

50 & Beyond Newsletter

April 2026

Recreation Coordinator
Nichole Passmore
Mon-Fri, 8:00am - 4:00pm
npassmore@ypsitownship.org

Senior Aide: Donna Medos
Mon - Thurs, 9:00am - 12:00pm
dmedos@ypsitownship.org

Community Center Phone
734-544-3800



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —

Ypsilanti Township Community Center
2025 E. Clark Rd., Ypsilanti
ypsitownship.org

April Birthdays

- 1 Virginia Tomason
- 2 Corye Bradbury
- 3 Valerie Annison
- 5 Rebecca Merriam
- 6 Crystal B Keller, Brenda L. Priest
- 7 Catherine Horning
- 8 Terri Hugan
- 9 Eloise Johnson
- 10 Iris Baker
- 11 Bernadette Hatfield, Stephen Hawley
Jacqueline Mente, William D. Lovell
Celest Phillips
- 12 Martha Warren, Dan Sneed
Janis Sargent, Anne Davis
- 13 Jennifer Kinch, Gina Perry
Linda Massengill, Calvin Mitchell
- 14 Kathryn Tate, Debra Robinson
Geraldine Buford, Hilde Seyfarth
- 15 Judith Menner
- 16 Deborah Jimerson-Henry
Gail Jackson-Reed
- 17 Marie Keehl, Matilda Colf, Lucille Posey
- 19 Bernice Barclay, Gilda Myles,
Horace Fritzsche, Patricia Dahl
Ruth Ekleberry
- 20 Terese Forest, Toni Capps
Juanita Williams
- 21 Allie Suffety
- 23 Denise A Clark, Peggy Ramsey
Max Williams
- 24 Mary Orr
- 25 Wanda Wysor
- 26 Avette Bond, Judith Carr
- 27 Sanders Henderson, Jr
- 28 Jimmy Hawkins Sr
- 29 Nancy McComb, Constance Jenkins
- 30 Tonya Patray, Donna Bye, Bobbi Amrhein
Gail Honeywell, Shirley Powell

In Loving Memory...

*To help us keep our records current, please let us know if you hear of a member who has passed away. You can reach us at 734-544-3805 or npassmore@ypsitownship.org



Inclement Weather Policies

BUILDING CLOSURE: Township officials will make the decision if our building is closed. It is a rare occasion that our building actually closes. The best way to check is on the website at www.ypsitownship.org or by calling 734-544-3800.

- **LUNCH CANCELLATION:** The lunch program **IS** cancelled when the Ypsilanti Community Schools are closed. Please call 734-544-3800 after 9:00am to confirm.
- **WCC CLASS CANCELLATIONS:** Only if Washtenaw Community College is closed or if the instructor chooses to cancel. You will only get a call if the instructor cancels.
- **ENHANCED FITNESS CANCELLATIONS:** Classes are canceled when the Ypsilanti Community Schools are closed. You will not get a call.
- **50 & Beyond Programs:** All other 50 & Beyond activities are canceled if the Ypsilanti Community schools are closed. Pickleball please call first.



Expired Memberships

Did you know there is a simple way to find out when your membership expires? When you receive your newsletter in the mail, flip it over to the mailing label. On the bottom right hand corner of your address label is the expiration date that corresponds to your membership!

If you are 90 years of age or older, please disregard this date as it only corresponds to your renewal date, which is complimentary!

50 & Beyond Membership

Our membership program is over 700 strong, and new members are always welcome! Memberships are renewable each year on the date purchased and both residents and non-residents are welcome to join! **Your membership becomes complimentary when you turn 90!** The 50 & Beyond Program operates Mon - Fri from 8am – 4pm. Memberships are renewable by mail or in person at the Recreation Office during business hours.

50 & Beyond Annual Membership Fees:

Individual Fees:

Resident \$15

Non-Resident Fee: \$20

Household Fees:

Resident Fee: \$25

Non-Resident Fee: \$35

Library Books

The Ypsilanti District Library provides large print books to check out here at the Community Center. Please remember to fill out the sheet located in the binder above the bookcase when checking out a book. Most importantly, please remember to return your books when you have finished with them so others may enjoy this service as well! The books are replenished/replaced every couple of months.

*DROP-IN ACTIVITY SCHEDULE

Activity	Time	Days
Walking	All Day	M-F
Billiards	All Day	M-F
Fitness Room	All Day	M-F
Morning Coffee	9am-12pm	M-F
Diamond Art	9:30am	M-F
Quilting	10am -4pm	M/W
Pickleball	8am -12pm	M/W/F
Bible Club	9:00am	M
Bridge	12:30pm	M
Cards	12:30pm	M-Th
Acoustic Music	9:00am	Tu
Mahjong	9:00am	Tu
Ladies Billiard Hour	10:00am	Tu
Ypsi Yarners	10:00am	Tu
Country Music	9:30am	W
Drop-In Games	10:00am	W
Creative Coloring	10:30am	W
TOPS	10:00am	Th
Euchre	1:00pm	Th
Stamping/Cards	1:00pm	Th
Pinochle	9:00am	F
Bid Whist	11:00am	F

***Please note membership is required for drop-in activities**

Music Makers

This non-auditioned choir is great for beginners as well as those who have been away from a choir or want to experience the joy of singing with a group. Music Makers also gives back to the community, performing at nursing homes and senior centers through out the year.

Mondays 10:00am

Directors: Sharon Hewitt & Gail Honeywell



Drop - In Activities

Morning Coffee

Coffee is served from 9am-12pm Mon - Fri

Diamond Art

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:30am - 11:00am

Mahjong

Mahjong is a Chinese game played with tiles. We play a modified, simple version of this challenging game.

Tuesdays 9:00am

Ypsi Yarners

Calling all knitters, crocheters, and yarn enthusiasts! Whether you're a seasoned stitcher or just learning the ropes, bring your latest project and connect with others who share your love of fiber arts. No registration required, just drop in, unwind & get inspired!

Day: Tuesdays

Time: 10:00am

Location: Room 202

Diamond Art

A combo of cross-stitch & paint-by-numbers, this new creative hobby is taking the crafting world by storm. Bring your supplies and try it with friends!

Monday through Friday, 9:30am - 11:00am

Creative Coloring & More!

As long as you are alive, it's important to stimulate your brain every day. Join Lynn for some creative coloring and more.

Coloring engages both the creative and logical sides of the brain, improving focus, motor skills, and cognitive function.

Wednesdays 10:30am

Pinochle

Whether you're brand new to the game or have years of experience, you're welcome at the table. Beginners are encouraged to come learn and play, and we kindly ask our seasoned players to help create a welcoming environment by being patient with those just getting started. It's a great way to sharpen your skills, meet new friends and start the week with some fun!

Mondays 9:00am

Bid Whist & Spades

Calling all card players! We are looking for people interested in playing Bid Whist or Spades! This is a drop in program, it can only be successful if you participate!

Fridays 11:00am

Ladies Only Billiards Hour

Grab your friends and join us every Tuesday from 10:00am - 11:00am for a fun, relaxed hour at the billiards table, just for the ladies!

Whether you're a seasoned player or just learning the ropes this is the perfect time to practice your skills and enjoy some friendly competition.

Day: Tuesdays

Time: 10:00-11:00am

Billiards with Bill

Bill Stewart is a former Billiards instructor at Wayne State University. Students will receive instruction on playing 8- and 9-ball billiards. Fundamentals of shooting & game strategy will also be covered.

Day: Thursdays Time: 10:00 - 11:00am

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Billiards Challenge Tournaments

Get ready for a spirited showdown as our members go head-to-head in a friendly yet competitive billiards challenge! This event is open exclusively to 50 & Beyond Members. Must sign up in room 201.

First Wednesday of each month at 1:00pm

Upcoming Events



50 & BEYOND PRESENTS

ELLEN'S Spring Fling!

Get ready for fun! Enjoy DJ music, a photo booth, dancing, great food and exciting live demonstrations including Hawaiian hula, African drumming and line dancing!

**FRIDAY, MAY 1ST
@1:00PM**

Photo Booth provided by:
 Trinity Health
Senior Communities



50 & Beyond Presents

TALENT SHOW

June 26 - 1:30 PM

Do you have a hidden talent or passion you'd love to showcase? 50 & Beyond is hosting a Talent Show & we want YOU to be a part of it! Whether you're a singer, dancer, comedian, musician or have another unique talent we welcome all forms of performance!

If you are interested in performing, please register at the front desk!

Community

Rain Garden Master Class

Become the neighborhood expert - design your own rain garden step-by-step!

Protect your home from flooding while creating habitat for birds, butterflies, and other pollinators. Learn from experienced instructors Susan Bryan and Kate Laramie over five Wednesday mornings.

Earn your Master Rain Gardener certification (including a t-shirt and yard sign) by building your own rain garden or adopting an existing one to care for.

Register at HRWC.org/ypsi-rain-garden-class
Or see Nichole for assistance.
Save your spot today!

Date: Wednesdays, April 8 - May 6

Time: 9:30 - 11:30am

Cost: \$89

More info below!

YPSILANTI RAIN GARDEN COURSE

SIGN UP TODAY!

Design your own rain garden step-by-step during our virtual classes. We teach you **everything** you need to know to create your own rain garden.

Wednesdays April 8-May 6
9:30am-11:30am

Ypsilanti Township Community Center
2025 E Clark Rd, Ypsilanti, MI 48198

Save your spot by registering at
HRWC.org/ypsi-rain-garden-class

HOSTING PARTNERS





PUBLIC SAFETY SEMINARS 2026



UPCOMING

MAR 18	2025 E. CLARK RD. YPSILANTI, MI 1:00PM-2:00PM
JULY 15	2025 E. CLARK RD. YPSILANTI, MI 1:00PM-2:00PM
NOV 18	2025 E. CLARK RD. YPSILANTI, MI 1:00PM-2:00PM

JOIN US FOR A PUBLIC SAFETY SEMINAR

YOU ARE WARMLY INVITED TO PARTICIPATE IN OUR PUBLIC SAFETY SEMINAR HOSTED BY THE WASHTENAW COUNTY SHERIFF'S OFFICE.

- DISCOVER INSIGHTS ABOUT CRIME STATISTICS
- SHARE YOUR THOUGHTS AND OPINIONS
- CONTRIBUTE TO KEEPING YOUR COMMUNITY SAFE!

FOR MORE INFORMATION
CONTACT WCSO/YPT NEIGHBORHOOD WATCH LIAISON
TONEKA SMITH 734-478-3719

Community Tax Help Resources

It's that time again- time to start thinking about taxes. While no one looks forward to tax season, hopefully this list makes it a little easier. Below, you'll find a list of local community organizations that offer free tax preparation. Whether you're filing for yourself or helping a loved one, these services are designed to make tax time a little easier and less overwhelming.

Accounting Aid Society- provides free tax help to Residents of Wayne, Oakland, Macomb, Livingston, and Washtenaw Counties who make \$67,000 or less. Offer appointments in-person and online. Call (313) 356-1920 for more information.

Housing Bureau for Seniors- offers free tax preparation for older adults. Program dates will be announced closer to the beginning of tax season. Call (734) 898-9339 for more information.

St. Francis of Assisi Parish- offers tax help to individuals with limited income (\$17,000.00 or less) and simple tax returns. Call the parish office at (734) 821-2121 to make an appointment to drop off your return. Services offered February through April. Assistance also available in Spanish.

United Way of Southeast Michigan (formerly United Way of Washtenaw County)- offers free tax preparation services for residents of Washtenaw, Wayne, Macomb, and Oakland counties who make \$67,000 per year or less. Call (734) 677-7235 for more information. *Call pre-register for an appointment now!*

University of Michigan Law School Low Income Taxpayer Clinic- helps low-income taxpayers with various issues, including IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more. The amount in dispute must be \$50,000 or less per tax year. Call (734) 936-3535 to schedule an appointment.

Ypsilanti District Library- YDL serves as a site for free AARP tax preparation. The program runs from February until mid-April. Call the library for more information.

- Whitster branch: (734) 482-410, x241
- Superior branch: (734) 462-410, x243



Free Transportation



Older Adults Transportation

Free transportation for adults aged 60 and older that reside in Washtenaw County.



Transportation providers shown for their pickup area; contact individual providers for more information on destinations and roundtrips.

Orange: WAVE or JFS Yellow: PEX or JFS Blue: JFS Pink: JFS, PEX, or WAVE

Great news! Washtenaw County Seniors can now receive FREE transportation!

Transportation to and from medical appointments, pharmacies, vaccination appointments and government offices will be prioritized. Rides will also be available for other essential trips such as grocery shopping, banking and community activities. Please refer to the map to determine each providers service area.

Contact Information:

Jewish Family Services (JFS):

734-769-0209 ext 2

People's Express (PEX):

877-214-6073

Western Washtenaw Area Value

Express (WAVE):

734-475-9494

Questions call 734-222-6850 or

Email: AgingServices@washtenaw.org

Classes & Programs

Medicare Without the Headache: What You Need to Know Before You Enroll

This course is designed to eliminate the stress, confusion, and misinformation that often surrounds Medicare - before enrollment decisions are made. Rather than overwhelming participants with technical language, the session breaks Medicare down into clear, practical components that reflect how coverage actually works in everyday life. The focus is on preparation, clarity, and confidence so individuals can approach Medicare decisions informed, organized, and in control.

Participants will explore:

- Medicare eligibility requirements and why enrollment timing is critical to avoiding penalties or delayed coverage
- The key differences between Original Medicare, Medicare Advantage, and Prescription Drug Plans - and how each option impacts access to care
- How Medicare costs are structured, including premiums, deductibles, copays, and annual out-of-pocket limits
- A step-by-step approach to determining which Medicare coverage option best aligns with personal health needs, providers, prescriptions, and budget
- Common pre-enrollment mistakes that lead to unnecessary costs or coverage gaps and how to avoid them

Whether you are approaching Medicare eligibility, planning ahead, or helping a loved one prepare for enrollment, this course provides a clear, structured overview of what to expect and what to consider before choices are locked in. By the end of the session, participants will have a practical roadmap for navigating Medicare enrollment with clarity and confidence.

Who Should Attend?

- Individuals turning 65 or nearing Medicare eligibility
- Adults planning ahead to avoid enrollment mistakes
- Caregivers supporting parents or loved ones with Medicare decisions
- Anyone seeking a simplified, step-by-step guide to preparing for Medicare

Date: Wednesday, May 27

Time: 1:00 - 2:30pm

Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

Painting & Crafts with Melody

Melody will take you through the steps and stages of creating unique paintings and crafts to share or keep for yourself!

Date: Wednesdays, April 1 - May 6

Time: 1:00-3:00pm

Cost: \$25

*There is an additional supply fee of \$40 due to the instructor at the first class

Penny Bingo

Be sure to bring plenty of pennies! Lots & lots of pennies! We will play 8 rounds of bingo with the 9th game being a cover-all.

Date: Friday, March 27

Time: 1:00pm

Cost: \$1 per card



Elderwise - Discover Lifelong Learning

We are excited to welcome Donna DeButts from Elderwise Learning, a nonprofit organization dedicated to enriching the lives of older adults since 1992. Elderwise offers a wide variety of engaging classes and experiences designed to inspire curiosity, creativity, and connection. From art, music, and culture to history, science and nature, there's truly something for everyone.

Programs are available both in person and online, and also include theater experiences, outings and community tours. Join us for a brief presentation to learn more about how Elderwise can bring fun, learning and new opportunities right to you!

Date: Monday, April 13

Time: 1:00pm

Cost: Free but participants MUST pre-register to ensure your spot! Seating is limited!

WCC Senior Focus Classes

The classes listed below are provided through the Community Enrichment Department at Washtenaw Community College for people age 60 and over (if you are under 60 & there is room in the class, you may participate). Please register at the front desk if interested in joining a class.

Line Dancing

Learn new dances as well as some of the old time favorites. The next time you go to an event with dancing you will be able to show off your line dancing skills. Line dancing is not just good exercise, it's lots of fun.

Instructor: Dee Grantham

Date: Tuesday, 1/13 - 3/17

Time: 9:00 - 10:00am

Tai Chi for Better Balance

This program works to improve balance, muscle strength, flexibility and mobility to enhance overall physical health, leading to better function in daily activities. Other benefits may include better mental health, reduced stress, improved memory and cognition, and increased self-esteem.

Instructor: Darryl Mickens

Date: Tuesday, 1/13 - 3/17

Time: 10:30 - 11:30am

Yoga

Yoga is on summer vacation!

Instructor: Tammy Foote

Date: Returns in September

Strength & Conditioning

Strength & conditioning training involves a wide range of exercises developed to build a variety of skills with a focus on mind, mobility, stability, and strength.

Instructor: Michelle Williams

Date: Thursday, 1/15 - 3/26*

*No class March 5

Time: 9:30 - 10:30am

Enhance Fitness

Warm-up, low-impact cardiovascular conditioning, strength, balance, and flexibility training. This is a partnership with the National Kidney Foundation of Michigan. There is a \$20 per month suggested donation payable to Kidney Foundation.

Day	Time	Room
Monday	11am-12pm	105
Tuesday	11am-12pm	105
Friday	11am-12pm	105

Chair Exercise with Martha

Join us for Chair Yoga, Strength, Balance and FUN! This is an eclectic combination of stretching, light weight exercises and balance enhancing routines. This program is geared to fit all body types and abilities.

Day: Monday 11:30am - 12:30pm
Thursday 11:45am - 12:45pm

Cost: A suggested \$5 donation per class is appreciated. Payable to instructor.

Pickleball

Open to anyone that wants to play or learn how, this is a great form of exercise!

Date: Monday/Wednesday/Friday

Time: 8:00am - 12:00pm

T.O.P.S. Take Off Pounds Sensibly

For 75 years, TOPS Club has helped people take off, and keep off, the weight. It's all about doing things by the book – strong ties to the medical community, and a belief in healthy living from the inside, out. It's a holistic approach to wellness. No fad diets. No gimmicks. No shortcuts. Join us for the support, accountability and connections that you need on your journey to better health.

Thursdays

9:00am weigh in

10:00am meeting begins

Health & Wellness

Strength Training for Reduced Falls and Improved Balance

During this 30 minute class, we will perform a series of exercises designed to help reduce your risk of falling, improve your strength, & increase your overall fitness.

Sponsored by ATI Physical Therapy

Date: Second Friday of each month unless otherwise posted.

Time: 9:30am - 10:00am

Fee: There is no fee for this class but you MUST pre-register

Zumba Gold

This class is perfect for active older adults and introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong.

Date: Thursdays, March 5 - April 9

Time: 8:30-9:15am

Fee: \$10/class or \$40 for the whole session

Hawaiian Hula for Health

Hula improves memory, balance, coordination, and provides weight loss, boosts energy, and is a low to medium impact exercise. Learn basic steps and hand gestures while benefiting from hula's health advantages.

Date: Wednesdays, May 13 - June 17

Time: 10:00-11:00am

Fee: \$5/6 weeks

Tap Dance

Balance training is imperative for health as we grow older, and tap dancing is an excellent exercise to help build balance.

Drop in fee available.

Day: Thursdays, April 23 - May 21

Time: 10:45-11:30am

Fee: \$15/Five Week Session

Michele's Move & Groove Drumming

Michele's Move & Groove Drumming is a fun, upbeat workout that gets your body moving while boosting your energy and motivation to exercise. Using simple rhythmic movements, participants will strengthen the heart and lungs, improve blood flow, and enhance balance and coordination in a safe and engaging environment. This class is designed for those looking for an exciting way to enjoy a cardio workout while lifting their mood.

Date: Thursdays, April 16 - May 7

Time: 9:30-10:30am

Fee: \$5 for the whole session

Dance Fitness with EMU

Get moving, have fun and boost your well-being in this upbeat dance fitness class from EMU Occupational Therapy Department. This inclusive class supports strength, balance and coordination for all ability levels. No dance experience required.

Date: Wednesdays, April 29 - June 17

Time: 3:30-5:00am

Fee: There is no fee for this class but you MUST pre-register

COMING THIS SUMMER!

A Matter of Balance

Falls can be absolutely devastating for older adults. A Matter of Balance classes are designed just for people 60 and up. There is no cost. The classes help seniors:

- Work on balance
- Prevent falls
- Reduce the fear of falling
- Build confidence and be more active

Classes include practical tips and techniques, along with confidence-building and mobility exercises. Classes meet for two hours a week for eight weeks.

More details coming soon!

Upcoming Trips

April

- 2 - Town Peddler, Livonia
- 7 - Pop-Up Holocaust Museum, Adrian
- 9 - Lunch Out: Hudson Café, Northville
- 14 - FireKeepers Casino, Battle Creek
- 16 - Lunch Out: Hudson Café, Northville
- 18 - Eastern Market
- 21 - Toledo Zoo & Orchid Show, Toledo

May

- 7 - Lunch Out: Hibachi Grill & Buffet, Westland
- 12 - Shishewana Trading Place, Indiana
- 14 - Lunch Out: Hibachi Grill & Buffet, Westland
- 30 - The Wiz, Stranahan Theater, Toledo

June

- 12 - Shishewana Trading Place, Indiana
- 20 - A Beautiful Noise, Stranahan Theater, Toledo



Trip Cancellation Policy

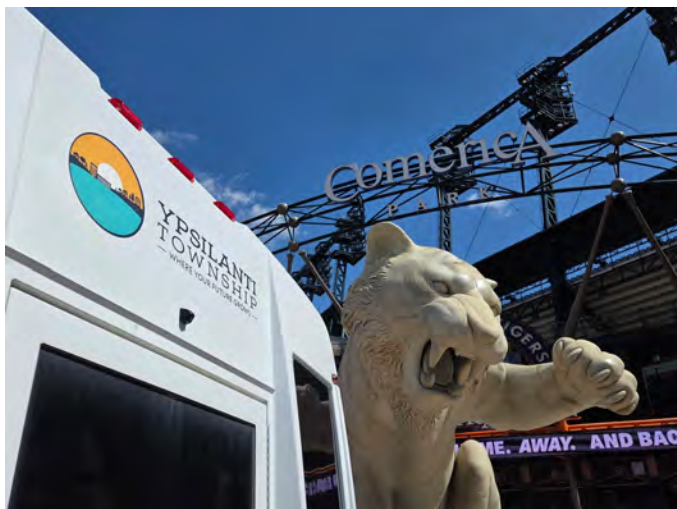
There have been some questions regarding our cancellation policy. Please see below:

- If Ypsilanti Township Recreation cancels:
- Full refund or credit. *Registration for all travel is one week prior to the trip. We need to have an accurate count in order to arrange for tickets, drivers and chaperones.
- If you cancel at least 3 days prior to the trip: Full refund or credit.
- If you cancel 2 days or less before the trip there will be a \$5.00 cancellation fee. The rest will be returned as a refund or credit.
- Cancellations made the day of will not receive refund or credit.
- Fees that include ticketed events, concerts, excursions, contracted service providers & one-day activities may not be refundable.

No refunds or reductions in fees will be given for trips missed by participants. Remembering to attend is your responsibility.

One on One Assistance

Members requiring “one on one” assistance MUST travel with a partner that is there to attend to those needs. “One on One” examples: walking from the bus to the destination, making decisions on your own, manual wheelchairs that require pushing, or anything requiring another person to help. Please make our staff aware of any potential limitations at the time of sign up.



PARKING LOT CONCERNS

If you do not have the proper identification on your vehicle for handicap parking, it could be ticketed or towed.

Travel

What to Know

Before You Go

Membership

- Membership must be current to register.
- If not current, you may be placed on a waitlist.
- Non-member registration opens 2 weeks prior to the trip (if space allows).
- Popular trips (such as Tigers games, Shipshewana, and Michigan Central Station) may fill quickly.
- Members may bring a guest for an additional fee. Subject to availability

Registration

- Sign-ups and waitlists are handled at the Community Center front desk.
- Checks should be made payable to YTRD.
- Online registration may be available for select trips.

Payments

- Payment is due 1 week prior to the trip.
- Extended or overnight trips require payment 1 month in advance (unless otherwise noted).
- If payment is not received on time, you may be removed from the list.
- Pay-later options may not be available for all trips.

Waitlist & Attendance

- Please only register if you fully intend to attend.
- Waitlists are often used to determine if a trip will run. If selected from the list, prompt payment is expected.
- Repeat no-shows or late payments may require payment at time of registration.

Parking

- Please park in rows beyond the flagpole (Row 3 and up).
- Do not park in handicap spaces or spots closest to the doors. These are reserved for short-term visitors to the Community Center.

Bus Etiquette

- Keep device volume low or use headphones.
- Be courteous to fellow travelers.
- Please reserve the front passenger seat for the trip chaperone.

Thank you for your cooperation in helping make our trips enjoyable for everyone. If you have any questions, please don't hesitate to reach out.

FireKeepers Casino Day Trip, Battle Creek, MI

With over 2,680 of the latest slot and video poker games; 78 table games including blackjack, craps and roulette; a live poker room and exclusive high limit areas, you'll see why FireKeepers is Battle Creek's gaming hotspot.

Dates: Tuesday, April 14
Tuesday, May 19

Bus Departs: 8:30am **Bus Returns:** 5:00pm

Cost: \$30 for each date

Eastern Market, Detroit

Saturday Market is a staple market day at Eastern Market. You'll find a vast assortment of local produce, flower and plant vendors, as well as packaged food items, and handcrafted items made by local entrepreneurs.

Dates: Saturday, April 18
Departs: 8:00am
Bus Returns: approximately 1:00pm
Cost: \$10

Lunch Out:

Due to the overwhelming interest and growing waitlists for our lunch outings, we are excited to announce that we now offer a second date for each trip! To help us manage reservations, transportation, and budgeting accurately, participants must select one date at the time of registration and remain committed to that date. Switching between dates will not be permitted, as it impacts planning and may prevent others from attending. We appreciate your understanding and are so glad so many of you are eager to join us for these outings
***Price of the meal is on your own.**

Hudson Café, Northville

Their expansive menu has something for everyone: whether it's their take on the famous Maurice Salad, a heaping stack of Cinnabun pancakes for the dessert-for-breakfast person in your life, or a Voodoo benedict for those who love an adventurous take on an old classic, they've got you covered. taste.

Date: Thursday, April 9
OR Thursday, April 16
Departs: 11:00am **Returns:** 3:00pm
Cost: \$10 for transportation only.

Hibachi Grill & Buffet, Westland

This restaurant offers a large buffet with Chinese, Japanese, American, and Italian food, a hibachi section, sushi, and a Teppanyaki grill. Every day they offer over 300 items on the buffet bar to include all of your traditional Chinese dishes and a few specialty items such as Teppanyaki Chicken, Beef Tenderloin and Italian Shrimp. Hibachi Grill & Buffet offers daily a Sushi Bar with a great selection of freshly prepared Sushi. Let's not forget the spectacular Dessert Buffet with a wide variety of fresh Fruit, Pastries and Cookies. In addition to the Dessert Bar is a large Ice Cream Buffet with 8 different flavors to choose from.

Date: Thursday, May 7
OR Thursday, May 14
Departs: 11:00am **Returns:** 3:00pm
Cost: \$10 for transportation only.

Town Peddler, Livonia

Take your time at Michigan's first and largest Craft & Antique Mall, where you'll find 400+ dealers offering everything from Handcrafted items, Gift Lines, Vintage, Retro & Repurposed, Antiques, Artist Creations, and so much more. At 12:30pm we will head over to Buddy's Pizza, the home of Detroit-style pizza for the past 75 years. You are responsible for the cost of your meal.

Date: Thursday, April 2

Departs: 9:30am **Returns:** approx 4:00pm

Cost: \$10 for transportation only

*Cost of lunch & purchases are on your own.

Pop-Up Holocaust Museum, Adrian

This temporary exhibit allows visitors to explore Holocaust history through displays, historical items and firsthand accounts designed to highlight how small actions can lead to devastating consequences. After our visit we will stop for lunch at The Grasshopper a family owned and operated restaurant for more than 40 years. They only serve authentic Mexican food that is freshly made and perfectly seasoned in generous servings.

Date: Tuesday, April 7

Departs: 10:15am **Returns:** approx 4:00pm

Cost: \$15 for transportation only

*Cost of lunch is on your own.

Shipshewana Trading Place, Shipshewana, IN

Enjoy shopping nearly 700 open-air booths on 40 acres at the Midwest's Largest Flea Market in Shipshewana, Indiana. Find bargains on home decor, clothing, produce, plants, tools, & everything imaginable.

Date: Tuesday, May 12

OR Tuesday, June 2

Departs: 7:00am

Returns: 5:30pm

Cost: \$35 (Lunch & shopping on your own)

Toledo Zoo Orchid Show

Step into a world blooming with beauty at the Toledo Zoo Orchid Show! Immerse your senses in the vibrant hues and delightful scents of over 2,000 exotic orchid species in the ProMedica Museum of Natural History, and uncover the captivating stories behind these rare blooms.

Take time to enjoy the Zoo as well! The Toledo Zoo & Aquarium houses over 10,000 individual animals from 720 species and participates in around 80 species survival programs

Please note: The Toledo Zoo has transitioned to a cashless payment system.

Date: Tuesday, April 21

Departs: 9:00am

Returns: 3:00pm

Cost: \$40

The Wiz, Stranahan Theater Toledo

The Tony® Award-winning Best Musical that took the world by storm is back! THE WIZ returns "home" to stages across America in an all-new tour, direct from Broadway.

This groundbreaking twist on The Wizard of Oz changed the face of Broadway, from its iconic score packed with soul, gospel, rock, and 70s funk to its stirring tale of Dorothy's journey to find her place in a contemporary world. We will stop at the Cracker Barrel following the show. Cost of meal is on your own.

Date: Saturday, May 30

Departs: 12:15pm

Returns: approx. 7:30pm

Cost: \$125

Extended Travel

Canal Days with Bianco Tours

Jeffrey's Antique Gallery Findlay, OH - With over 250 booths, Jeffrey's is Northwest Ohio's largest antique shop.

Miss Lily's Grand Rapids, OH (included lunch)-

With interior brick walls, a fireplace, & antique décor, customers are taken back in time. The restaurant has a grand piano and dining tables that sit among a mini antique store with countless items available for purchase. Our included buffet lunch will include fried chicken, lasagna, ribs, potatoes, potato salad, salad bar, veggies, rolls and other offerings, coffee, iced tea or soft drink and dessert.

Canal Boat Ride Grand Rapids, OH - Board an authentic mule drawn canal boat for a one-hour cruise on a restored section of the Miami and Erie Canal as Metroparks leaders dressed in historical clothing recreate life aboard an 1876 canal boat. Canal boats once carried goods and people 249 miles between Toledo and Cincinnati, linking Lake Erie and the Ohio River. At Providence, you can get a sense of what canal travel was like along an original section of the Miami and Erie Canal, complete with Lock #44. A replica of an authentic canal boat, The Volunteer, and historic Isaac Ludwig Mill preserve features of mid-1800s Ohio in a charming setting just across the river from the canal town of Grand Rapids.

Date: Wednesday, June 24, 2026
Departs 7:45am **Returns** 6:00pm
Cost: \$97

The Parade Company w/ Bianco Tours

The Whitney Detroit - We'll take a guided stroll through the mansion while sipping champagne. In 1894, the Whitney became home to the family of lumber baron, David Whitney Jr, the wealthiest man in Detroit at the time. The Whitney now provides several unique features within the historical property; the fine dining restaurant, the Katherine McGregor Dessert Parlor, the Ghostbar and Gardens.

Sindbad's Restaurant (included lunch) -

Located on the Detroit River. Sindbad's has been a family owned restaurant for over 40 years. Enjoy the Sohar Room that overlooks the the Detroit River and Belle Isle.

The Parade Company Tour - You're invited to take a behind the scenes look and discover Detroit's hidden treasures at The Parade Company Studio. Step into a story land of color and fun as we get ready for one of Detroit's most anticipated holiday events, America's Thanksgiving Parade®. Wonder through a wonderland of fantasy and floats. Marvel at the world's largest collection of antique papier-mâché heads. See the Costume Department where our characters come to life. Meet award winning artisans who bring the magic to YOU! With many more characters turning up every day!

Date: Friday, November 13, 2026
Departs 9:00am **Returns** 3:30pm
Cost: \$114

Edsel & Eleanor Ford House w/ Bianco Tours

Tour of the Home and Garden (2 hour self guided tour) There will be docents throughout the home to answer questions. The Edsel & Eleanor Ford House tells the story of the home life of a prominent American family. The Fords were cultural, social and economic leaders in an era of great optimism, as well as a turbulent time of economic depression and world war. Here they built their final residence along the shores of Lake St. Clair, at a place known locally as Gaukler Pointe. Jens Jensen, one of America's foremost landscape designers and conservationists, designed the Ford House garden landscape between 1926 - 1932. Known as the master of the naturalistic approach to landscaping, **On-site Buffet Lunch includes:** Caesar Salad, Buttery Silk Potatoes, Chicken Parmesan encrusted with lemon sauce, homemade rolls, coffee, Iced tea, lemonade, water and seasonal desert.

Date: Friday, November 13, 2026
Departs 9:00am **Returns** 3:30pm
Cost: \$114

Extended Travel

Australia & New Zealand Cruise

with NORWEGIAN CRUISE LINE ON THE
NORWEGIAN SPIRIT

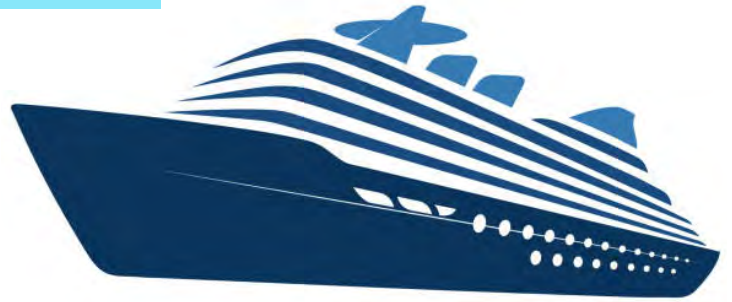
ESCORTED BY GRAND AMERICAN TOURS!

13 DAYS / 12 NIGHTS ~ FEBRUARY 15 - 27, 2027

Sydney, Australia ~ Burnie (Tasmania), Australia

Melbourne, Australia ~ Milford Sound, New Zealand

Doubtful Sound, New Zealand ~ Dusky Sound, New Zealand ~ Dunedin & Auckland, New Zealand



In Burnie, experience Tasmania's famous wildlife and gardens with a visit to Wing's Farm Park, see Tasmanian devils, kangaroos and more. Melbourne offers an ideal blend of a vibrant city surrounded by extraordinary landscapes and abundant wildlife – where you can indulge in fine dining and local wineries or hang with irresistibly adorable koalas and kangaroos. Then travel along the Dunedin Peninsula to the Royal Albatross Center for a rare opportunity to see this incredible birds and visit the historic Larnach Castle and explore its lush grounds. Outside of Tauranga, kayak across serene Lake Rotoiti, a sheltered waterway with abundant wildlife and natural geothermal pools and paddle through a glow worm-lit cave

Double occupancy cabins start at \$7748/person. An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by **September 19, 2026**. Rates are per person double occupancy and include roundtrip airfare from Detroit, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE. Air to depart U.S. one day prior to cruise departure.



April

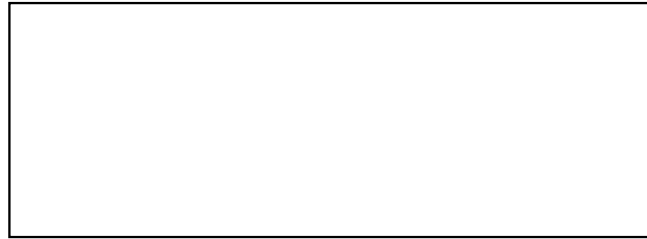
**If you order a lunch
and cannot make it
PLEASE call
734-544-3800 and let
us know.**

SENIOR NUTRITION MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*A suggested \$3 donation is recommended but <u>not</u> required. 1% Milk served with each meal.</p> <p>Please sign up one week in advance. Lunch is available from 11am-12:30pm.</p>		<p>1</p> <ul style="list-style-type: none"> •Dijon Baked Salmon •Seasoned Black Beans •Vegetable Blend •Peaches <p>Alt Meal:</p> <ul style="list-style-type: none"> • Tuna Salad Sandwich 	<p>2</p> <ul style="list-style-type: none"> •Beef Goulash •California Blend •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Turkey Barley Soup 	<p>3</p> <ul style="list-style-type: none"> •Tuna Noodle Casserole •Side Salad •Papaya and Mango <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Sandwich
<p>6</p> <ul style="list-style-type: none"> •Chicken ala King •Carrots •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Egg Salad Sandwich 	<p>7</p> <ul style="list-style-type: none"> •Meaty Spaghetti •Carrots •Pineapple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Chili 	<p>8</p> <ul style="list-style-type: none"> •Beef Chili •Spinach Salad •Orange <p>Alt Meal:</p> <ul style="list-style-type: none"> • Turkey Sandwich 	<p>9</p> <ul style="list-style-type: none"> •Turkey Barley Soup •Side Garden Salad •Papaya & Mango <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Noodle Soup 	<p>10</p> <ul style="list-style-type: none"> •Lentil Bolognaise •Green Beans •Tropical Fruit <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Salad Sandwich
<p>13</p> <ul style="list-style-type: none"> •Chicken Fettucine Alfredo •Vegetable Blend •Peaches <p>Alt Meal:</p> <ul style="list-style-type: none"> • Turkey Barley Soup 	<p>14</p> <ul style="list-style-type: none"> •Pot Roast •Roasted Sweet Potato •California Blend •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Roast Beef Sandwich 	<p>15</p> <ul style="list-style-type: none"> •White Bean Chicken Chili •Side Salad •Orange <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chili 	<p>16</p> <ul style="list-style-type: none"> •BBQ Chicken Breast •Brown Rice •Broccoli & Cauliflower •Tomato/Cucumber Salad <p>Alt Meal:</p> <ul style="list-style-type: none"> Tuna Salad Sandwich 	<p>17</p> <ul style="list-style-type: none"> • Beef Kafta Rolls • Jasmine rice • Butternut Squash •Tropical Fruit Salad <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Sandwich
<p>20</p> <ul style="list-style-type: none"> •Chicken Parmesan •Green Beans •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Egg Salad Sandwich 	<p>21</p> <ul style="list-style-type: none"> •Hamburger Stroganoff •Peas & Onions •Mixed Fruit Salad <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Sandwich 	<p>22</p> <ul style="list-style-type: none"> •Oven Roasted Tilapia •Citrus lentil rice •Broccoli •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Turkey Sandwich 	<p>23</p> <ul style="list-style-type: none"> •Meatballs •Brown Rice •Cauliflower •Papaya & Mango <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Noodle Soup 	<p>24</p> <ul style="list-style-type: none"> •Black Bean Burger •Brown Lentils •Mixed Veggies •Pineapple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chicken Salad Sandwich
<p>27</p> <ul style="list-style-type: none"> •Cheesy Squash & Chicken Bake •Broccoli •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Chili 	<p>28</p> <ul style="list-style-type: none"> •Beef Barley Casserole •Side Garden Salad •Carrots •Orange <p>Alt Meal:</p> <ul style="list-style-type: none"> • Roast Beef Sandwich 	<p>29</p> <ul style="list-style-type: none"> •Dijon Baked Salmon •Seasoned Black Beans •Vegetable Blend •Peaches <p>Alt Meal:</p> <ul style="list-style-type: none"> • Tuna Salad Sandwich 	<p>30</p> <ul style="list-style-type: none"> •Beef Goulash •California Blend •Apple <p>Alt Meal:</p> <ul style="list-style-type: none"> • Turkey Barley Soup 	

Ypsilanti Township Recreation Center
2025 E. Clark Rd.
Ypsilanti, MI 48198

PRSRT STD
U.S. Postage
Paid
Ypsilanti, MI
Permit No. 565



Focus: HOPE

In partnership with federal & state agencies, Focus: HOPE provides food boxes to seniors 60 years old or older, residing in Washtenaw county.

Distribution will be held in the parking lot on the first Thursday of each month from 11:00am - 11:30am

The schedule for 2026 is as follows:

- April 2
- May 7
- June 4 - Double Distribution
- July - Will Receive in June
- August 6
- September 3
- October 1
- November 5
- December 3

To apply to receive food please call 313-494-4600 or email: food@focushope.edu

To be eligible you must provide proof of age (60 years or older), provide the number of people in your household & reside in Wayne, Oakland, Macomb or Washtenaw County.

Charter Township of Ypsilanti Officials

Brenda Stumbo, Supervisor
Debbie Swanson, Clerk
Stan Eldridge, Treasurer
734-484-4700

Board of Trustees:
Gloria Peterson, Trustee
Karen Lovejoy Roe, Trustee
John Newman II, Trustee
LaResha Thorton, Trustee

The Ypsilanti Township 50 & Beyond Program is supported and operated by the Township of Ypsilanti, contributions, memberships, and volunteers, as part of the Ypsilanti Township Recreation Department.

Medical Equipment Loan

We have various items available for use by our members free of charge. We cannot accept any equipment that needs parts or repairs. All donations should be cleaned and disinfected prior to donating. Thank you for your generosity!!



**YPSILANTI
TOWNSHIP**
— RECREATION DEPARTMENT —