NO** cash sales at the bar.*

Date: Thursday, September 24
Departs: 10:15am Returns: 4:00pm
Cost: $80
*Beverages are on your own, no cash accepted

Extended Travel

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) - Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13
Departs 9:00am **Returns 3**:30pm
Cost: $114

Michigan Heroes & More in Frankenmuth w/ Bianco Tours

Michigan Heroes Museum - This museum exists to nurture the memories of people from Michigan farms, offices, and factories who heeded the summons to military service during America's foreign wars. In addition, the Museum includes a section dedicated to the Medal of Honor recipients, and this collection contains more Medals of Honor than any other museum in the United States. The Michigan Heroes Museum holds over 900 exhibits, each devoted to a Michigan soldier, marine, sailor, airman, or astronaut

Lunch at Bavarian Inn - Enjoy our world Famous Family Style Dinner enjoyed by millions features platters of golden fried chicken, generous heaps of mashed potatoes, buttered noodles, vegetables, and much more!

Downtown Frankenmuth (shopping time)

St. Julian Winery Frankenmuth, MI - As the oldest, largest, and most-awarded winery in the state, their commitment to excellence has always been a pillar to their existence. Winery will choose 4 wines and their knowledgeable staff will walk us through the tasting.

Date: Thursday, December 3
Departs **8:30am** **Returns 5:30pm**
Cost: $120

Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping,

On-site Buffet Lunch includes: Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Wednesday, December 9
Departs 9:00am **Returns 3**:30pm
Cost: $114

Extended Travel

Patagonia & Argentina

with Celebrity Cruises

16 DAYS / 15 NIGHTS ~ FEB 26 - MAR 13, 2027

Buenos Aires, Argentina ~ Montevideo, Uruguay ~ Port Stanley, Falkland Island ~ Cape Horn, Chile ~ Ushuaia, Argentina ~ Strait of Magellan ~ Puentas Arenas, Chile ~ Puerto Madryn, Argentina ~ Punta Del Este, Uraguay

Double occupancy cabins start at $5295/person. Final payment is due by **October 29, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

Japan: Hokkaido Cherry Blossoms

with Princess Cruises

13 DAYS / 12 NIGHTS ~ Apr 20 - May 2, 2027

Tokyo, Japan ~ Aomori, Japan ~ Muroran, Japan~ Hakodate, Japan ~ Sakaiminato, Japan ~ Busan, South Korea ~ Nagasaki, Japan ~ Kagoshima, Japan

Double occupancy cabins start at $7043/person. Final payment is due by **December 21, 2026.** Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.

The above cruises are offered through Grand American Tours. Please stop by the Community Center for a detailed flyer for more information.

August

Senior Nutrition Menu



LUNCH IS AVAILABLE FROM 11AM-12:30PM.

Monday	Tuesday	Wednesday	Thursday	Friday
3 **No Lunches August 3 & 4 due to Elections**	4	5 • BBQ Chicken Breast • Brown Rice • Broccoli & Cauliflower • Tomato/Cucumber Salad • Pineapple • Alt Meal: Tuna Salad Sandwich • Snack: Falafel	6 • Meatloaf • Mashed potato • Wheat bread • Mixed vegetables • Mixed fruit • Alt Meal: Chili • Snack: Egg Bites	7 • Meaty Ragu • Wheat Bread • Green Beans • Strawberry Applesauce • Alt Meal: Tuna Salad Sandwich • Snack: Falafel
10 • Meatballs • Brown rice • Wheat bread • Cauliflower • Papaya/Mango • Alt Meal: Egg Salad Sandwich • Snack: Chicken Bites & Guacamole	11 • Roasted Turkey • Mashed potatoes • Wheat Bread • Vegetable Blend • Tropical Fruit Salad • Alt Meal: Turkey Sandwich • Snack: Protein Popcorn	12 • Tilapia • Citrus Lentil Rice • Whole Wheat Bread • Broccoli • Mandarin Oranges • Alt Meal: Chicken Chili • Snack: Diabetic Protein Cookie	13 • Chicken Parmesan • Wheat Bread • Green Beans • Apple • Alt Meal: Chicken Noodle Soup • Snack: Graze Kit	14 • Black Bean Burger • Whole Wheat Bun • Brown Lentils • Mixed Veggies • Pineapple • Alt Meal: Chicken Salad Sandwich • Snack: Fruit & Fruit Dip
17 • Cheesey Squash Bake • Wheat Roll • Broccoli • Apple • Alt Meal: Beef Chili • Snack: Fruit & Cottage Cheese	18 • Chicken Lentil Soup • WW Roll • Side Salad • Pineapple • Alt Meal: Roast Beef Sandwich • Snack: Bananas & Yogurt	19 • Dijon Salmon • Seasoned Black Beans • Whole Wheat Bread • Vegetable Blend • Peaches • Alt Meal: Tuna Salad Sandwich • Snack: Protien Balls	20 • Tuna Noodle Casserole • Wheat Bread • Vegetable Blend • Papaya and Mango • Alt Meal: Turkey Barley Soup • Snack: Trail Mix	21 • Beef goulash • Wheat bread • California blend • Orange • Alt Meal: Chicken Sandwich • Snack: Hummus & Pita Chips
24 • Turkey Barley Soup • Wheat Bread • Side Garden Salad • Papaya and Mango • Alt Meal: Egg Salad Sandwich • Snack: Sun Butter & Crackers	25 • Herb Roasted Chicken Thigh • WW Roll • Mashed Potatoes • Green Beans • Diced Pears • Alt Meal: Chicken Chili • Snack: Apple Chips & Yogurt	26 • Herb Roasted Chicken Thigh • WW Roll • Mashed Potatoes • Green Beans • Diced Pears • Alt Meal: Chicken Chili • Snack: Apple Chips & Yogurt	27 • Beef Chili • Wheat Bread • WW Crackers • Cherry Tomatoes • Orange • Alt Meal: Chicken Noodle • Snack: Cottage Cheese and Cherry Tomatoes	28 • Quinoa Corn Cake with Tofu Sauce • Wheat Bread • Mixed Veggies • Tropical Fruit Blend • Alt Meal: Chicken Salad Sandwich • Snack:Ranch & Carrots
31 • Cheesy Broccoli Rice Soup • WW Roll • Broccoli • Side Salad • Applesauce • Alt Meal: Roast Beef Sandwich • Snack: Cheese/Crackers	1% Milk is served with each meal. Please sign up one week in advance. If you order a lunch and cannot make it please call 734-544-3800 and let us know. A suggested $3 donation is recommended but not required.			

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565

FOCUS: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county. Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2026 is as follows:

August 6
September 3
October 1
November 5
December 3

To apply to receive food
please call 313-494-4600
or email: food@focushope.edu
To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson,Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee
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The Ypsilanti Township 50 & Beyond Program is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs.
All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!

YPSILANTI TOWNSHIP
— RECREATION DEPARTMENT —